

# Middle School Student Schedule

On **Monday, Tuesday, Thursday, and Friday**, the school day for students is **8:30 AM–2:45 PM**. Lunch runs from 11:05 to 1:00pm. Between 11:10 and 11:50pm, students have the option to participate in teacher-facilitated clubs or activities.

On **Wednesday**, the school day is **8:30–10:35 AM**.

Each day begins with time for *Building Community*. Students will listen, share, and take time to build trust and respect for self and others during this block. *FLEX Learning Time* is placed within the school day to provide teacher-facilitated small group learning support and learning extensions. Students will have limited choice as to which period teachers they will visit during any

one FLEX block based on their individual learning needs. *Teacher Office Hours/Connection Time* is also available for drop-in teacher-support/tutoring or by appointment.

Every Monday and Friday, *Student Wellness* block is a time when students will learn and practice mindfulness and social-emotional strategies to support their overall cognitive, mental, and emotional well-being. On Tuesday and Thursday mornings, students are enrolled in a *Tools for Success* block where they will receive organizational planning, time management, and other tools and skills to improve their overall success in school and home.

Daily Schedule	A-Day Classes		Support	B-Day Classes	
	Monday	Tuesday	Wednesday	Thursday	Friday
8:30–8:55 AM	Building Community	Building Community	Building Community	Building Community	Building Community
<b>8:30–11:05 AM</b> (WED: 8:30–10:35 AM) <b>Morning Block</b> Live Synchronous Teaching	9:00–9:45 AM <b>Period 1A</b>	9:00–9:45 AM <b>Period 4A</b>	FLEX Learning Time <b>Period 3A or 3B</b> (Student Choice)	9:00–9:45 AM <b>Period 1B</b>	9:00–9:45 AM <b>Period 4B</b>
	9:50–10:15 AM Student Wellness	9:50–10:15 AM Tools for Success	9:50–10:35 AM FLEX Learning Time <b>Period 4A or 4B</b> (Student Choice)  Virtual Learning ends for students at 10:35 am.	9:50–10:15 AM Tools for Success	9:50–10:15 AM Student Wellness
	10:20–11:05 AM <b>Period 2A</b>	10:20–11:05 AM <b>Period 5A</b>		10:20–11:05 AM <b>Period 2B</b>	10:20–11:05 AM <b>Period 5B</b>
11:10–11:50 AM Clubs/Activity (Student Choice/Optional)	11:10–11:50 AM Clubs/Activity (Student Choice/Optional)	11:10–11:50 AM Clubs/Activity (Student Choice/Optional)	11:10–11:50 AM Clubs/Activity (Student Choice/Optional)	11:10–11:50 AM Clubs/Activity (Student Choice/Optional)	
(MON/FRI: 11:55–12:25 AM) Time available, if needed, to communicate with teacher and get support	11:05–1:00 PM Lunch	11:05–1:00 PM Lunch		11:05–1:00 PM Lunch	11:05–1:00 PM Lunch
(MON/TUES/THURS/FRI, ONLY) <b>1:00–2:45 PM</b> <b>Afternoon Block</b> Live Synchronous Teaching	1:00–1:10 PM Transition Movement & Music	1:00–1:10 PM Transition Movement & Music		1:00–1:10 PM Transition Movement & Music	1:00–1:10 PM Transition Movement & Music
	1:10–1:55 PM <b>Period 3A</b>	1:10–1:55 PM <b>Period 6A</b>		1:10–1:55 PM <b>Period 3B</b>	1:10–1:55 PM <b>Period 6B</b>
	2:00–2:45 PM FLEX Learning Time <b>Period 6A or 6B</b> (Student Choice)	2:00–2:45 PM FLEX Learning Time <b>Period 2A or 2B</b> (Student Choice)	2:30–3:00 PM Teacher Office Hours/ Connection Time	2:00–2:45 PM FLEX Learning Time <b>Period 5A or 5B</b> (Student Choice)	2:00–2:45 PM FLEX Learning Time <b>Period 1A or 1B</b> (Student Choice)
(MON/FRI: 2:50–3:30 PM) (WED: 2:30–3:00 PM) Time available, if needed, to communicate with teacher and get support	2:50–3:30 PM Teacher Office Hours/ Connection Time			2:50–3:30 PM Teacher Office Hours/ Connection Time	2:50–3:30 PM Teacher Office Hours/ Connection Time