

Elementary Student Schedule: Pre-Kindergarten

In addition to the regular Academic and Cultural Arts classes, the school day for Full-Day Pre-K students includes a 25-minute morning Wellness block, a 25-minute lunch, and a 30-minute recess. Actual class start and end times are determined by the start time of individual schools.

The Wellness block will serve multiple purposes. This is a student-centered time to engage students in listening, sharing and building healthy relationships. This time will ground students in productive social experiences allowing them to share and grow as a community.

Academic Flex will be incorporated in the mathematics and literacy blocks. Academic Flex is time for students to receive support or extension individually or in small groups with a teacher, resource teacher and/or teaching assistant. This is time for targeted practice on skills previously taught and without new instruction taking place. This should occur twice a week for 15–20 minutes.

Actual class times are determined by the start time of each elementary school.

Full Day 3-Year Old Pre-K	Full Day 4-Year Old Pre-K
Wellness (15 minutes)	Wellness (15 minutes)
Mission Launch (5 minutes) Literacy (40 minutes)	Mission Launch (5 minutes) Literacy (70 minutes)
Math (45 minutes)	Math (55 minutes)
Science/Social Studies (25 minutes)	
Lunch (25 minutes)	Lunch (25 minutes)
Recess (30 minutes)	Recess (30 minutes)
Cultural Arts A (30 minutes)	Science/Social Studies (25 minutes)
Cultural Arts B (30 minutes)	Cultural Arts A (30 minutes)
Literacy (40 minutes)	Cultural Arts B (30 minutes)
Developmental Centers (40 minutes)	Literacy (40 minutes)
Rest Time (35 minutes)	Developmental Centers (30 minutes)
Mission Debrief (5 minutes)	Mission Debrief (5 minutes)

Weekly Scheduling of Wellness Period

Monday	Tuesday	Wednesday	Thursday	Friday
Community Circles	Second Step	Community Circles	Second Step	Community Circles