

Wellness Council Meeting Minutes
 March 16, 2021
 Anne Arundel County Public Schools
 Virtual Teams Meeting

Attendees:

Amy Baer	Amy Falls	Ann Heiser Buzzelli
Bernadette Martin	Carol Laverdiere	Cathy Steen
Christiana Walsh	Colleen Mallonee	Erin Hysom
Gaston Gamez	Isaphine Smith	Jayne Hudson
Jennifer Lombardi	Jodi Risse	Katie Lewis
Katara West	Kathryn Feuerherd	Kimberly Winterbottom
Kristen Bowser	Lisa Seaman-Crawford	Mary Kay Connerton
Maureen Grizio	Melanie Parker	Michelle Boone
Miesha Walker	Monique Jackson	Nelson Horine
Robert Silkworth	Ryan Voegtlin	Sarah Bonise
Sherry Cassilly	Stacy Pellegrin	Stacey Smith
Vicky Cosby		



- Welcome, Introductions Ms. Jackson
- Review Agenda Ms. Risse



- Health Services Debrief Ms. Martin
 - There will be no changes to the Wellness Toolkit for Health Services at this time
- School Wellness Highlights Elementary, Middle High, Principals
 - Elementary – see attached document
 - Weekly kindness challenge & mindfulness
 - Staff recipe swap
 - Middle – see attached document
 - Mindfulness videos
 - Yoga & Zumba nights
 - High – see attached document
 - Self-Care options for professionals
 - March Madness Wellness Bracket
 - One Love Virtual 5K event
- Council Announcements Council Members
 - AACPS Dance Festival
 - <https://sites.google.com/aacps.org/aacpsdancefestivals/home>
 - Mental Health Townhall
 - <https://www.youtube.com/watch?v=jx2NMTHeMvY>
 - To date: 7,000 AACPS employees receive 1st/2nd doses of COVID Vaccine
- Professional Development Ms. Feuerherd
Ms. Hudson
 - Wellness Board Presentation featuring
 - Crofton High School
 - Marley Glenn Special
- Nutrition Environment & Services Subcommittee Update Ms. Hysom
 - New Goals – see attached document
 - Increase the variety and consistency of food offerings for students with modified texture diets
 - Increase the variety and consistency of food offerings for students

with allergies

- Brain Boost
 - Collectively, virtually as a group participate in “The Wave”
- Feedback/Next Steps
 - Next Wellness Council Meeting, virtual for April 13, 2021

