Policy Component: Physical Education/Physical Activity

Physical Education/Physical Activity Subcommittee Goals and Activities

Goal #4  Schools will integrate movement throughout the school day by providing additional physical activity “brain boosts” instructional block (separate from Physical Education).

Activities:

4.1 Promote kinesthetic learning experiences during early childhood education to enrich the content taught during the core content classes.
4.2 Provide a menu of activities which will allow teachers and students the option to choose various movement opportunities to be included during the school day.
GOAL #4 - Schools will integrate movement throughout the school day by providing additional physical activity “brain boosts” instructional block (separate from Physical Education).

Activity 4.1 – Promote kinesthetic learning experiences during early childhood education to enrich the content taught during the core content classes.

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<th>Steps</th>
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| 1. Collaborate with other content offices to develop daily exploration questions to drive instructional delivery throughout the day.  
2. Identify natural connections to exploration questions.  
3. Research brain boost activities to connect to daily exploration question to enrich student learning and allow for movement. | • Developed scope and sequence for Kindergarten through 2nd grade.  
• Increased movement throughout the school day  
• Menu of activities for teacher planning | • Feedback from teachers, students, parents and community  
• Analyze referral data, attendance, and academic data |

Activity 4.2 – Provide a menu of activities which will allow teachers and students the option to choose various movement opportunities to be included during the school day.

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| 1. Identify natural connections to support kinesthetic movement opportunities.  
2. Divide movement opportunities into generic vs. question based activities.  
3. Develop menu of activities for teacher planning purposes. | • Have an easy, comprehensive menu of activities for teachers to afford students the opportunity for movement | • Feedback from staff, students, parents and the community  
• Analyze referral data, attendance, and academic data |