

# High School Student Schedule

The High School schedule seeks to create accessibility during the school day for academics, academic support, social emotional wellness, and socialization. The This schedule allows students to connect and build community within their school above and beyond their academic learning experience.

The schedule is aligned to the county’s high school schedule— 7:30–2:18PM. Periods 1, 2, and 4 are 71 minutes and Period 3 runs 76 minutes. Two 30-minute Flex periods serve multiple purposes for students.

During AM Flex on Monday and Friday, schools will engage students in productive social experiences allowing them to share and grow as a community. On Tuesdays, Wednesdays, and Thursdays, schools will offer academic support, clubs or additional SEL/Wellness experiences for students.

During Midday Flex, students will be engaged in a mix of academic support, clubs, and social/emotional wellness time. Individual schools will schedule the content of Midday Flex based on the needs of the individual students and school.

A-Day/B-Day Schedule		
7:30– 8:41AM	<b>Period 1</b> (71 minutes)	Consistent period start and end times across all high schools.
8:46– 9:16AM	<b>AM Flex</b> (30 minutes)	
9:21– 10:32AM	<b>Period 2</b> (71 minutes)	
10:37– 11:07AM	<b>Midday Flex–Lunch</b> (30 minutes)	Schools have the option to arrange these blocks to meet their needs
11:12– 11:42AM	<b>Midday Flex–Lunch</b> (30 minutes)	
11:47AM– 1:03PM	<b>Period 3</b> (76 minutes)	
1:07– 2:18PM	<b>Period 4</b> (71 minutes)	Consistent period start and end times across all high schools.

## Weekly Scheduling of AM Flex Periods

Monday	Tuesday, Wednesday, and Thursday	Friday
Community Circles Social/Emotional Learning- Wellness	Academics Clubs Social/Emotional Learning	Community Circles Social/Emotional Learning- Wellness

## Alternate scheduling for Period 3

<b>Midday Flex</b> (30 minutes)	<b>Period 3</b> (with lunch break) (11:11–1:03PM)
<b>A Lunch:</b> 11:11–11:36AM	
<b>B Lunch:</b> 11:40–12:05PM	
<b>C Lunch:</b> 12:09–12:34PM	
<b>D Lunch:</b> 12:38–1:03PM	