Mr. Gamez

School	Staff Wellness Activities	Student Wellness Activities	Community Wellness Activities
Annapolis Middle	Weekly wellness initiatives (typically in bulletin form) including mindfulness, in home exercise videos/yoga, recipes, easy reading/listening and bi-weekly trivias. Started a Pen Pal program in the fall that will be revisited in MP3. As the weather warms and we get staff back in the building for spring, we would like to do a walking/couch to 5k program (COVID restrictions and health and safety all taken into account) 2.23 run/walk for Ahmaud Arbery through the 2.23 foundation (virtual event), weekly mindfulness/wellness menus with recipes, yoga, exercises, mindfulness videos, and BHMT themed podcasts, bi monthly trivia night. Staff Online Trivia Nights (Every 2 weeks), Walktober Group, Virtual Yoga, Virtual Bootcamp	Weekly mindfulness lessons. Increased opportunities to take a break, check out and check in, and have balance in their daily schedule. We continue to adjust and implement clubs for students that offer a variety of options to distract them from the typical school day. clubs/activities during club time, bi weekly mindfulness lessons activities, increased small group/choice board time for enrichment and independent activities	Barring COVID restrictions and staff willingness, turn out, and implementation, we would like to do a couch to 5k and offer a community 5k walk/run event on the campus. 2.23 run/walk for Ahmaud Arbery through the 2.23 foundation (virtual event)
Arundel Middle	Dunkin Donuts Food Truck 3/5 Staff zoom get togethers	Clubs/Activities	Providing parents with as much information as allowed to allay their fears.
Bates Middle	Virtual Arts Showcase, Mindful Videos, Get Happy Website, Provided EAP information, Sock Exchange, Trivia Nights, Valentine Exchange, Recipe Shares	Student Services provide Mindful Videos for Mindful Block, Clubs, Planned Virtual Talent Show, Mix it up during community building time to increase social activity.	Planned screening of Screenagers the Next Chapter, Chronicle Articles on Mindfulness and Wellness, One Bates Website with Community Resources and Mindfulness Videos
Brooklyn Park Middle School	Every week in "The Buzz" which is our weekly staff newsletter, teachers and staff are reminded to care for themselves. Inspirational quotes about health and longevity are always reminded to us by our principal as well as statements about the importance of taking care of ourselves and our families. Staff also participates in wellness PD's.	Students created powerpoints about helping to protect the environment that were displayed on the morning announcements as well as on the BPMS PTA facebook page. There are also various student clubs including: Basketball, healthy cooking/eating, environment club, and yoga that students can participate in daily. Also, all students participate in wellness classes every Monday and Friday where students practice mindful living, meditation, and yoga breathing. In their physical education classes students are motivated to move and to practice soccer moves (even if it's with a ballied up sock!). BPMS also has virtual dance classes that promote movement and exercise.	BPMS continuously tries to promote wellness. We have had volunteers pass out large boxes of free produce from local farms to our families during outreach events and during onsite lunch times. We also post flyers about free produce giveaways, health clinics, and mental health awareness online on our live twitter page as well as our Facebook PTA page so parents and community members can participate in these events. Our personal school psychologist has also reached out to the community.
Central Middle School	Release from meetings when possible to provide more time. Sharing student shout outs about the teachers. Random drawings for gift cards from those shout outs. Positive messages on Mondays	Healthy focused clubs such as Core Club and Yoga. Supporting mental health with weekly compliments and students of the week	Looking forward to hearing ideas about this (and other categories)!
Central MS	Monthly recognition awards from staff and administration. Welcome back supplies and thank you snacks.	Incorporating exercise goals into CWT. Like movie from PTA on social media and teens.	7th grade Kahoot night.
Corkran Middle School	Postcards were sent home to staff with encouraging message, Survey for staff inquiring about support (emotional, mental) and how committee can support one another, additionally in that same survey we Celebrate and Support each other questions were asked surrounding how and finances to carry that out (since there is no budget for this)	At this time I do not know if there are specific activities happening for our students besides PBIS. There has been "no school wide" initiative. An inquiry has been sent out to those parties for more info	Coffee with the principal especially leading up to hybrid opening. A google form was sent ahead of time with questions, then a presentation was given with time for FAQ so that the community was put at ease regarding hybrid opening.
Corkran Middle School	Monthly Virtual "Happy Hour"- the 1st Thursday of every month @ 4pm. All staff is invited to check in F2F with coworkers and just chat and hang out. Though the time period is flexible, teachers decide when to drop in from 4-4:45pm. Staff newsletter sent out monthly	There have not been any organized student wellness activities created by the Cmte.	N/A
Crofton Middle	Weekly 'Kudos' posted in weekly bulletin. Multiple recorded video messages for faculty, students and parents (Opening day,Unity Day,Veterans Day, American Ed Week) involving faculty and/or students. Social gatherings in places where social distance can be respected.	American Ed Week activities: recorded message from Admin, Counselors, Custodians, and students discussing how we value education played each day of American Ed week. Students design cover of the yearbook. Bi-monthly Student Forums with the Principal. Multiple recorded video messages for faculty, students, and parents (Opening day,Unity Day,Veterans Day, American Ed Week) involving faculty and/or students.	Multiple recorded video messages for faculty, students, and parents (Opening day,Unity Day,Veterans Day, American Ed Week) involving faculty and/or students. Parent Forums with the Principal.
