



Wellness Council Meeting Minutes  
 1/25/2022  
 Anne Arundel County Public Schools  
 Virtual Teams Meeting

Attendees:

Christiana Walsh	Monique Jackson	Jodi Risse
Gaston Gamez	Carol Laverdiere	Susan Chittim
Erin Hysom	Melissa Ellis	Shirley Jackson Avery
Melanie Parker	Vicky Cosby	Stacy Pellegrin
Lisa Seaman-Crawford	Katara West	Amy Falls
Jenn Lombardi	Maureen Grizio	Kathryn Feuerherd
Ann Heiser Buzzelli	Karen Siska-Creel	Isha Walker
Stacey Mazcko	Kimberly Winterbottom	Wendy Marshall
Miesha Walker	Amy Baer	Bernadette Martin
Vicky Cosby	Chris Gordon	JoAnn Escobosa
Carol Laverdiere	Colleen Mallonee	Ryan Voegtlin



- Welcome, Introductions Ms. Jackson
  - Thank you all for all you do
  - Welcome Ms. Ellis
- Review Agenda Ms. Risse



**Updates:**

Wellness Council Meeting Debrief Ms. Jackson & Ms. Risse

- Board Policy JECAA – Students With A Known Food Allergy
  - [New policy adopted January 19, 2022](#)

School Wellness Highlights Elementary, Middle & High Principals

- Elementary School Highlights  
[Elementary School Wellness Updates January 2022](#)
  - Jump Rope for Heart
  - Promote healthy movement and snacks for students and staff.
- Middle School Highlights  
[Middle School Wellness Updates January 2022](#)
  - Winter Coat Drive
  - Social–Emotional Lessons
- High School Highlights  
[High School Wellness Updates January 2022.pdf](#)
  - Advisory/Student Wellness Lessons
  - A variety of clubs open to students

Council Announcements Council Members

- [Mindful Meditation](#) - a new virtual PD series being hosted by PGD
- Counseling Recognition Week - #wearebettertogether February 6 – 12, 2022
- Nicotine Free Week will be March 14 – 18, 2022
- Renew You Yoga and Wellness Fair, Annapolis High, April 2, 2022

Professional Development

- [State School Health Council's Priorities and Focus](#)
  - [Covid-19 Update](#)
    - School Health Tracking Form of Cases
    - Schoolwide Outbreaks and Closures

Ms. Siska-Creel & Ms. Hysom

Isha Alston

Brain Boost

- Nutrition Environment & Services
  - Never Have I Ever Game

Ms. Mazcko & Ms. Hysom

Subcommittee Updates

- [Physical Environment](#)
  - [Tool Kit Web Page](#)
  - Goal #1 - Establish good indoor air quality in schools
  - Goal #2 - Increase indoor space wellness
  - Goal #3 – Increase use of schoolyards to promote student wellness

Ms. Seaman-Crawford & Ms. Parker

Feedback/Next Steps

- 100 % completion of SY 2021-2022 Wellness Scorecard

Council Members

Close

**Next Meeting:** March 15, 2022 – 2:00 – 4:00 p.m.