

Developmental Centers–Middle School Student Schedule

Special services (OT/PT/SLP) may be provided during the instructional time blocks or as a block option for small groups of students elsewhere in the school day.

In addition to the regular Academics and Cultural Arts classes, the school day for developmental center students includes a 20-minute morning Wellness block, a 30-minute lunch, a 30-minute wellness and play time, and a 15-minute break in both the morning and afternoon.

The Wellness block will serve multiple purposes. This is a student-centered time to engage students in listening, sharing and building healthy relationships. This time will ground students in productive social experiences allowing them to share and grow as a community.

| Daily Schedule | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--|---------|-----------|---|-------------------------------------|
| | Arrival/Breakfast/Morning Meeting (20 minutes) | | | Arrival/Breakfast/Morning Meeting | Arrival/Breakfast/Morning Meeting |
| | Wellness (20 minutes) | | | Wellness | Wellness |
| | Instructional Block 1* (50 minutes) | | | Instructional Block 1* (50 minutes) | Instructional Block 1* (50 minutes) |
| | AM Break (15 minutes) | | | AM Break (15 minutes) | AM Break (15 minutes) |
| | Instructional Block 2* (55 minutes) | | | Instructional Block 2* (55 minutes) | Instructional Block 2* (55 minutes) |
| | Lunch (30 minutes) | | | Lunch (30 minutes) | Lunch (30 minutes) |
| | Wellness and Play (30 minutes) | | | Wellness and Play (30 minutes) | Wellness and Play (30 minutes) |
| | Academic Rotations/VTC (30 minutes) | | | Academic Rotations/VTC (30 minutes) | Academic Rotations/VTC (30 minutes) |
| | Cultural Arts (55 minutes) | | | Instructional Block 3 (Homeroom) (50 minutes) | Cultural Arts (55 minutes) |
| | PM Break (15 minutes) | | | PM Break (15 minutes) | PM Break (15 minutes) |
| | Instructional Block 3* (50 minutes) | | | School-wide Clubs (55 minutes) | Instructional Block 3* (50 minutes) |

Please note that to accommodate the AM and PM breaks cultural arts, school-wide club, and instructional blocks have been shortened. Times remain the same for morning meeting, wellness, academic rotations/VTC, and the midday break. Schools will create these blocks within their current schedules; the goal is to reduce minutes in instructional blocks, and school-wide clubs, not redo master schedules.

For the AM break please note that 10-minutes have been removed from Instructional Block 1, and 5-minutes have been removed from Instructional Block 2.

For the PM break 5-minutes was removed from cultural arts or school-wide clubs and 10-minutes have been removed from Instructional Block 3.

* Middle school instructional blocks include English/Language Arts, Math, World Language, Science, and Social Studies