

# High School Student Schedule

On **Monday, Tuesday, Thursday, and Friday**, the school day for students is **8:30 AM–2:50 PM**. Lunch runs from 11:25 to 1:15pm. Between 11:30 and 12:10pm, students have the option to participate in teacher-facilitated clubs or activities. On **Wednesday**, the school day is **8:30–10:55 AM**.

*FLEX Learning Time* is placed within the school day to provide teacher-facilitated small group learning support and learning extensions. Students do have choice as to which period teachers they will visit during FLEX block based on their individual learning needs. *Teacher Office Hours/Connection Time* is also available for drop-in teacher-support/tutoring or by appointment.

Every Monday and Friday, *Student Wellness* block is a time when students will learn and practice mindfulness and social-emotional strategies to support their overall cognitive, mental, and emotional well-being. On Tuesday and Thursday mornings, students are offered time to meet in peer-study groups or attend special program meetings. Wednesday morning will start with a *Community Meeting* where students will receive Advisory lessons, explore contemporary issues, use Naviance, and discuss college and career opportunities.

Daily Schedule	A-Day	B-Day	Support	A-Day	B-Day
	Monday	Tuesday	Wednesday	Thursday	Friday
8:30–9:15 AM	Period 1A	Period 1B	Community Meeting (Homeroom)	Period 1A	Period 1B
<b>8:30–11:25 AM</b> (WED: 8:30–10:55 AM) <b>Morning Block</b> Live Synchronous Teaching	Student Wellness	Study Group/Special Program Meeting	9:20–10:00 AM FLEX Learning Time	Study Group/Special Program Meeting	Student Wellness
	9:50–10:35 AM	Period 2A	Period 2B	Period 1A/B or 2A/B (Student Choice)	Period 2A
10:40–11:25 AM	FLEX Learning Time Period 1A or 1B	FLEX Learning Time Period 2A or 2B	10:15–10:55 AM FLEX Learning Time Period 3A/B or 4A/B (Student Choice)	FLEX Learning Time Period 3A or 3B	FLEX Learning Time Period 4A or 4B
11:30–12:10 PM	Clubs/Activity (Student Choice/ Optional)	Clubs/Activity (Student Choice/ Optional)	Virtual Learning ends for students at 10:55 am.	Clubs/Activity (Student Choice/ Optional)	Clubs/Activity (Student Choice/ Optional)
11:25–1:15 PM	Lunch	Lunch		Lunch	Lunch
(MON/TUES/THURS/FRI, ONLY) <b>1:15–2:50 PM</b> <b>Afternoon Block</b> Live Synchronous Teaching	1:15–2:00 PM	Period 3A		Period 3B	Period 3A
	2:05–2:50 PM	Period 4A	Period 4B	Period 4A	Period 4B
(MON/FRI: 2:55–3:30 PM) WED: 2:30–3:00 PM) Time available, if needed, to communicate with teacher and get support	2:55–3:30 PM	Teacher Office Hours/ Connection Time	2:30–3:00 PM Teacher Office Hours/ Connection Time		Teacher Office Hours/ Connection Time