

Wellness Council Meeting Minutes
 10/19/2021
 Anne Arundel County Public Schools
 Virtual Teams Meeting

Attendees:

Bernadette Martin	Amy Falls	Jenn Lombardi
Monique Jackson	Christiana Walsh	Jodi Risse
Kristin Bowser	Stacey Smith	Kathryn Feuerherd
Stacey Mazcko	Vicky Cosby	Christopher Gordon
Lisa Seaman-Crawford	Stacy Pellegrin	Erin Hysom
Catherine Steen	Melanie Parker	Isha Alston
JoAnn Escobosa	Joanna Tobin	Christine Crabbs
Carol Laverdiere	Maureen Grizio	Colleen Mallonee
Miesha Walker	Kimberly Winterbottom	Adam Zetwick
Sue Chittim	Shirley Jackson-Avery	Ryan Voegtlin
Michelle Boone	Camryn Chehreh	Ann Heiser Buzzelli
Amy Baer	Barbara Balazek	



- Welcome, Introductions Ms. Jackson
 - Thank you all for joining
 - Welcome Dr. Tobin

- Review Agenda Ms. Risse



Updates:

Wellness Council Meeting Debrief Ms. Walsh & Ms. Risse

- Wellness Scorecard – Ms. Walsh and Ms. Risse shared compiled feedback from the last council meeting. The [Quick Link One Pager](#) was shared which contains many helpful links for Wellness Council members.
 - Wellness Scorecard – how we'll achieve 100% again this year
 - Scorecard quick links includes Teams, last year scorecard, this year scorecard, Scorecard page. We tried to group partners and assigned schools the same but there were a few adjustments
 - M. Jackson will send an initial scorecard email to principals.
 - Principal may designate someone or a team to attend the scorecard review, it does not have to be the principal

School Wellness Highlights Elementary, Middle
& High Principals

Elementary School Highlights

[Elementary Wellness Highlights October 2021.xlsx](#)

- Monthly Wellness Calendars shared with families
- Try It Tuesday (try a new food item)

Middle School Highlights

[Middle School Wellness Highlights.xlsx](#)

- Fresh Air Friday
- Mindfulness Activities

High School Highlights

[High School Wellness Updates October 2021.docx](#)

- Harvest for the Hungry
- Morning music requests

Council Announcements

Council Members

- [Healing Through the Arts Series-Trauma and Grief.pdf](#)
- Coming soon – Healthy Food Guide for Brooklyn Park Pantry
- Shout out to Human Resources – wonderful resources in monthly bulletin
 - Review internet site for resources
 - Benefits Open Enrollment – October 25 – November 9, 2021
- Red Ribbon week 10/23 through 30th – Anti Drug

Professional Development

School Health Advisory Council

- [MSSHC Updates](#)
- [Maryland Youth Pandemic Behavior Survey Results](#)
- [Medical Cannabis Presentation](#)
- [COVID Updates Presentation](#)

Ms. Hysom

Ms. Balazek

Ms. Siska-Creel

Brain Boost

Ms. Lombardi

- [The Happiness Advantage](#)
 - Choose one tactic and retrain your brain

Subcommittee Updates

Mr. Voegtlin

Ms. Jackson-Avery

- [Trying It All Together](#)
 - Grant funds are being used to provide Health Insurance to students/families without
 - Substance Use Prevention and Intervention Team
 - Screening to determine recovery process
 - Crisis Behavioral Team
 - Calming Rooms
 - Program has waiting list
 - Behavioral Threat Assessment System
 - [Jamboard](#) was shared to collect feedback from the Council

Feedback/Next Steps

Council Members

Close

Next Meeting: Tuesday, November 16, 2021, 2:00 to 4:00 p.m.