Wellness Council Meeting
TEAMS Meeting
September 21, 2021
2:00 - 4:00 p.m.

 Desired Outcomes:

 Share knowledge of new Wellness initiatives to all students, staff, parents, and community members within the group I represent
 Provide insight into how Staff Wellness, the Employee Assistance Program, and CareFirst work together to offer programs that will assist staff with achieving a healthier lifestyle
 Recognize the important role of each council member and actively participate in all meetings

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2:00 Welcome/Introductions Ms. Jackson
2:05 Review Agenda Ms. Risse

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Updates:

2:10 Wellness Council Debrief Wellness Council
    Highlights from Summer 2021
2:20 School Wellness Highlights Elementary, Middle & High Principals
2:30 Council Announcements Council Members
2:40 Professional Development Ms. Lofton/Ms. Cosby
    Employee Wellness
3:10 Brain Boost Ms. Falls/Ms. Grizio
3:15 Subcommittee Updates Ms. Risse/Ms. Walsh
    Schedule Review & Responsibilities
3:45 Feedback/Next Steps Council Members
4:00 Close

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Next Meeting: October 19, 2021, TEAMS, 2:00 to 4:00 p.m.
Wellness Council Meeting Minutes
September 21, 2021
Anne Arundel County Public Schools
Virtual Teams Meeting

Attendees:

<table>
<thead>
<tr>
<th>Adam Zetwick</th>
<th>Amy Baer</th>
<th>Amy Falls</th>
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<tbody>
<tr>
<td>Ann Heiser Buzzelli</td>
<td>Bunmi Omisore</td>
<td>Camryn Chehreh</td>
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<tr>
<td>Carol Laverdiere</td>
<td>Catherine Steen</td>
<td>Christopher Gordon</td>
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<td>Colleen Mallonee</td>
<td>Erin Hysom</td>
<td>Gaston Gamez</td>
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<td>Jennifer Lombardi</td>
<td>JoAnn Escobosa</td>
<td>Jodi Risse</td>
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<tr>
<td>Katara West</td>
<td>Kathryn Feuerherd</td>
<td>Kim Winterbottom</td>
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<tr>
<td>Lisa Seaman-Crawford</td>
<td>Maureen Grizio</td>
<td>Miesha Walker</td>
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<tr>
<td>Monique Jackson</td>
<td>Ryan Voegtlin</td>
<td>Sherry Cassilly</td>
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<td>Shirley Jackson-Avery</td>
<td>Stacy Pellegrin</td>
<td>Susan Chittim</td>
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<tr>
<td>Theresa Lofton</td>
<td>Vicky Cosby</td>
<td>Wendy Marshall</td>
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<tr>
<td>Michele Boone</td>
<td>Call In</td>
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Welcome, Introductions
- Welcome All, welcome Student Board Member, Bunmi Omisore
- Challenge vs Reward
  - Challenge for all of us to do the next right thing, be brave, cling to hope, do the right thing
  - Thank-you Mrs. Risse and Mrs. Walsh

Review Agenda
- On behalf of Mrs. Jackson, Mrs. Walsh, and myself, thank you for making a difference for our students and staff
- Remember to share this council’s information with your respective areas

Updates:

Wellness Council Debrief
- Mentimeter, Share a summer wellness highlight
  (Attachment 1)

School Wellness Highlights
- Elementary
  - Information to come
- Middle
  - Old Mill Middle North - Yoga breathing, Gong Meditation
  - Arundel - morning move and stretch, Grab N Go refreshments
  - Crofton - PTA – healthy snacks, rotation of teachers, walk, popsicle hotline during opening week – delivery of popsicle to teachers, rooms
- High
  - Shout out to all principals spending majority of day contact tracing
  - Annapolis Shines for Wellness
  - Arundel mental health break activities
  - Broadneck Team Building, Better Back Together

Council Announcements
- Harvest 4 the Hungry Kids Helping Kid begins October 1st [www.aacps.org/harvest](http://www.aacps.org/harvest)
Professional Development

- Employee Wellness - Steps To A Healthy Lifestyle
  (Attachment 3)
- Well Being Roadmap
  (Attachment 4)
- My BHS Portal
  - portal.bhsonline.com

Ms. Lofton/Ms. Cosby

Brain Boost

- A Little Bit Like Me
- How Do You Feel

Ms. Falls/Ms. Grizio

Subcommittee Updates

- Schedule Review & Responsibilities update to be distributed
  - Get materials in advance
  - Goals and Objectives updates, measurable outcomes
  - Update website on regular basis (Toolkit)
  - Results
- Scorecard
  - 100 % participation since we started
  - MSDE Scorecard staying the same
  - Feedback
    - Council was divided into break out groups to collaborate on feedback from last year’s score card visits. Comments were collected as we begin the implementation of the process for this school year.

