

Employee Wellness Subcommittee Goals and Activities

Goal #1

Promote wellness activities to all staff through AACPS Benefits Office.

Activities:

- 1.1 Develop a robust Employee Wellness resource page (online)
- 1.2 Promote annual Spring Wellness Health Fair (sponsored by AACPS and Anne Arundel Co. Wellness Consortium)

GOAL #1 - Promote wellness activities to all staff through AACPS Benefits Office.

Activity 1.1 – Develop robust Employee Wellness resources		In place by	Responsibility
		June 15, 2019	Office of Benefits
Steps	Expected Outcomes	Monitoring	
<ol style="list-style-type: none"> 1. Post available wellness activities on Employee Wellness website. <i>Activities highlighted to include offerings through BHS and CareFirst partnerships (example: BHS and CF Wellness Catalogs)</i> 2. Overhaul Wellness Board and activities displayed (located in cafeteria) at Board of Education with. 3. Incorporate feedback received from Wellness Council into wellness toolkit to include tools, resources, and activities. 	<ul style="list-style-type: none"> • Increased awareness • Increased participation/usage • Improved coordination/streamline process to request such activities 	<ol style="list-style-type: none"> 1. Monitor interest by reviewing “hits” to our Employee Wellness website - https://www.aacps.org/Page/5413. To be monitored on quarterly basis. 2. Review vendor performance results/ utilization reports for BHS and CareFirst to measure success on quarterly basis 3. Conduct annual utilization and satisfaction survey to designated wellness champion for school (Principal unless otherwise noted). 	

Activity 1.2 – Promote annual Spring Wellness Health Fair		In place by	Responsibility
		January 15, 2019	Office of Benefits
Steps	Expected Outcomes	Monitoring	
1. Improve Communications – Announce/promote annual wellness fair through: <ol style="list-style-type: none"> a. AACPS website b. External partnerships – AARSPA, Unions, AACPS benefits/wellness vendors c. Email blasts to all AACPS employees 	<ul style="list-style-type: none"> • Increased awareness • Increased participation/attendance to annual wellness fair • Improved coordination with school wellness champion. 	<ol style="list-style-type: none"> 1. Monitor ongoing tracking of incoming requests (calls and emails to Office of Benefits) 2. Review “hits” to our wellness site 3. Survey wellness fair attendees to gage satisfaction (annually). 	