AGENDA

Wellness Council Meeting
AACPS Board Room
April 19, 2022
1:30 - 3:30 p.m.

Desired Outcomes:
- Share knowledge of new Wellness initiatives to all students, staff, parents and community members within the group I represent
- Understand the Family Academy and how it promotes wellness for our families and students
- Recognize and prepare SY 2022-2023 Wellness Council Initiative

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>1:30</td>
<td>Welcome/Introductions</td>
<td>Ms. Jackson</td>
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<tr>
<td>1:35</td>
<td>Review Agenda</td>
<td>Ms. Risse</td>
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Updates:

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>1:40</td>
<td>Wellness Council Meeting Debrief Health Services</td>
<td>Ms. Escobosa &amp; Ms. Martin</td>
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<tr>
<td>1:50</td>
<td>School Wellness Highlights</td>
<td>Elementary, Middle &amp; High Principals</td>
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<td>2:00</td>
<td>Council Announcements</td>
<td>Council Members</td>
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<td>2:10</td>
<td>Professional Development Family Engagement</td>
<td>Ms. Lombardi &amp; Ms. Bischoff</td>
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<td>2:40</td>
<td>Brain Boost Employee Wellness</td>
<td>Ms. Cosby &amp; Ms. Anderson</td>
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<td>2:45</td>
<td>Wellness Council SY 2022-2023 Evaluation Tool</td>
<td>Ms. Risse &amp; Ms. Walsh</td>
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<td>3:15</td>
<td>Feedback/Next Steps</td>
<td>Council Members</td>
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<td>3:30</td>
<td>Close</td>
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Next Meeting: May 17, 2022, AACPS Board Room, 2:00 to 4:00 p.m.
### Wellness Council Meeting Minutes

April 19, 2022  
Anne Arundel County Public Schools  
AACPS Board Room

#### Attendees:

<table>
<thead>
<tr>
<th>Amy Baer</th>
<th>Amy Falls</th>
<th>Ann Heiser-Buzzelli</th>
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<tr>
<td>Bernadette Martin</td>
<td>Christiana Walsh</td>
<td>Colleen Mallonee</td>
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<td>Cynthia Bischoff</td>
<td>Jodi Risse</td>
<td>Maureen Grizio</td>
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<tr>
<td>Monique Jackson</td>
<td>Ryan Voegtlin</td>
<td>Shirley Jackson-Avery</td>
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<tr>
<td>Stacey Smith</td>
<td>Susan Chittim</td>
<td>Vicky Cosby</td>
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<td>Wendy Marshall</td>
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Welcome/Introductions  
Ms. Jackson  
Great to see everyone in person  
Thank you to Ms. Walsh and Ms. Risse and Mr. Voegtlin for your work on tomorrow’s Wellness Presentation to the Board

Review Agenda  
Ms. Risse

Wellness Council Meeting Debrief  
Ms. Martin

- Health Services  
  Ms. Martin, continuing to work with FNS to update toolkit  
  Ms. Jackson thanking Health Services for all their hard work  
  Elementary Immunization Clinic, hoping to increase at middle school level  
  Health Department webpage is under construction while working to obtain new hosting company  
  seamless working together to identify food allergies during meal service

School Wellness Highlights  
Elementary, Middle & High Principals  
- HS – spirit week with students and staff before spring break, staff to staff awards, more time outdoors with students, National Assistant Principal week, Mental Health Fairs (SRHS, SPHS), Polar Bear Plunge  
- Lots of music, starting the day with music sponsoring service activities MS & ES minutes will be included in minutes

Council Announcements  
Council Members  
- Anne HB Brooklyn Park Middle Food Community Assessment Partnership with schools -  
  Starting in South County Community Assessment, connect with community groups and churches on what families need  
  Updated food desert map (access map) coming soon – Listening sessions may start May/June  
- Kindness Cup – 11 submissions received before break. Winners will be selected May 3rd  
- Mindful Schools – online courses  
- Messages of Hope – 1st week of May is Children’s Mental Health Week.  
- Mr. Voegtlin will present on behalf of Wellness at the Board Meeting tomorrow night May 20, 2022

Professional Development  
Ms. Lombardi & Ms. Bischoff  
- Family Engagement  
  Educating families-  
  How can we touch more people, online resources – Cynthia Bischoff – Family Academy  
  Presentation - Family engagement is focus – consists of 3 different sections (Wellbeing and Growth, Navigating AACPS Resources, Academics and Programs)  
- Introducing Cynthia Bischoff and Lea Jaspers
Brain Boost  
- Employee Wellness  
  Game – Would you Rather

Wellness Council SY 2022-2023  
Ms. Risse & Ms. Walsh

Evaluation Tool  
Calendar coming next meeting  
Meetings on Tuesdays  
Back in schools for Wellness destinations  
Score Cards – what is the new scorecard look?  
Each subgroup initiates two questions, which are valid for a three-year period  
What does a scorecard look like at each level?  
Our schools are doing above and beyond what is on the current score card  
Option to do google meet or face to face  
Should we create a rubric  
Come with an area where you are glowing and where you are growing

3:15  Feedback/Next Steps  
3:30  Close

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