

## 8<sup>th</sup> Grade Health Education Scope and Sequence

Unit	Instructional Focus	State Standard (MSDE Health Standards )	Suggested Number of Days
<b>Introduction</b>	<b>Introduction to Health Education:</b> Course Introduction		<b>1</b>
<b>1</b>	<b>Mental and Emotional Health</b> Self Esteem and Goal Setting Stress and Coping Strategies Warning Signs and Community Resources Advocacy for Mental and Emotional Health	<b>1a</b>	<b>4</b>
<b>2</b>	<b>Substance Abuse Prevention</b> Substance Abuse (SB 1060 of 2017) Drug Interactions Natural High Accessing Information Performance Assessment – Building a Website.	<b>1b</b>	<b>5</b>
<b>3</b>	<b>Safety and Violence Prevention</b> Consent (HB 251 of 2018) Sexual Abuse and Assault (HB 72 of 2016) Advocacy	<b>1d</b>	<b>3</b>
<b>4</b>	<b>Family Life and Human Sexuality</b> Anatomy and Fertilization Gender Identity, Gender Expression and Sexual Orientation Abstinence and Contraceptives Healthy and Unhealthy Relationships	<b>1c</b>	<b>4</b>
<b>5</b>	<b>Disease Prevention and Control</b> HIV/AIDS STIs	<b>1f</b>	<b>2</b>

### 8<sup>th</sup> Grade Health Education Scope and Sequence

	<b>Final Exam Review</b>		1
	<b>Grade 8 End Of Course Assessment</b>		1

**Common core Standards Addressed throughout the Course:**

**Mathematical Practices**

- M.1 - Make sense of problems and persevere in solving them.
- M.2.- Reason abstractly and quantitatively.
- M.3.- Construct viable arguments and critique the reasoning of others.
- M.4.- Model with mathematics.

**Reading Standards**

- 8. RIT.1. Cite textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.
- W.8.2.D: Use precise language and domain-specific vocabulary to inform about or explain the topic.

**Writing Standards**

- W.8.2.D: Use precise language and domain-specific vocabulary to inform about or explain the topic.

**Speaking and Listening Standards**

- 8.SL.8.1: Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts, and issues, : building on others' ideas and expressing their own clearly.
- 8.SL.8.5: Integrate multimedia and visual displays into presentations to clarify information, strengthen claims and evidence, and add interest.