Lindale Middle School	Yoga night, Zumba night, Summer- virtual morning workouts	Yoga night, Zumba night, Cooking Night (Lindale staff will prepare and demonstrate how to cook healthy and delicious holiday food)	Yoga night, Zumba night, Cooking Night (Lindale staff will prepare and demonstrate how to cook healthy and delicious holiday food)
Marley Middle	We recently just started a "From Sea to Shining Sea" Challenge where staff members are in teams of 5. Every 15min of intentional exercise adds 2mi for their team. The goal is travel from coast to coast. I will throw in random challenges where they can earn more minutes/miles for their teams (the challenges will support Wellness Committee's other initiatives). 30 members of our staff are participating and teams were randomly assigned. Team captains volunteered for the role and are expected to motivate their teams and share information regarding the challenge as needed. The goal of the challenge is for staff to increase or maintain their minutes of physical activity per week (CDC data was shared about the recommended amount for adults). Staff trivia nights have been ongoing. Staff Wellness Wednesday posts have been ongoing. This month, I am sharing Heart Health information that our school nurse put together for staff.	Nicotine Free Week/ an awareness day will take place this month. Motivation Monday posts are ongoing. Students have been invited to participate in and view a talent show. The TREX Recycling Challenge is ongoing. Various clubs are ongoing. Students participate in town halls and there is/are student leadership committee so student voice is heard.	We want to wait until we are all settled into hybrid learning before taking on a community initiative. We hope to do something later this Spring. Please see previous Google Form responses to see what we have been doing in this area so far this year.
Meade Middle School	Wellness Committee, Cards mailed home to every staff member in the building from the principal, staff shout outs, raffles, wellness pds	Clubs and activities including yoga, girls on the run, zumba, step, healthy food promotions, ping pong tables, basketball arcades, sports equipment, weight room for student use.	Literacy night, Wellness night, Back-to-School night, 6th grade orientation, Honor Role celebrations with families, food deliveries on Fridays, restorative practice school, daily CBC circles which induce topics on self care and wellness
Monarch Academy Glen Burni	Photo Scavenger Hunt Challenge "This or That" Daily Jamboard to get to know each other more and have fun!	Community Meeting to celebrate living our "Habits of Excellence"	Family Trivia Night
Old Mill Middle School North	This year our school participated in Walktober as a staff. In addition we have a "staff shout out" link to a google form available for staff to receive positive recognition from other staff, students, or parents-- this form automatically is sent to the recipient and the staff recipient is entered in a drawing from prizes that were donated to our school during each week's faculty meeting. Staff shout outs, raffles for prizes, patriots of the week.	Our students can receive electronic positive referrals through a link to a google form that is available to all staff and automatically sends the student recipient and the parent an electronic copy of their recognition. In addition we have a student of the month program where each IDT team selects an outstanding student and we send a prize home (free chick fil a). We are also preparing a virtual lip sync battle as a fun PBIS event for our students to have fun in a social setting. Movement and music, student of the month with prizes, electronic positive referral forms sent to parents.	
OMMS	Creating a Cookbook which all faculty and staff can contribute to, includes healthy recipes	Wellness/Mindfulness Clubs Fun, decompression activities to celebrate 2nd MP student accomplishments	Monthly newsletter going out to families through school newsletter.
Phoenix Academy	SEE REMARKS BELOW FOR OLIVIA RICHARDSON - ERO TRNSCPT. REQ. RICHARDSON: Phoenix Challenge: Send a note of gratitude to someone who has helped you this year. Weekly Mindfulness sessions: 1. Who's feeling a little stressed out about our return to the building? Join us here for 15 minutes of mindfulness at 11:30 to relieve a little bit of that stress and learn about a new tool for the toolbox! Last month we explored breathing meditations, this month's theme will be about body scans. Wouldn't it be great if our students could learn how to notice their anxiety or anger build up in them long before they act out on those feelings? Today's meditation was designed for K-8 students but it's good for all ages. It's very brief and it's lead by someone that I think students might respond well to. So if you can't join us at 11:30, check it out on your own time and consider making it a regular part of your school day!	SEE REMARKS BELOW FOR OLIVIA RICHARDSON - ERO TRNSCPT. REQ. RICHARDSON: Student wellness lesson objective: I can... compare healthy and unhealthy behaviors in platonic and romantic relationships and analyze autopilot within my own relationships in order to identify how to create healthy boundaries and maintain healthy relationships.	SEE REMARKS BELOW FOR OLIVIA RICHARDSON - ERO TRNSCPT. REQ. RICHARDSON: Phoenix Academy is CBC trained; we are continuing our community circles during 1st period every Wednesday.
Severna Park MS	School based Virtual Yoga offerings, Walking/Running virtual challenges, Wellness Wednesday reminders Staff Wellness Challenge (website: https://sites.google.com/aacps.org/sms-wellness-challenge/home) Wellness recipes and activities on Staff Google Classroom. sworkit initiative through staff google classroom, staff walking wellness competition beginning February. Sworkit Fitness App	Wellness Wednesday activities/reminders, integrated brain breaks/gym during class periods, kindness challenges, participated in the recent Wellness survey Wellness links and options available on Student Services website. Student Services Wellness Site, Wellness Clubs (dance, yoga/mindfulness, walking, drawing/coloring, etc.)	Kindness Challenges and Wellness reminders in the school's Park Press and Newspaper Student Services Wellness Site, spirit week video
Southern Middle School			N/A

