



What Whole Grains are you tasting this summer?

# Summer Meals Menu

July 17 – July 27, 2023  
Mondays through Thursdays

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<p><i>July 17</i></p> <p><b>Breakfast:</b> Honey Cheerios Cereal Fruit Juice Milk</p> <p><b>Lunch:</b> Mozzarella Cheese Sticks w/Marinara Sauce Green Beans, Grape Tomatoes Frozen Juice Cup Milk</p> <p>USDA Handout – Whole Grains Make a Difference </p>	<p><i>July 18</i></p> <p><b>Breakfast:</b> Sweet Potato Roll Fruit Juice Milk</p> <p><b>Lunch:</b> Rotini w/Meat Sauce &amp; Garlic Bread Stick California Blend, Carrot Sticks Peach Cup Milk</p>	<p><i>July 19</i></p> <p><b>Breakfast:</b> Ultimate Breakfast Round Fruit Juice Milk</p> <p><b>Lunch:</b> Korean BBQ Meatballs w/Rice &amp; Fritos Tropical Trio Slush, Broccoli Florets Peaches Milk</p>	<p><i>July 20</i></p> <p><b>Breakfast:</b> Smoothie w/Muffin Fruit Juice Milk</p> <p><b>Lunch:</b> Pizza Corn, Celery Sticks Applesauce Milk</p>
<p><i>July 24</i></p> <p><b>Breakfast:</b> Cinnamon Chex Cereal Fruit Juice Milk</p> <p><b>Lunch:</b> Teriyaki Chicken w/Rice &amp; Scoops Berry Berry Blue Slush, Carrot Sticks Pears Milk</p> <p>USDA Handout – Encouraging Vegetables </p>	<p><i>July 25</i></p> <p><b>Breakfast:</b> Breakfast Bread Fruit Juice Milk</p> <p><b>Lunch:</b> Macaroni &amp; Cheese w/Fritos California Blend, Grape Tomatoes Applesauce Milk</p>	<p><i>July 26</i></p> <p><b>Breakfast:</b> Cinnamon Crumb Loaf Fruit Juice Milk</p> <p><b>Lunch:</b> Taco w/Rounds Corn, Celery Sticks Strawberry Cup Milk</p>	<p><i>July 27</i></p> <p><b>Breakfast:</b> Smoothie w/Muffin Fruit Juice Milk</p> <p><b>Lunch:</b> Pizza Green Beans, Broccoli Florets Mixed Fruit Cup Milk</p>

*Menu Subject to Change*

Visit [teamnutrition.usda.gov](http://teamnutrition.usda.gov) for free nutrition information and resources!

For a complete list of meal sites visit  
[www.aacps.org/mealpickup](http://www.aacps.org/mealpickup)  
Anne Arundel County Public Schools  
This institution is an equal opportunity employer.

