

6th Grade Health Education Scope and Sequence

Unit	Instructional Focus	State Standard (MSDE Health Standards)	Suggested Number of Days
Introduction	Welcome to Health Education: Course Introduction		1
1	Mental and Emotional Health Wellness and Goal Setting Communication Stress and Coping Strategies Unit Performance Assessment	1a	4
2	Substance Abuse and Prevention Over the Counter and Prescription Medicines <i>(SB 1060 of 2017)</i> Juuling and Vaping Analyzing Media Influences Advocate for Nicotine Free Environment	1b	4
3	Safety and Violence Prevention Consent and Communication <i>(HB 251 of 2018)</i> Sexual Abuse and Assault <i>(HB 72 of 2016)</i>	1d	2
4	Family Life and Human Sexuality Ground Rules Puberty Reproductive Systems Menstruation, Implantation & Fertilization Gender Identity, Gender Expression and Respect	1c	5
5	Disease Prevention and Control Infectious and Non-Infectious Diseases Prevention of Infectious Diseases Skin Cancer	1f	3
	Final Exam Review		1



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	Grade Six End Of Course Assessment		1
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Common core Standards Addressed throughout the Course:

Mathematical Practices

- M.1 - Make sense of problems and persevere in solving them.
- M.2.- Reason abstractly and quantitatively.
- M.3.- Construct viable arguments and critique the reasoning of others.
- M.4.- Model with mathematics.

Reading Standards

- 6. RIT.1. Cite textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

Writing Standards

- 6.W. 2. – Write informative/explanatory texts to examine a topic and convey ideas, concepts and information through the selection, organization, and analysis of relevant content.

Speaking and Listening Standards

- 6. SL.1. Engage effectively in a range of collaborative discussion (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on others’ ideas and