Ms. Risse/Ms. Walsh

Feedback/Next Steps

- Welcome Camryn Chehreh, student member from Crofton High
- Cathy Steen – PD to develop own Wellness Plan
- October 1 – Harvest for the Hungry, Virtual
  (Attachment 5)
- Fall Family Involvement Conference – December
  - Focus on Stress for the Brain

Council Members

Next Meeting: October 19, 2021, TEAMS, 2:00 to 4:00 p.m.
### Share a summer wellness highlight

<table>
<thead>
<tr>
<th>Served free summer meals in schools and communities</th>
<th>beach and boating</th>
<th>Weekly social gathering with friends and colleagues to help support mental health :-)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp Success for McKinney-Vento Students (Homeless)</td>
<td>I'm a new Dance Mom! :-)</td>
<td>Camp Connect - Virtual SEL Lessons for the Summer</td>
</tr>
<tr>
<td>Staying active and participated in the HR fitness challenge</td>
<td>Tried new exercise classes - scary AND fun!</td>
<td>Biking and beach time. Get together with neighbors. Gardening</td>
</tr>
</tbody>
</table>

### Share a summer wellness highlight

<table>
<thead>
<tr>
<th>Hiked in Asheville, NC</th>
<th>Changed my eating and exercise habits to lose over 20lbs.</th>
<th>Fun with Brooklyn Park Farmers Market Partners!</th>
</tr>
</thead>
<tbody>
<tr>
<td>Took Fridays off</td>
<td>Boating, beach, basketball, and family walks</td>
<td>Walks around Lake Artemesia.</td>
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<tr>
<td>Beach and time with family</td>
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<tr>
<td>School Name</td>
<td>Staff Wellness Activities</td>
<td>Student Wellness Activities</td>
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<tr>
<td>Annapolis</td>
<td>August:</td>
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<td></td>
<td>- Teacher Work Week: Meditation and Yoga Classes and Grab and Go Station for Calm Corner (sensory corners) set up in classrooms.</td>
<td>August:</td>
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<td></td>
<td>- Weekly Positive Affirmation Emails</td>
<td>- Classroom push ins to teach wellness strategies</td>
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<td>September:</td>
<td>- Interactive Self-care wheel</td>
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<td></td>
<td>- Interactive Self-care wheel</td>
<td>- Trauma Informed Yoga Groups with Children's Guild therapists and school counselors</td>
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<td>- Wellness Club</td>
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<td>September Theme:</td>
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<td>Annapolis Shines for</td>
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<td></td>
<td>Wellness (how do you</td>
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<td></td>
<td>shine for wellness)</td>
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<tr>
<td>Arundel</td>
<td>• Staff Mental Health</td>
<td>• 9th grade – pep rally and</td>
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<td>Break Activities:</td>
<td>ice cream social</td>
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<tr>
<td></td>
<td>o Yoga</td>
<td>• Many classes have been</td>
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<td></td>
<td>o Art Therapy</td>
<td>doing walk and talks to</td>
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<td></td>
<td>o Cookie Making</td>
<td>get outside and get to each</td>
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<td></td>
<td>o Mindful Meditation</td>
<td>other</td>
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<td></td>
<td>• Embracing the Noise PD</td>
<td>• Students are encouraged</td>
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<td></td>
<td>session – got teachers</td>
<td>to join clubs during pride</td>
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<td></td>
<td>session – got teachers</td>
<td>• Community wellness</td>
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<td></td>
<td>session – got teachers</td>
<td>activities on courage,</td>
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<td></td>
<td>session – got teachers</td>
<td>integrity, reflection,</td>
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<td>session – got teachers</td>
<td>ownership</td>
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<td></td>
<td>session – got teachers</td>
<td>• Weekly Yoga and Walking</td>
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<td>session – got teachers</td>
<td>club for students and Staff</td>
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<td></td>
<td>session – got teachers</td>
<td>held during pride period</td>
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<td></td>
<td>session – got teachers</td>
<td>• Teachers organizing</td>
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<td></td>
<td>session – got teachers</td>
<td>walking clubs during off</td>
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<td></td>
<td>session – got teachers</td>
<td>periods</td>
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<td></td>
<td>session – got teachers</td>
<td>• Held Community Open house</td>
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<td></td>
<td>session – got teachers</td>
<td>for parents and students to</td>
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<td></td>
<td>session – got teachers</td>
<td>walk the halls in evening,</td>
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<tr>
<td></td>
<td>session – got teachers</td>
<td>join clubs, and meet staff</td>
</tr>
<tr>
<td></td>
<td>session – got teachers</td>
<td>members before the school</td>
</tr>
<tr>
