Desired Outcomes:

- Share knowledge of new Wellness initiatives to all students, staff, parents and community members within the group I represent
- Exploring Wellness Assessment Tools to determine possible questions for use in AACPS
- Recognize the importance of Food Allergies in the school environment while understanding the resources available in Food & Nutrition Services to assist students with allergies and texture modifications.

 Updates:

2:00  Welcome/Introductions  Ms. Jackson
2:05  Review Agenda  Ms. Risse

2:10  Wellness Council Meeting Debrief  Ms. Lombardi & Ms. Bischoff
   - Family Engagement

2:20  School Wellness Highlights  Elementary, Middle & High Principals

2:30  Council Announcements  Council Members

2:40  Professional Development  Ms. Risse & Ms. Walsh
   - New Wellness Assessment

3:10  Brain Boost  Ms. Seaman-Crawford & Ms. Parker

3:15  Subcommittee Updates  Ms. Risse
   - Nutrition Environment & Services

3:45  Feedback/Next Steps  Council Members

4:00  Close

Next Meeting: September 20, 2022 – AACPS Board Room – 2:00 to 4:00 p.m.
Wellness Council Meeting Minutes
May 17, 2022
Anne Arundel County Public Schools
AACPS Board Room

Attendees:

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<tr>
<td>Adam Zetwick</td>
<td>Amy Baer</td>
<td>Amy Falls</td>
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<td>Bernadette Martin</td>
<td>Cathy Steen</td>
<td>Christiana Walsh</td>
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<td>Colleen Mallonee</td>
<td>JoAnn Escobosa</td>
<td>Jodi Risse</td>
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<td>Kathryn Feuerherd</td>
<td>Karen McDonough</td>
<td>Lisa Seaman-Crawford</td>
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<td>Maureen Grizio</td>
<td>Melanie Parker</td>
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<td>Miesha Walker</td>
<td>Ryan Voegtlin</td>
<td>Stacy Pellegrin</td>
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<td>Stacey Smith</td>
<td>Vicky Cosby</td>
<td>Wendy Marshall</td>
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Welcome, Introductions

- Good afternoon everyone and welcome to the last Council meeting for SY 2021-2022
- Welcome Mr. Silkworth, AACPS Board Vice President
- Proud the Council has met and exceeded all expectations

Review Agenda

Wellness Council Meeting Debrief

- Family Engagement - Postponed

School Wellness Highlights

- Elementary Schools
  - Mrs. Jackson – shout out to Ms. Parker for an awesome visit to Arlington Echo, highlight of her year

- Middle Schools
  - Celebrating and recognizing students
  - Success with service to community

- High Schools
  - Teacher Appreciation Week
  - Community based events

Council Announcements

- Congratulations to Ryan Voegtlin for an awesome Wellness presentation to the Board in April
- May Mental Wellness Awareness Month

Professional Development

- New Wellness Assessment Tool
  - Wellness Assessment Guides
  - Wellness Scorecard – AACPS has exceeded the current measures of the scorecard
  - Council will work on crafting questions for a new scorecard
Brain Boost

Spot the Skyline

Subcommittee Updates

- Nutrition Environment & Services
  Group discussed what questions come from parents/students about school lunches, nutritional value, etc.
  Suggestion- add QR Codes on lunch counters, bulletin boards, newsletters, etc.
  Non-food rewards- work done by committee; Posters are in design and print.
  Discussion around collaboration between FNS and Health Department. Process for reconciling food & nutrition needs for individual students- EAPs.
  Coordination between health room and AE are important for FN needs for students.
  Arlington Echo- food is more “family style”. Decided to keep to one standard menu.

Feedback/Next Steps

- Next Meeting: September 20, 2022 – AACPS Board Room – 2:00 to 4:00 p.m.