Anne Arundel County Public Schools
Mental Health Task Force

September 13, 2019

Co-Chaired by
Ryan Voegtlin, AACPS Director of Student Services
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&
Adrienne Mickler, Executive Director the Anne Arundel Mental Health Agency
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Greetings from Dr. Arlotto, Superintendent of Anne Arundel County Public Schools
Task Force
Expectations

Learn
Lean In
Bring Ideas
Share Knowledge
Co-Chairs of the Anne Arundel County Public Schools Mental Health Task Force

Ryan Voegtlin, Director of Student Services, AACPS

Adrienne Mickler, Executive Director of the Anne Arundel Mental Health Agency
Members of the Task Force
AACPS Support Staff
Goals of the Task Force

- Identify contributing factors to the increasing mental health needs of our children.
- Better coordinate services and communication between and among the school system, county government, and providers.
- Identify proactive measures and best practices.
- To make recommendations for improved delivery of services to children and families.
Structure of the Task Force

Co-Chaired by AACPS and the Anne Arundel Mental Health Agency

Initial Meeting in September with a final report to the Board in May 2020

Meetings for September, November, January, and March

- Develop an overview of services in through AACPS and Anne Arundel County government agencies
- Conduct a GAP analysis
- Establish subcommittees
- Provide recommendations for next steps
Mental Health Needs Pre-Assessment
Start answering the questions.

Type your name.

Enter the code on the screen.

Go to www.nearpod.com on your phone or an AACPS Chrome Book.
Data Demonstrating the Need for a Mental Health Task Force
Trend in Reports of Threats of Self-Harm by AACPS Students
2012-2019
Number of Youth Served by Mobile Crisis

- **2016**: 354
- **2017**: 353
- **2018**: 403
- **2019 (Q1 and Q2)**: 309

Note: Approximately 50% of the calls each year are child behaviors or suicidal ideation.
Director of Student Services

Expanded School-Based Mental Health
- Mental Health Clinicians from Five Clinical Community Counseling Centers in 110 AACPS Schools

Coordinators of Psychological Services
- One School Psychologist Resource Staff
- School Psychologists
- School Social Workers

Coordinators of School Counseling
- School Counseling Specialist
- School Counselors

Coordinator of Pupil Personnel
- Homeless, Out of Area and Kinship Resource PPWs
- Field PPWs

Director of Nursing
- School Health Supervisors
- School Nurses
- Health Assistants

Director of Student Services

Coordination with School Health through the Department of Health

Partnership to Five Agencies through MOUs

Technician for Student Records
Supporting students in overcoming barriers to achieve school success.
We will work as collaborative and coordinated teams to determine supports to overcome barriers to student success.
Supporting and Assessing Students with Disabilities (IEP and 504)
Anne Arundel Mental Health Agency
RELATIONSHIP OF THE MENTAL HEALTH AGENCY
TO ANNE ARUNDELB COUNTY

ANNE ARUNDELB COUNTY
DEPARTMENT OF HEALTH

ANNE ARUNDELB COUNTY
MENTAL HEALTH AGENCY

CRISIS RESPONSE
Eligibility for Youth

- Behavioral Health Diagnosis
- Under the Age of 18
- Medical Assistance or Uninsured
- Privately Insured
Behavioral Health Diagnosis

Privately Insured
- Under 26
- Outpatient Services
- Psychiatric Day Program
- Inpatient Hospital

Medical Assistance/Uninsured
- Under 18
- Outpatient Services
- Psychiatric Day Program
- Inpatient Hospital
- Psychiatric Rehabilitation Program
- Care Coordination
- In-Home Intervention Program

- TAY (Transition Age Youth)
- Residential Treatment Center
- Respite
- 1915 (i)
- Crisis Respond System
- RESPOND
- TCM Plus
Understanding the Contributing Factors to the Increase in the Mental Health Needs of Children and Adolescents
Jigsaw Activity Directions

- Each person will be given one of the following articles and will highlight and take notes as they read the article.

  - Social Media Linked to Rise in Mental Health Disorders in Teens, Survey Finds
  - Social Injustice and the Cycle of Traumatic Childhood Experiences and Multiple Problems in Adulthood
  - American Academy of Pediatrics Addresses Racism and Its Health Impact on Children and Teens
  - The Ripple Effect: An In-Depth Look at The Hidden Impact of The Opioid Epidemic on Children
  - The Epidemic of Anxiety Among Today’s Students
  - Studies: LGBTQ Youths Have Higher Rates of Mental Health Issues, Abuse
  - Mental Health and Stigma
  - Research: Latino Children More Depressed, Less Likely to Get Mental Health Care Than Their Peers

- After reading the article, individuals will form a group based on the number at the top of their article.

- Once the groups have been formed, individuals will take one minute to share the important points of what they read in their article with the group.

- Individuals will go stay in their groups for the next activity.
Increase in the Mental Health Needs of Children and Adolescents

Social Media
- Less face-to-face interaction
- Less sleep
- More social pressure

Root Cause Analysis
Anne Arundel County Public Schools Mental Health Task Force Subcommittees
Essential Questions of the Subcommittees

How is this contributing factor impacting the mental health of children?

What is the coordination of services and communication between agencies in Anne Arundel County around this contributing factor? Where is there a gap in services?

Based on research, what are the best practices and proactive measures that we can take in Anne Arundel County to address this contributing factor?

What are the recommendations around improved delivery of mental health services based on this contributing factor?
Closing Survey

Please go to the link below and fill out the Survey Monkey

https://www.surveymonkey.com/r/aacpsmentalhealth
Next Steps

• Review Parking Lot questions.
• The co-chairs will take the information gathered from today’s meeting and create subcommittees.
• Between now and the next meeting, each committee member will receive an e-mail about your subcommittee assignment and any tasks required prior to the next meeting.

Next Meeting
Friday, November 22nd 1:30-3:30 pm
Thank you!