School	Staff Wellness Activities	Student Wellness Activities	Community Wellness Activities
<p>Wiley H. Bates Middle School</p>	<p>Happy Teachers Website (https://sites.google.com/aacps.org/happyteachers/home), Self Care Tips Emails Staff trivia nights, Compliment a Colleague jamboard, paint night, Wellness/Mindfulness PD, Local Arts Event for Staff Calendar</p>	<p>Student Services provides video lessons for Mindful Block which are also shared on One Bates Website (https://sites.google.com/aacps.org/one-bates/student-wellness), clubs that target wellness, town hall meetings, providing referrals to community partners (boys and girls club, jóvenes artistas, centro de ayuda), Artists visits to clubs, counseling sessions, parent consultation, classroom lessons, Student of the Month, Virtual Positive Referrals In planning stages: community gardens, artist working with student on sculptures</p>	<p>Community Involvement Committee, One Bates Website and Cougar Chronicle loaded with resources for families (chronicle available in multiple languages)(https://sites.google.com/aacps.org/one-bates/home) Planning Stage: Screenagers next chapter Virtual Movie and Panel (March), community positive cards (MP 2), community streaming performances (TBD)</p>

High School Wellness Updates – March 2021

School Name	Staff Wellness Activities	Student Wellness Activities	Community Wellness Activities
<p>Annapolis</p> <p>Focusing on intentional living with passion in mind.</p>	<p>Surveys and supports for teachers and staff with ReOpening</p> <p>Virtual Coffee and Connect</p>	<p>Specific Community Building Sessions focusing on ReOpening</p>	<p>Virtual Career Fair</p> <p>ReOpening Committee Touch Base with Community</p>
<p>Arundel</p>	<p>Weekly Staff Yoga Classes</p> <p>Staff Wellness reminders during faculty meetings</p>	<p>Weekly Yoga club offered to all students</p> <p>Numerous club activities/meetings held weekly</p> <p>Mindfulness lessons during community wellness lessons</p> <p>ELC continuing to monitor equitable practices</p> <p>ALC continuing to work on bringing equitable practices to Arundel Athletics</p>	<p>Interact Club engaging in fund raiser for sister school in Kenya</p> <p>ELC leading a community book study – partnered with AACPL</p> <p>Tri-M club is currently tutoring middle school students in music and academics</p>
<p>Broadneck</p> <p>February theme: February Wellness theme was #BruinsLoveBetter - Community Wellness Lesson on the understanding what love looks like and what an unhealthy relationship looks like. Partnered with the One Love Foundation for the resources.</p> <p>March theme: •March Wellness Theme #MarchIntoHealthyEating</p>	<p>February:</p> <p>PTSO has an ongoing project for students and faculty - Storybook Collection from the pandemic. It is a collection of poems, drawings, stories showing how the pandemic has changed us.</p> <p>March:</p> <p>Faculty Wellness Google Classroom and Community Wellness Classroom will have healthy recipes provided by various teachers and students.</p>	<p>February:</p> <p>AP Spanish students tested the quality of their drinking water, then met with a DNR officer in Puerto Rico to compare our access to healthy drinking water to that of those in Spanish Speaking countries.</p> <p>1st Annual Bay Paddle Experience was held on February 26th. Students learned about mental and physical preparation from the paddlers, and did a guided painting of Oysters on Canvas with Ms. Lester.</p> <p>PTSO has an ongoing project for students and faculty - Storybook</p>	<p>February:</p> <p>N/A</p> <p>March:</p> <p>N/A</p>