<td></td>
<td>session – got teachers</td>
<td>year began</td>
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<tr>
<td>Location</td>
<td>Events/Activities</td>
<td>Notes</td>
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<tr>
<td><strong>Weekly Yoga and Walking club for students and Staff held during pride period</strong></td>
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<td><strong>Broadneck Monthly Wellness Theme for Sept: #BruinsBetterBack Together</strong></td>
<td>Goshen Farm PD on recycling - staff completed stretching warm up in courtyard and then had the option to walk to the farm.</td>
<td>9th grade day - team building activity outside at 2 locations 1st 2 days of school - building relational capacity with students every period with lessons on our school, clubs, wellness etc.</td>
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<tr>
<td><strong>Centered of Applied Technology – North</strong></td>
<td>Staff community circles Meditation mornings with staff Walking Wellness Staff Health and Wellness Committee Created to support students and staff</td>
<td>Student community circles Mindfulness using Calm.com</td>
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<tr>
<td><strong>Crofton</strong></td>
<td>Professional Development during Opening Activities for Staff: 8/26: 6-minute Mindful Moment Meditation (Shared in Google Drive) Shelby Walker Video 8/31: 5-minute Positive Affirmation Meditation Danielle Crankfield Audio Clip/Video 8/31: Restorative Yoga 2:30-3:00 Description: Give yourself the gift of 30 minutes to restore and relax before the school year begins. You can expect a 30-minute beginner seated and laying yoga sequence that focuses on stretching, relaxation, and breath work. Join Shelby in her classroom with a yoga mat or towel and some water!</td>
<td>Outdoor classroom open to students during Red/Black Block (midday choice) A variety of clubs open to students during the school day, for a total of 71 clubs. Clubs specific to student wellness include: - Dance - Fishing Club - Walking - Meditation and Mindfulness - Yoga Club - Book Club - Green Team Opportunities that promote inclusion: - Best Buddies - Equity Leadership Council - Stamped Club - Young Females Group</td>
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<tr>
<td>School</td>
<td>Activity</td>
<td>Location</td>
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<td><strong>Mary Moss @ J. Albert Adams</strong></td>
<td>9/1: Andy Little leads live Fast-Trivia</td>
<td>• Gender Sexuality Alliance</td>
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<td>Team building game- Pictionary or breakout room</td>
<td>Yoga</td>
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<td>Nature walk around campus (Zoras Adams Park ecocenter)</td>
<td>Basketball during break time.</td>
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<td>Get together for lunch. (we can all chip in to order food)</td>
<td>Music Studio create your own.</td>
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<td>Meet the seniors, students visit with senior center visitor.</td>
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<td><strong>Old Mill</strong></td>
<td>Staff Breakfast</td>
<td>Chalked sidewalks for 1st day greeting by Athletics</td>
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<td>Staff Lunch</td>
<td>Welcome banners</td>
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<td>Kickball</td>
<td>Community circles in advisories</td>
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<td>Welcome Sign-making</td>
<td>Welcome band</td>
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<td>Advisory lesson on student support services</td>
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<td>Photo Booth @ B2SN</td>
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<td>BTSN</td>
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<td>Connection/Engagement survey for SIP</td>
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<td><strong>Severna Park</strong></td>
<td>PD on Community Circles on Sept 2</td>
<td>Student Wellness Advisory lessons on Mondays and Fridays in Sept</td>
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<td>Connect Ed emails to students and parents regarding ways to self help for Wellness</td>
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<td><strong>South River</strong></td>
<td>Aug Opening week - Cornhole, coloring, board games for teachers to de-stress</td>
<td>9/8 - Club fair to start engaging students in service and fun clubs</td>
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<td>9/15 - Catered staff get-together to celebrate start of new year</td>
<td>On-going - birthday announcements of all students on monitors through school</td>
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<td>On-going - positive morning song over the PA system as requested by teachers</td>
<td>On-going Wednesdays - walking wellness, allowing students to exit the building for a walk around the campus</td>
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<td>Community Citizenship - students learn to use meditation techniques</td>
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<td>Sept - incentive program for joining PTSO</td>
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<td>9/13 - WINNER - Fuel Up to Play 60 Flag Football Program - applied and won over $400 worth equipment to use during school year</td>
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<td>9/17- Hunger Action Day Promotion, wear orange and tag on social media ($5 = 15 meals for every tag)</td>
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STEPS TO A HEALTHY LIFESTYLE

