Wellness Council Meeting Minutes  
Thursday, September 28, 2023  
Anne Arundel County Public Schools  
Board Room  

Attendees:  

<table>
<thead>
<tr>
<th>Jodi Risse</th>
<th>Alba Morales</th>
<th>Alexis McKay</th>
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<tr>
<td>Tia Hyatt-Coe</td>
<td>Amy Baer</td>
<td>Amy Falls</td>
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<tr>
<td>Haydee Traver</td>
<td>Angela Hopkins</td>
<td>Asha Smith</td>
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<td>Bonnie Myers</td>
<td>Carrie Foye</td>
<td>Cynthia Bischoff</td>
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<td>Jayne Hudson</td>
<td>Jennifer Lombardi</td>
<td>Jocelyn Potts</td>
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<tr>
<td>Kim Winterbottom</td>
<td>Lisa Pitt</td>
<td>Maharlika Kaminski</td>
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<td>Maureen Grizio</td>
<td>Melanie Parker</td>
<td>Meredith McCandless</td>
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<td>Michelle Boone</td>
<td>Monique Jackson</td>
<td>Rachel Kennelly</td>
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<tr>
<td>Ryan Voegtlin</td>
<td>Shirlette Boysaw</td>
<td>Shirley Jackson-Avery</td>
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<tr>
<td>Stacey Pellegrin</td>
<td>Stacey Mazcko</td>
<td>Tracey Aham</td>
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<tr>
<td>Alicia Cuddihhee</td>
<td>Eric Lin</td>
<td>Kelly Koorey</td>
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<td>Andre Dillard</td>
<td>Cynthia Smith</td>
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Welcome, Introductions        Ms. Jackson  

Review Agenda        Ms. Risse  

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Updates:  

School Wellness Highlights  

- High School Update Highlight Slides  
  - HS Wellness Updates - PDF  
    - Staff Wellness – Therapy dog visit, Indoor soccer game, Appreciation Tailgate, Breathwork training  
    - Students Wellness – Sports Team Building, Trivia Fridays, Community Wellness Lessons, Female Black Mentor Group, Mindfulness, 5K Walk for Suicide Prevention, Homecoming Festivals, Outdoor Meet n Greet Events  

Middle School Highlights - Sept  

- Working on identifying designees for each middle school.  
- Relationship building with community partners is ongoing.  
- Several schools are now community schools.  
- The first event will be at Marley Middle School on Sept. 28th with bilingual facilitators working with the bilingual community.  
- Community Wellness Event – Sat Oct 14th at Marley Middle School - To register (more information).  
- Data from the scorecard will be sent to families soon. We want our families to know how we are doing on the scorecard. Asking for the support of the families with attendance. Many of our schools are now fully staffed. Will be using photos for next month's wellness council.
**Elementary Highlights - Sept**  
Ms. Smith  
- Staff – Cultural Events, Kickball games, Staff breakfast, Walking Clubs, Food Trucks for lunch, Apple Bar Day  
- Students – Chris in the Classroom, Outdoor Classrooms, PBIS Assemblies, Healthy Eating Announcements  
- Community- Cops and Kids, Movie Nights, Social Gatherings

**Developmental Centers Highlights – September**  
Ms. Hudson

**Early Education Centers Highlights – September**  
Ms. Boysaw  
- Ferndale – Edible ABC Program, updating wellness walk, options for indoor movements, healthy staff breakfast.  
- Carrie Weedon – Staff breakfast, healthy mid-day snacks, healthy snacks for students, Anne Arundel County Library invited to Back To School Night

**Council Announcements**  
Ms. Risse  
- October 14 – Northeast High School – Signature Truck or Treat. The Haunted House edition will also be held. Last year NEHS had over 400 attendees. They will also have mental wellness fair including returning vendors in Blackbox theater at NEHS.  
- October 17 – Unity Day  
- October 18 – Bullying Prevention Day  
- October 21 - Crofton High School Family Involvement Conference  
- October 21 - AACPS County Championship Showcase is being held at Annapolis High School. More information will be provided soon.  
- October 23 - Community school event helping our Hispanic families. Hispanic Health Festival will be held.  
- October 28 – 10am-2pm – Truck or Treat – Chesapeake Cluster Event at Chesapeake High School  
- AAC Food Bank Launches Mobile Van – More information to come on their mobile vans heading to local libraries and will be located at the same location as our summer meals. Mobile Food Pantry Flyer.  
- Harvest for the Hungry - Flyer  
- Back To School Nights  
- Magnet Information Sessions  
- AACPS Family Academy  
- CAT North Cruising for Education Car Show

**Wellness Scorecard**  
Ms. Risse and Ms. Katzenberger

- **Affinity Mapping Visual**  
- Evaluation of our ten wellness components  
- Meaningful and Measurable Data  
  - Normalize all responses  
  - Categorize Data Collected – Affinity Mapping  
    - Used to create a rubric  
    - Share what schools are doing well

**Brain Boost**  
Ms. Parker & Ms. Pitt  
Physical Environment  
- Group Puzzle Activity – 5 minutes to complete the puzzle.
Subcommittee Updates

- Review this year’s calendar.
- **SY23_24 Wellness Council Schedule**

Feedback/Next Steps

Close

**Next Meeting:** Tuesday, October 24, 2023
Arundel High School
1:00 p.m. - 3:00 p.m.