		<p>Collection from the pandemic. It is a collection of poems, drawings, stories showing how the pandemic has changed us.</p> <p>March:</p> <p>Community Wellness Lesson on how we keep our local waters healthy, and how they keep us healthy.</p> <p>Jen Vaccaro and Brian Knox guest speakers to share about their sustainable and organic Where Pigs Fly Farm.</p> <p>Students provided with Goshen Farm Self Led Field Trip to do a walking tour of the farm. (This can also go under community, as we are providing walking maps to Goshen to use as an on-site resource)</p> <p>Community Wellness lesson with 4 cooking demos on fast, easy and healthy items you can make. ACC students demonstrated French Toast in a mug, Ms. Holloway's son demonstrated how to food prep for the week, a BHS parent demonstrated how to make overnight oats and Rasa Juice Shop demonstrated how to make a healthy vegetable packed juice/smoothie.</p>	
Centered of Applied Technology – North	<p>Yoga 1st & 3rd Wednesday of the month</p> <p>Mindfulness 2nd and 4th Wednesday of the month</p>	<p>AHP Students are participating in mindfulness daily</p> <p>School Counseling is providing push in mindfulness lessons for students</p>	N/A
Chesapeake	Welcome Back to Building Celebrations	Mindful Breathing	1.Mindful Moments

	<ul style="list-style-type: none"> • Hot Chocolate Bar • Donuts • All that and a Bag of Chips • Lemons to Lemonade 	<p>Stretching</p> <p>Daily Walks in some classes</p>	<p>2. Letting Go of Negative Thoughts</p> <p>3. Evoking Change</p> <p>4. Decision Making Strategies</p>
<p>Crofton</p>	<p>Wellness Committee meets once per month</p> <p>Self-Care options for professional development for all staff scheduled for 3/17, including:</p> <ul style="list-style-type: none"> • Team Trivia • Reflective Journaling for an Effective Future • Stamped Book Study Facilitators Debrief • Quick Meals for Parents on the Go <p>Additional staff wellness/self-care options being planned for 3/31 PD.</p> <p>Currently considering offering yoga and other wellness activities during after school hours for staff and students.</p> <p>Book study event for staff and students has begun (Stamped by Reynolds and Kendi) with our Anti-Racism Workgroup to support social health and wellbeing. Book study will take place throughout the month of March.</p>	<p>Student Wellness block with lessons on Mondays</p> <p>Mindfulness/Stress Relief/Calm strategies on each school counselors Bitmoji classroom</p> <p>Crofton Conversations Podcasts by School Counseling Department. Shared on Google Classrooms and by Connect-Ed message, Friday Cardinal Call messages, Twitter. Students and families can also submit topics for future consideration.</p> <p>School counselors are also hosting Wellness Wednesdays Workshops focused on academic skills and Welcome All Wednesdays (formerly Free Play Friday) during FLEX Time on to help provide social experiences for students, both new to the community and for existing Crofton area students. School counseling supports advertised and promoted with staff at 3/17 PD.</p> <p>Wellness-related student clubs/activities – Basketball Club, Coking Club, Dance Club, Football Club, Students Against Destructive Decisions, Soccer Club, Wellness Club, Yoga Club</p> <p>Currently considering offering yoga and other wellness activities during</p>	<p>Cluster-wide book study to support community social health and wellbeing (Arundel, Crofton, and South River school communities) during the month of March. All three feeders actively planning with community partners.</p>

		<p>after school hours for staff and students.</p> <p>Book study event on Stamped during the month of March</p> <p>3/17 Professional Development also is focused on ways in which staff can work in Wellness into their instruction:</p> <ul style="list-style-type: none"> • Wellness Bingo in Signature – Staff Highlight: Emma Progar • Ms. Progar will share the lesson, why she offered it to her students, and student impact/engagement. 	
Glen Burnie	<p>February:</p> <p>Monthly Wellness newsletters to staff. Click here to view February’s issue</p> <p>March:</p> <p>Monthly Wellness newsletters to staff. Click here to view March’s issue</p>	<p>February and March:</p> <p>11/24 we started “Together Tuesday”. Together Tuesday is our take on Wellness Wednesday. There are 8 offerings for students to attend during club time that helps support their wellness. Our most attended session is financial management. Click here to view our Together Tuesday Choice Board. To Help advertise for Together Tuesday we created a commercial for our morning announcements to help build awareness. Click Here to view commercial</p>	<p>February and March:</p> <p>We had 3 more community wellness lessons planned by our PBL 3 class. However with the county moving to county created community wellness lessons on Wednesday we are unable to use these lessons.</p>
Old Mill	<p>March Madness Wellness Bracket</p> <p>Monday Morning Messages</p> <p>Biggest Loser Competition (cont.)</p> <p>Coffee with Mikeska</p>	<p>Student Star PRIDE Awards</p> <p>Planning and Implementation of ELC (student equity team=Equity Leadership Council)</p> <p>Teen Talk (SGA)</p>	<p>Parent Conferences</p> <p>Weekly Patriot Post</p> <p>Coffee with Mikeska</p> <p>Additional Grab and Go event in Community (grab school supplies)</p>