Presented by, AACPS Office of Benefits
WHAT IS A HEALTHY LIFESTYLE?

A way of living that helps to avoid illness and improve your quality of life

Healthy living to most people means both physical and mental health are in balance.”

Medicinenet.com
HEALTHY HABITS FOR A HEALTHY LIFESTYLE
HEALTHY DIET

- Fresh fruit- 1-2 cups
- Fresh vegetables- 1-3 cups
- Whole grains- 3-8 oz
- Dairy- 2-3 cups
- Lean protein- 2-6 ½ oz

- www.myplate.gov
PHYSICAL ACTIVITY

• Moderate to vigorous activity
  • 4-5 times per week
  • 30 – 40 minutes
DON’T SMOKE – QUIT NOW OR SET A DATE TO QUIT

• Health Effects of Smoking
  • Lung Cancer
  • Oral Cancer
  • COPD (chronic obstructive pulmonary disease)
  • High Blood Pressure
  • Blood Clots
  • Stroke

• Quitting Now
  • Reduces Health Problems
  • Lowers Blood Pressure
  • Improves Circulation

YOU CAN QUIT SMOKING!
MENTAL HEALTH/OTHER HEALTHY HABITS

• Good night’s rest
• Have fun
• Laugh out loud several times per day
• Meditate (10-20 minutes per day)
• Positive attitude
• Try something new
• Have a meal with family
• Brush and floss daily

Reference: WebMD and medicinenet.com
HEALTHY ACTIVITIES FOR AACPS EMPLOYEES

Meditation
7:45 a.m. and 11:30 a.m.

Virtual YOGA
Every Thursday 4:30 p.m.

Virtual Bootcamp
Every Tuesday 5:00 p.m.
ANNUAL SPRING HEALTH FAIR

• Themes
  • Healthy Pregnancy
  • Diabetes
  • Love Your Heart
  • Total Wellness #mindbodyandspirit

• Why Health Fair?
  • Provides wellness education and resources to AACPS employees
  • Fair themes are identified per AACPS medical claims experience
WELLNESS CHALLENGES

• Spring 2019: Slam Dunk
• Fall 2019: Health for the Holidays
• Spring 2020: Work of Art
• Fall 2020: Walktober
• Spring 2021: Spring Into Motion
AACPS WELLNESS PARTNERS
WELL-BEING ROADMAP

- Healthy Lifestyle Changes
- Career Well-Being
- Chronic Disease Management
- Emotional Well-Being
- Financial and Legal Well-Being
- Relationship and Caregiving Responsibilities
Healthy Lifestyle Changes

- Tobacco Cessation
  - BHS Coach

- Health Awareness Information
  - CF Lifestyle Coach

- Finding online health tools
  - CF Lifestyle Coach

- Healthy Eating
  - BHS Coach

- Physical Activity
  - BHS Coach

- Improving Sleep
  - BHS Coach

- Practicing Mindfulness
  - BHS Coach

- Weight Management
  - BHS Coach
Chronic Disease Management

- Diabetes
  - CareFirst RN
- Asthma
  - CareFirst RN
- Coronary Artery Disease
  - CareFirst RN
- Congestive Heart Failure
  - CareFirst RN
- COPD
  - CareFirst RN
- Chronic Low Back Pain
  - CareFirst RN
- Osteoarthritis
  - CareFirst RN
- Atrial Fibrillation
  - CareFirst RN
- Irritable Bowel Syndrome (IBS)
  - CareFirst RN
- Fibromyalgia
  - CareFirst RN
Emotional Well-Being

