

Elementary Student Schedule: Grades K–5

In addition to the regular Academic and Cultural Arts classes, the school day for students in grades K–5 includes a 25-minute morning Wellness block, a 25-minute lunch, a 30-minute wellness and play time, and a 15-minute break in both the morning and afternoon. Actual class start and end times are determined by the start time of individual schools.

The morning Wellness block will serve multiple purposes. This is a student-centered time to engage students in listening, sharing, and building healthy relationships.

This time will ground students in productive social experiences allowing them to share and grow as a community.

Academic Flex will be incorporated in the mathematics and literacy blocks. Academic Flex is time for students to receive support or extension individually or in small groups with a teacher, resource teacher, and/or teaching assistant. This is time for targeted practice on skills previously taught and without new instruction taking place. This should occur twice a week for 15-20 minutes.

Actual class times are determined by the start time of each elementary school.

Kindergarten	Grade 1–2	Grade 3–5
Wellness (25 minutes)	Wellness (25 minutes)	Wellness (25 minutes)
Literacy (70 minutes)	Literacy (65 minutes)	Social Studies (25 minutes)
AM Break (15 minutes)	AM Break (15 minutes)	Cultural Arts (55 minutes)
Math (45 minutes)	Math (50 minutes)	AM Break (15 minutes)
Lunch (25 minutes)	Wellness and Play (30 minutes)	Math (55 minutes)
Wellness and Play (30 minutes)	Lunch (25 minutes)	Wellness and Play (30 minutes)
Science/Social Studies (25 minutes)	Science/Social Studies (30 minutes)	Lunch (25 minutes)
Cultural Arts (55 minutes)	Cultural Arts (55 minutes)	Science (25 minutes)
PM Break (15 minutes)	PM Break (15 minutes)	Literacy (105 minutes)
Literacy (30 minutes)	Literacy (50 minutes)	Note: a 15-minute break will occur during this time.
Developmental Centers (25 minutes)		
Mission Debrief (5 minutes)	Mission Debrief (5 minutes)	Mission Debrief (5 minutes)

Weekly Scheduling of Wellness Period

Monday	Tuesday	Wednesday	Thursday	Friday
Community Circles	Second Step	Community Circles	Second Step	Community Circles

Please note that to accommodate the AM and PM breaks the math, literacy, and cultural arts blocks were shortened. No changes should be made to science, social studies, wellness, developmental centers, the midday break, or Mission Debrief. Schools will create these blocks within their current schedules; the goal is to reduce minutes in literacy, math, and cultural arts, not redo master schedules.

For the AM break please note that 10-minutes have been removed from the math block and 5-minutes have been removed from either cultural arts or literacy.

For the PM break for Grades K-2 5-minutes was removed from cultural arts and 10-minutes was removed from literacy.

For Grades 3-5 a 15-minute instruction free break should occur during the literacy block.