	<p>Welcome Back goodies and treats packages</p> <p>Welcome Back Blanket, Tea/Coffee/Hot Cocoa Gratitude Gift</p> <p>PRIDE Celebrations</p>	<p>Various clubs</p> <p>Morning Announcements</p>	<p>from counselors stations out in community)</p>
Phoenix Academy	<p>Weekly lunch chew and chat</p> <p>Staff Community building circles</p> <p>Mindfulness activities once a week</p> <p>Encourage self-care</p> <p>Opened a virtual staff lounge where staff can post jokes, music that picks them up, concerns, etc..</p>	N/A	<p>Participation in Annapolis Workforce Committee (designed to address community concerns)</p>
Severna Park	<p>Social/Wellness Committee doing a "Step Challenge" for faculty/staff to participate in during March to increase health and wellness; counting walking steps each day.</p>	<p>Advisory lessons during Student Wellness class time focused on mental health.</p>	N/A
South River	<p>Wellness Committee Social Hour (March 17th)</p> <p>Bingo Night Social Hour (March 25th)</p>	<p>Morning Announcements: Birthdays each week</p> <p>Wounded Warrior Club: Recruitment, Slideshow of Veterans/Warriors celebrated for student body to view</p> <p>Constructing Fabric Face Masks for South River High School/Hybrid Schedule *Office to have extra on hand in event a mask is needed in building</p> <p>Students creating UNESCO world heritage sites to share with students, probably in April.</p>	<p>Hero Squad: Leukemia and Lymphoma Fundraiser (\$2500+ raised)</p> <p>Harvest for the Hungry - Maryland Food Bank (extending into April): Two Draw Nites, led by one of our students, and a T-shirt fundraiser</p> <p>Connect Rwanda: Coffee fundraiser to raise funds for sister school in Kigali</p> <p>Bello Machre: Providing filled easter eggs for at-home (due to Covid) Easter Egg hunts for families with</p>

		<p>New R&R Website created for in-school breaks- SRHS-FLIX</p> <p>SADD conducting opioid lesson to show during Community Wellness</p>	<p>children with developmental disabilities</p> <p>Friends, Family and Finance Night (Mar 11)</p> <p>Constructed Pandemic Face Masks, Donated: Baltimore Washington Medical Center</p>
Southern	<p>Wellness and Mindful Moments during Professional Growth</p> <p>Acts of Kindness Month</p>	Recognition for PBIS	N/A



onelove

Anne Arundel Runs for Love

April 24 - May 1
Virtual 5K

Proceeds benefit the One Love
Foundation and YWCA of Annapolis
and Anne Arundel County



YWCA
IS ON A
MISSION



RUN DETAILS

5K - Yards for Yearlings
1 Mile Fun Run/Walk - Legs of Love



ORGANIZER

One Love Club at Annapolis
and Arundel High Schools

Registration Link:

[https://www.raceplanner.com/
RegistrationInfo/Event/2021-
annearundel-runs-for-love](https://www.raceplanner.com/RegistrationInfo/Event/2021-annearundel-runs-for-love)



Policy Component: Nutrition Environment & Services

Nutrition Environment & Services Subcommittee Goals and Activities

Goal #1 Increase the variety and consistency of food offerings for students with modified texture diets

Activities:

- 1.1 Collaborate with the SMART team to identify students with special dietary needs
- 1.2 Review bid approved food and beverages to categorize items based on textures and ability to modify
- 1.3 Develop menus specific to each food texture modification
- 1.4 Train staff on menus, appropriate preparation, and operations

Goal #2 Increase the variety and consistency of food offerings for students with allergies

Activities:

- 2.1 Collaborate with IT to develop a Student Alert Report that identifies hybrid learners and their specific allergies
- 2.2 Collaborate with School Nurses to review and update allergy alerts in One Source
- 2.3 Develop menus specific to common allergens
- 2.4 Train staff on menus, appropriate preparation, and operation