- Depression/ Anxiety/ Stress
  - EAP
- Grief/ Loss
  - EAP
- Major Life Changes
  - EAP
- Substance Use/ Abuse
  - EAP or CareFirst Assist
- Suicidal Thoughts
  - EAP
- Traumatic Events in the News
  - EAP
- Intake, Appt., Assessment Line
  - CareFirst
Financial and Legal Well-Being

Legal Consultations
EAP

Financial Consultations
EAP

Financial Goal Setting
BHS Coach

Financial Well-Being
Program: Dave Ramsey (CareFirst)
Relationships and Caregiving Responsibilities

- Childcare Referrals
  - EAP
- Eldercare Referrals
  - EAP
- Caregiving/ Sandwich Generation
  - EAP
- Marriage/ Divorce
  - EAP
- Online Childcare and Eldercare Locators
  - MyBHS Portal
- Postpartum/ Parenting
  - EAP
WHO DO YOU CALL?

BHS Well Being Coaching
800-327-2251
coach@bhsonline.com

CareFirst Disease Management Coaching
877-260-3235 option 7

Financial Well-Being
www.carefirst.com/sharecare

Intake, Appointment, and Assessment Line
800-245-7013
Access to a registered nurse and mental health specialist
• M-F 8 AM – 6 PM
EAP FUN FACTS

- How participants learned about EAP
  - 42% previously used services
  - 31% word of mouth

- Service Access
  - 80% - phone
  - 13% - online request form
  - 1% - Live chat

- Session Mode
  - 74% - video
  - 24% - telephone

- Percentage of Sessions Completed
  - 48% - 6 sessions
  - 14% - 4 sessions
WHO DO YOU CALL?

• Employee Assistance Program (EAP)
  • 800-327-2251
  • Available 24/7
• MyBHS Portal
  • Portal.bhsonline.com (username AACPS)
  • Articles, newsletters, blogs, health tips, videos
• CareFirst Video Visit
  • Carefirstvideovisit.com
  • Treatment 24/7
  • Register today!
Well-Being Resource Roadmap: Who Do You Call?

AACPS partners with BHS and CareFirst to help support you on your journey to becoming your best self. Do any of the below well-being topics resonate with you? What would you like to work on? You can take the first step by reaching out or be sure to review more detailed information on how to access the services on page 2.

*Available to those enrolled in AACPS’ medical plan.

BHS adheres to all federal and state privacy laws and holds participant information in the strictest of confidence. A participant’s private health care information will be kept confidential at all times. Information about a client’s problem cannot be released without the written permission of that individual.
Service Descriptions and How to Get Connected:

BHS Well-Being Coaching – 800-327-2251 (coach@bhsonline.com) schedule online: https://bhsonline.as.me/Coach
Available Monday through Friday during normal business hours (EST)

- You will be connected with a coach who specializes in an area designed to help you meet your goals.
- Coaching sessions usually last 20–30 minutes.
- A coach will work with you to create a personalized action plan in a judgment-free environment.
- Your coach will work with you to establish a schedule for ongoing contact.
- You and your coach will evaluate your goals and decide what you will work on before your next session.

CareFirst Lifestyle and Disease Management Coaching – 877-260-3253 and press option 7
A registered nurse (RN) who is a Disease Management Coach may reach out to you directly or you can follow up!

- Support from a trained and licensed registered nurse.
- Helps you understand any chronic conditions you may be living with and how you can help better understand your treatment and medications, as well as symptoms.
- If you’d like to reach out to a CareFirst Disease Management Coach, call 877-260-3253 and press option 7

Dave Ramsey Financial Well-Being
Access the program by going to www.carefirst.com/sharecare and logging in with your My Account credentials.

- Comprehensive online learning program that shows you how to take small steps toward big improvements in your financial situation.
- Self-guided, so you can go at your own pace. Most people complete the course in 12 weeks. Because each lesson builds on the next, it is best to go in order.
- Topics covered: emergency funds, getting out of debt, teaching your children good money habits, best way to finance a car or home, what insurance you should have, and retirement savings.

Intake, Appointment, and Assessment Line – 800-245-7013
Access to a registered nurse and mental health specialist is M-F 8 AM – 6 PM

- Get support from mental health specialist who will help assess clinical needs and assist in navigating the appropriate services and with scheduling an appointment with health professionals in your network.
- Typically used for services such as substance use treatment and specialized long-term mental health support.

