

Wellness Council Meeting Minutes
Tuesday, March 12, 2024
Anne Arundel County Public Schools
AACPS Board Room

Attendees:

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| Christiana Walsh | Monique Jackson | Adam Zetwick |
| Haydee Traver | Amy Baker | Carrie Foye |
| Cynthia Smith | Jo Ann Escobosa | Jocelyn Potts |
| Lisa Pitt | Melanie Parker | Rachel Kennelly |
| Ryan Voegtlin | Shirlette Boysaw | Shirley Jackson-Avery |
| Stacey Pellegrin | Tracey Ahern | Vicky Cosby |
| Kelly Koorey | Eric Lin | |
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| Welcome, Introductions | Ms. Monique Jackson |
| Review Agenda | Ms. Christiana Walsh |



Updates:

School Wellness Highlights

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| High School Highlights | Ms. Rachel Kennelly |
| Middle School Highlights | Mr. Adam Zetwick |
| Elementary Highlights | Ms. Alexis McKay |
| Developmental Centers Highlights | Ms. Jayne Hudson |
| Early Education Center Highlights | Ms. Shirlette Boysaw |

- Ferndale Early Education Center
 - Ferndale – Wellness Wednesday – 1st of the month
- West Meade Early Education Center
- Carrie Weedon Early Education Center
 - Attendance Heros of the Month - Attendance is continuing to improve at Carrie Weedon. Being intentional about having conversation with parents about attendance.

Council Announcements

Council Members

- AACPS Employee Wellness challenge, “Go for Gold” will be starting April – Fitness Challenge
- Employee Wellness Page – [Wellness Wednesday Webinars](#) – First Wednesday for each month.
 - April 3, 2024 – Financial Health = Wealth
 - May 1, 2024 – Mental Health Starts with you.
 - June 5, 2024 – Tools for Men’s Health.
- CareFirst Challenge - [Rest and Restore Challenge](#)
- Community Events - 5/27 Food trucks – Flyers will be coming out from Riveria Beach Elementary School.
- Facilities – March Madness Events with foods that are round. National Meatball Day.
- Environmental Literacy - International Leadership Academy -Parent community project at Arlington Echo – Volunteering in AACPS – Building Community
- 3/26 - Family Advocacy Agency Committee – Meet quarterly to provide military families support and resources to meet their needs.
- Yes! Symposium – Youth Empowerment Symposium on 5/28
- [Health To Go Vending Machines](#) - The Anne Arundel County Department of Health installed vending machines stocked with the lifesaving drug naloxone in areas where there are higher instances of opioid overdoses, making naloxone available and free of charge will hopefully help prevent overdoses.

Professional Development

Ms. Jodi Risse & Ms. Christiana Walsh

Board Presentation

- The Wellness Council was given the opportunity to provide feedback on the upcoming April Board Presentation.
- Triannual assessment analysis has not yet been shared with AACPS
- Opened the floor to feedback from the groups.
- The work of wellness is the foundation for the students, staff, and our communities.
- Separated into groups of 4 to get feedback from the groups. What do you want to see or what is not needed?
 - 1 Group – Share what we should see more of and less of what we do not need to see.
 - 2 Group – What are measurable results of wellness?
 - Monique Jackson - What are some of the quantitative data we can collect? Christiana Walsh – Reviewing the scoreboard to produce some data.
 - 3 Group – Wanted to see Ruth Easton presentation video showing highlights, testimonial from staff and students on how wellness in the district has impacted them. Also, videos on how this has impacted staff members.
 - 4 Group – Include videos of students, pictures to view the impact and highlighting past events. Allow photos and videos to drive the presentation.
 - Idea – Use the wheel to show the component to show a framework.
 - Consider adding student voice with a student representative at the board meeting

Brain Boost

Ms. Jennifer Lombardi & Ms. Cynthia Bischoff

[Family Engagement](#)

[Family Academy Flyer](#)

[Family Academy Spanish Flyer](#)

[Wellness Goals Spring 2024](#)

[Policy – KH Parent Involvement](#)

[Regulation – KH RA Parent Involvement](#)

Subcommittee Updates

Ms. Alba Morales & Ms. Jocelyn Potts

Community Involvement

- Website Feedback on Community Involvement – Student friendliness – How students use social media to reach students.
- Feedback on Professional Development Opportunities for AACPS Staff - More user friendly so staff can get to where they want to go.
- Families – Link to the family engagement site.
- Community – Highlight events that engage the community.
- FAQ – Is the focus community involvement or equity involvement? What is the focus?
 - Equity through community engagement. How are we partnering with the community to ensure students and families are receiving resources?
 - Ideas to add to the page were shared.

Feedback/Next Steps

Council Members

CLOSE

Next Meeting: Tuesday, April 17, 2024
Teams Meeting
2:00-4:00 p.m.