

Policy Component: Counseling, Psychological & Social Services

Counseling, Psychological & Social Services Subcommittee Goals and Activities

Goal #1 Increase parent, staff and student awareness of mental health services and supports offered in AACPS

Activities:

- 1.1 Provide a listing of mental health services and supports presently offered in AACPS and Anne Arundel County on AACPS.org and Brightspace
- 1.2 Collaborate with community mental health providers to raise awareness about common mental health conditions affecting adolescents and teens.
- 1.3 Inform stakeholders about specific activities that student services personnel deliver in schools to support student mental health and wellness.

GOAL #1- Increase parent, staff and student awareness of mental health services and supports offered in AACPS

Activity 1.1 – Provide a listing of mental health services and supports presently offered in AACPS and Anne Arundel County on AACPS.org and Brightspace			In place by	Responsibility
			6/2022	SS
Steps	Expected Outcomes	Monitoring		
<ol style="list-style-type: none"> 1. Update information about available mental health providers and immediate crisis resources to share on AACPS.org and Brightspace 2. Post event information related to mental health on AACPS.org and Brightspace for parents, students, and community members 	<ul style="list-style-type: none"> • Students, staff and parents will be able to access mental health information and resources on the Intranet/Internet and Brightspace, when needed 	<ul style="list-style-type: none"> • Resources for available mental health providers posted and regularly updated 		
Activity 1.2 - Collaborate with community mental health providers to raise awareness about common mental health conditions affecting adolescents and teens.			In place by	Responsibility
			6/2022	SS
Steps	Expected Outcomes	Monitoring		
<ol style="list-style-type: none"> 1. Collaborate with outside agencies on student and family presentations to raise awareness 3x per year. 2. Collaborate with outside agencies to provide training/professional development to Student Services personnel 3x per year 3. Collaborate with outside agencies to develop topics to be addressed in student wellness and advisory. 	<ul style="list-style-type: none"> • Collaboration between AACPS and community mental health agencies will decrease the stigma around mental health discussions. 	<ul style="list-style-type: none"> • Number of activities held per year • Number of participants • wellness and advisory topics presented 		



Activity 1.3 -- Inform stakeholders about specific activities that student services personnel deliver in schools to support student mental health		In place by	Responsibility
		On-going	SS
Steps	Expected Outcomes	Monitoring	
<ol style="list-style-type: none"> 1. Student Services Leadership develops presentation geared to different stakeholder groups to provide information about mental health services provided in the schools. 2. Presentation shared with student services staff assigned to schools to use in discussing their roles in mental health services provided to students and families. 	<ul style="list-style-type: none"> • Students, staff and parents will understand how student services personnel deliver mental health services in schools in order to more effectively access mental health supports when needed. 	<ul style="list-style-type: none"> • Presentation provided to student services staff and delivered to various audiences . 	