Employee Assistance Program (EAP) – 800-327-2251
Available 24/7 to employees and household members

- Your EAP provides you with resources to help you with personal or professional issues that may be interfering with your work or family responsibilities.
- You will be connected with a Care Coordinator, who is a Master’s Level Clinician.
- The Care Coordinator will assess your needs, screen for emergencies and provide you with in-the-moment support.
- The Care Coordinator will work with you to create a plan for support and resolution.
- Counseling sessions can be in-person, telephonically or via HIPPA compliant video.

MyBHS Portal – portal.bhsonline.com (username: AACPS)
Contains information about your Assistance and Wellness Programs as well as a variety of resources, including articles, newsletters, blogs, news, health tips and more, all aimed to help improve overall well-being.

- Access the Resource Library for childcare and eldercare locators, legal and financial forms, online assessments and trainings, health and well-being information and more.

CareFirst Video Visit – visit carefirstvideovisit.com or download the CareFirst Video Visit app from the appstore
Get treatment 24/7 for common health issues. Register today!

- The cost for Video Visit varies based on your benefits, but is never more than your regular copay. Your specific cost will be shown to your before your visit begins.
- Use Video Visit when you’re facing uncomplicated, non-emergency issues such as allergies, a sinus infection, a cold or the flu and more.
- Video Visit doctors will provide you a consultation, diagnosis and even prescriptions (when available and appropriate). They are all U.S. board-certified, licensed and credentialed medical professionals.
2021 Harvest for the Hungry

Give Where You Live

October 1st – November 23rd

Together we can unite to fight hunger in Anne Arundel County!

#AllMeansAll #WeAreBetterTogether

- Food insecurity impacts a child’s ability to learn
- Every dollar collected is equivalent to 8 pounds of food
- COVID-19 increased the number of needy families in our community
- 1 in 8 families in Anne Arundel County struggle with food insecurity

Your monetary donation will make a difference for families throughout our schools & community. To donate go to: www.aacps.org/harvest

Proceeds benefit the Anne Arundel County Food Bank
2021
Cosecha para el Hambre
Dar Donde Usted Vive

1 de octubre - 23 de noviembre
¡Juntos podemos unirnos para luchar contra el hambre en el Condado de Anne Arundel!
#TodosSignificaTodos  #JuntosEstamosMejor

- Cada dólar recaudado equivale a 8 libras de alimentos
- La inseguridad alimentaria afecta la capacidad de un niño para aprender
- COVID-19 aumentó el número de familias necesitadas en nuestra comunidad
- 1 de cada 8 familias en el Condado de Anne Arundel pasan dificultades con la inseguridad alimentaria

Su donación monetaria marcará la diferencia para las familias en todas nuestras escuelas y comunidades. Para donar vayan a: www.aacps.org/harvest
Los ingresos benefician al Banco de Alimentos del Condado de Anne Arundel
Your dollars in action!
Money you raise helps the Backpack Buddies Program

About the Backpack Buddies Program: During the school year, each weekend and on holidays, a bag full of nutritious food is given to students receiving Free and Reduced Meals throughout Anne Arundel County Public School District. Each bag contains four meals and snacks that fit perfectly into the child’s backpack.

$19
Supports one student in the Backpack Buddies Program

$95
Supports five students in the Backpack Buddies Program

$190
Supports 10 students in the Backpack Buddies Program

This coming school year, Anne Arundel County Food Bank expects to serve 14,000 children.

How to make a donation:
By Check:
Please make your check payable to the 21st Century Education Foundation and enter “Harvest for the Hungry” on the memo line.

Send your check to:
Anne Arundel County Public Schools
Department of Partnerships
Development & Marketing
2644 Riva Road
Annapolis, MD 21401

Online Donation through 21st Century Foundation:
https://bit.ly/3C1bNEM
2021 Harvest for the Hungry
Funds for Food Drive
Participation Form

Name of School: ____________________________________________________________

Principal’s Name: ___________________________________ Principal’s E-mail: ________________________________

Harvest for the Hungry Coordinator’s Name: ____________________________

Coordinator E-mail: ______________________________________________________

School Phone: ___________________________ Coordinators Phone: ________________________

School Address: _____________________________________________________________

Please return this form to:

Anne Arundel County Food Bank
P.O. Box 650, Crownsville, MD 21032
Fax: 410-923-4256
E-mail: diona@aafoodbank.org

Thank you to all teachers, students, and school staff for helping make Harvest for the Hungry a success!

Intent to Participate is due September 23, 2021