

Wellness Council Meeting Minutes
 Thursday, September 28, 2023
 Anne Arundel County Public Schools
 Board Room

Attendees:

Jodi Risse	Alba Morales	Alexis McKay
Tia Hyatt-Coe	Amy Baer	Amy Falls
Haydee Traver	Angela Hopkins	Asha Smith
Bonnie Myers	Carrie Foye	Cynthia Bischoff
Jayne Hudson	Jennifer Lombardi	Jocelyn Potts
Kim Winterbottom	Lisa Pitt	Maharlika Kaminski
Maureen Grizio	Melanie Parker	Meredith McCandless
Michelle Boone	Monique Jackson	Rachel Kennelly
Ryan Voegtlin	Shirlette Boysaw	Shirley Jackson-Avery
Stacey Pellegrin	Stacey Mazcko	Tracey Aham
Alicia Cuddihee	Eric Lin	Kelly Koorey
Andre Dillard	Cynthia Smith	

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Welcome, Introductions Ms. Jackson
[Review Agenda](#) Ms. Risse

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Updates:

School Wellness Highlights

- [High School Update Highlight Slides](#) Ms. Kennelly & Ms. Hopkins
 - [HS Wellness Updates - PDF](#)
 - Staff Wellness – Therapy dog visit, Indoor soccer game, Appreciation Tailgate, Breathwork training
 - Students Wellness –Sports Team Building, Trivia Fridays, Community Wellness Lessons, Female Black Mentor Group, Mindfulness, 5K Walk for Suicide Prevention, Homecoming Festivals, Outdoor Meet n Greet Events

Middle School Highlights - Sept Ms. Winterbottom

- Working on identifying designees for each middle school.
- Relationship building with community partners is ongoing.
- Several schools are now community schools.
- The first event will be at Marley Middle School on Sept. 28th with bilingual facilitators working with the bilingual community.
- Community Wellness Event – Sat Oct 14th at Marley Middle School - [To register \(more information\)](#).
- Data from the scorecard will be sent to families soon. We want our families to know how we are doing on the scorecard. Asking for the support of the families with attendance. Many of our schools are now fully staffed. Will be using photos for next month's wellness council.

Elementary Highlights - Sept

Ms. Smith

- Staff – Cultural Events, Kickball games, Staff breakfast, Walking Clubs, Food Trucks for lunch, Apple Bar Day
- Students – [Chris in the Classroom](#), Outdoor Classrooms, PBIS Assemblies, Healthy Eating Announcements
- Community- [Cops and Kids](#), Movie Nights, Social Gatherings

Developmental Centers Highlights – September

Ms. Hudson

Early Education Centers Highlights – September

Ms. Boysaw

- Ferndale – Edible ABC Program, updating wellness walk, options for indoor movements, healthy staff breakfast.
- Carrie Weedon – Staff breakfast, healthy mid-day snacks, healthy snacks for students, Anne Arundel County Library invited to Back To School Night

Council Announcements

Ms. Risse

- October 14 – Northeast High School – Signature Truck or Treat. The Haunted House edition will also be held. Last year NEHS had over 400 attendees. They will also have mental wellness fair including returning vendors in Blackbox theater at NEHS.
- October 17 – Unity Day
- October 18 – Bullying Prevention Day
- October 21 - Crofton High School [Family Involvement Conference](#)
- October 21 - AACPS County Championship Showcase is being held at Annapolis High School. More information will be provided soon.
- October 23 - Community school event helping our Hispanic families. Hispanic Health Festival will be held.
- October 28 – 10am-2pm – Truck or Treat – Chesapeake Cluster Event at Chesapeake High School
- [AAC Food Bank Launches Mobile Van](#) – More information to come on their mobile vans heading to local libraries and will be located at the same location as our summer meals. [Mobile Food Pantry Flyer](#).
- [Harvest for the Hungry - Flyer](#)
- [Back To School Nights](#)
- [Magnet Information Sessions](#)
- [AACPS Family Academy](#)
- [CAT North Cruising for Education Car Show](#)

Wellness Scorecard

Ms. Risse and Ms. Katzenberger

- [Affinity Mapping Visual](#)
- Evaluation of our ten wellness components
- Meaningful and Measurable Data
 - Normalize all responses
 - Categorize Data Collected – Affinity Mapping
 - Used to create a rubric
 - Share what schools are doing well

Brain Boost

Ms. Parker & Ms. Pitt

Physical Environment

- Group Puzzle Activity – 5 minutes to complete the puzzle.

Subcommittee Updates

Ms. Risse

- Review this year's calendar.
- [SY23 24 Wellness Council Schedule](#)

Feedback/Next Steps

Close

Next Meeting: Tuesday, October 24, 2023
Arundel High School
1:00 p.m. -3:00 p.m.