AGENDA

Wellness Council Meeting
Teams
January 25, 2022
2:00 - 4:00 p.m.

Desired Outcomes:
 Share knowledge of new Wellness initiatives to all students, staff, parents, and community members within the group I represent
 Summarize the Maryland State School Health Council’s priorities and focus related to the scorecard and other state council initiatives.
 Review, evaluate and provide feedback related to Physical Environment sub committee’s desired goals and objectives.

2:00  Welcome/Introductions     Ms. Jackson
2:05  Review Agenda     Ms. Risse

Updates:
2:10  Wellness Council Meeting Debrief     Mrs. Jackson & Ms. Risse
2:20  School Wellness Highlights     Elementary, Middle & High Principals
2:30  Council Announcements     Council Members
    Mindful Meditation - a new virtual PD series being hosted by PGD
2:40  Professional Development     Ms. Siska-Creel & Ms. Hysom
    State School Health Council’s priorities and focus
3:10  Brain Boost     Ms. Mazcko & Ms. Hysom
    Nutrition Environment & Services
3:15  Subcommittee Updates     Ms. Seaman-Crawford & Ms. Parker
    Physical Environment
3:45  Feedback/Next Steps     Council Members
4:00  Close

Next Meeting: February 15, 2022 – 2:00 – 4:00 p.m.
Wellness Council Meeting Minutes
1/25/2022
Anne Arundel County Public Schools
Virtual Teams Meeting

Attendees:

<table>
<thead>
<tr>
<th>Christiana Walsh</th>
<th>Monique Jackson</th>
<th>Jodi Risse</th>
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<tbody>
<tr>
<td>Gaston Gamez</td>
<td>Carol Laverdiere</td>
<td>Susan Chittim</td>
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<td>Erin Hysom</td>
<td>Melissa Ellis</td>
<td>Shirley Jackson Avery</td>
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<td>Melanie Parker</td>
<td>Vicky Cosby</td>
<td>Stacy Pellegrin</td>
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<tr>
<td>Lisa Seaman-Crawford</td>
<td>Katara West</td>
<td>Amy Falls</td>
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<tr>
<td>Jenn Lombardi</td>
<td>Maureen Grizio</td>
<td>Kathryn Feuerherd</td>
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<tr>
<td>Ann Heiser Buzzelli</td>
<td>Karen Siska-Creel</td>
<td>Isha Walker</td>
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<tr>
<td>Stacey Mazcko</td>
<td>Kimberly Winterbottom</td>
<td>Wendy Marshall</td>
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<tr>
<td>Miesha Walker</td>
<td>Amy Baer</td>
<td>Bernadette Martin</td>
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<tr>
<td>Vicky Cosby</td>
<td>Chris Gordon</td>
<td>JoAnn Escobosa</td>
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<tr>
<td>Carol Laverdiere</td>
<td>Colleen Mallonee</td>
<td>Ryan Voeglin</td>
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Welcome, Introductions
- Thank you all for all you do
- Welcome Ms. Ellis

Review Agenda
- Ms. Risse

Updates:

Wellness Council Meeting Debrief
- Ms. Jackson & Ms. Risse

- Board Policy JECAA – Students With A Known Food Allergy
  - New policy adopted January 19, 2022

School Wellness Highlights
- Elementary, Middle & High Principals

- Elementary School Highlights
  - Elementary School Wellness Updates January 2022
  - Jump Rope for Heart
  - Promote healthy movement and snacks for students and staff.

- Middle School Highlights
  - Middle School Wellness Updates January 2022
  - Winter Coat Drive
  - Social–Emotional Lessons

- High School Highlights
  - High School Wellness Updates January 2022.pdf
  - Advisory/Student Wellness Lessons
  - A variety of clubs open to students

Council Announcements
- Council Members

- Mindful Meditation - a new virtual PD series being hosted by PGD
- Counseling Recognition Week - #wearebettertogether February 6 – 12, 2022
- Nicotine Free Week will be March 14 – 18, 2022
- Renew You Yoga and Wellness Fair, Annapolis High, April 2, 2022
Professional Development Ms. Siska-Creel & Ms. Hysom
  • State School Health Council’s Priorities and Focus
    • Covid-19 Update
      • School Health Tracking Form of Cases
      • Schoolwide Outbreaks and Closures
  Isha Alston

Brain Boost Ms. Mazcko & Ms. Hysom
  • Nutrition Environment & Services
    • Never Have I Ever Game

Subcommittee Updates Ms. Seaman-Crawford & Ms. Parker
  • Physical Environment
    • Tool Kit Web Page
    • Goal #1 - Establish good indoor air quality in schools
    • Goal #2 - Increase indoor space wellness
    • Goal #3 – Increase use of schoolyards to promote student wellness

Feedback/Next Steps Council Members
  • 100% completion of SY 2021-2022 Wellness Scorecard

Close

Next Meeting: March 15, 2022 – 2:00 – 4:00 p.m.