

# Middle School Student Schedule

The Middle School schedule seeks to create accessibility during the school day for academics, academic support, social emotional wellness, and socialization. This schedule allows students to connect and build community within their school above and beyond their academic learning experience.

Periods 1–6 run for 40–45 minutes each. Students will have a 15-minute break in the morning after Period 2 and in the afternoon after Period 5. Two 30-minute Flex periods serve multiple purposes for students. Actual class start and end times are determined by the start time of individual schools.

During the AM Flex block, students will engage in Community Circles on Mondays, Wednesdays, and Fridays. This time will ground students in productive social experiences and allow them to share and grow as a community. The Tuesdays and Thursdays Flex blocks will be opportunities for Second Step, Advisory, academic support, and clubs.

During Midday Flex, students will be engaged in a mix of academic support, clubs, and social/emotional time. Individual schools will schedule the content of Midday Flex based on the needs of the individual students and school.

Please note that to accommodate the AM and PM break Periods 1, 2, and 6 were shortened by 5-minutes. No changes should be made to Advisory, Midday Flex, Lunch, Periods 4 and 5.

Actual class times are determined by the start time of each middle school.

A-Day/B-Day Schedule	
Advisory–AM Flex (30 minutes)	
Period 1 (40 minutes)	
Period 2 (40 minutes)	
AM Break (15 minutes)	
Midday Flex (30 minutes)	
Period 3 (45 minutes)	
Lunch (30 minutes)	
Period 4 (45 minutes)	
Period 5 (40 minutes)	
PM Break (15 minutes)	
Period 6 (40 minutes)	

Weekly Scheduling of AM Flex Periods

Monday	Tuesday	Wednesday	Thursday	Friday
Community Circles	Second Step or Advisory or Clubs	Community Circles	Second Step or Advisory or Clubs	Community Circles

Alternate scheduling for Periods 3–5

