Policy Component: Physical Education/Physical Activity

Physical Education/Physical Activity Subcommittee Goals and Activities

Goal #2 Schools will participate in regular professional development activities to effectively deliver PE and adapted PE instructional programs.

Activities:

2.1 Plan yearly high quality professional development to address current curricular instructional initiatives.
2.2 Provide quarterly professional development opportunities to build the capacity of all physical educators.
GOAL #2 - Schools will participate in regular professional development activities to effectively deliver PE and adapted PE instructional programs.

**Activity 2.1 - Plan yearly high quality professional development to address current curricular instructional initiatives in all physical education courses.**

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<tr>
<th>Steps</th>
<th>Expected Outcomes</th>
<th>In place by</th>
<th>Responsibility</th>
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| 1. Provide staff development on the most current nutrition and physical activity information. | • Improved staff knowledge of nutrition and physical activity information.  
• Improved quality of instruction for health education and nutrition.  
• Improved staff performance evaluations.  
• Yearly goals and expectations developed by teachers.  
• Improved instructional programs in PE using the revised “look-fors” | Yearly | HPED Office |
| 2. Partner with health education, special education, and food and nutrition offices to provide joint training. | | | |
| 3. Evaluate staff development needs.                                  | | | |
| 4. Provide additional staff development based on teacher and student needs. | | | |
| 5. Complete yearly review of goals and expectations based on teacher professional development. | | | |
| 6. Develop/Revise “Look-Fors” for instructional strategies that reflect professional development. | | | |

**Expected Outcomes**

- Improved staff knowledge of nutrition and physical activity information.
- Improved quality of instruction for health education and nutrition.
- Improved staff performance evaluations.
- Yearly goals and expectations developed by teachers.
- Improved instructional programs in PE using the revised “look-fors”

**Monitoring**

- Feedback from students, physical education teachers, department chairs and lead teachers.
- Professional development evaluations
- Planned professional development based on needs observed during visits by central office personnel.
- Yearly plans collected that reflect professional development initiatives
- Teacher observations of “look-fors” that reflect professional development.

**Activity 2.2 - Provide quarterly professional development opportunities to build the capacity of all physical educators.**

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</table>
| 1. Survey staff development needs.                                    | • Improved quality of instruction.  
• Improved staff performance evaluations.  
• Improved instructional programs in PE using the revised “look-fors” | Ongoing- quarterly | HPED Office |
| 2. Conduct student survey.                                            | | | |
| 3. Evaluate staff development needs.                                  | | | |
| 4. Plan quarterly staff development based on needs and initiatives.   | | | |
| 5. Provide additional staff development based on teacher and student needs. | | | |
| 6. Develop/Revise “Look-Fors” for instructional strategies that reflect professional development. | | | |

**Expected Outcomes**

- Improved quality of instruction.
- Improved staff performance evaluations.
- Improved instructional programs in PE using the revised “look-fors”

**Monitoring**

- Feedback from students, physical education teachers, department chairs and lead teachers.
- Professional development evaluations
- Planned professional development based on needs observed during visits by central office personnel.
- Yearly plans collected that reflect professional development initiatives
- Teacher observations of “look-fors” that reflect professional development.