**AGENDA**

Wellness Council Meeting  
Teams Meeting  
Tuesday, November 17, 2020  
2:00 - 4:00 p.m.

**Desired Outcomes:**
- Share knowledge of new Wellness initiatives to all students, staff, parents, and community members within the group I represent
- Recognize the components of the Student Nutrition Services Policy EB & Regulation EB-RA and participate in an analysis to include new legislation
- Demonstrate an alignment between Equity community partnerships and its support of the social determinants of health

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00</td>
<td>Welcome/Introductions</td>
<td>Ms. Jackson</td>
</tr>
<tr>
<td>2:05</td>
<td>Review Agenda</td>
<td>Ms. Walsh</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Updates:</td>
<td></td>
</tr>
<tr>
<td>2:10</td>
<td>Family Engagement - Debrief</td>
<td>Ms. Lombardi, Mr. Gamez</td>
</tr>
<tr>
<td>2:20</td>
<td>School Wellness Highlights</td>
<td>Elementary, Middle &amp; High Principals</td>
</tr>
<tr>
<td>2:30</td>
<td>Council Announcements</td>
<td>Council Members</td>
</tr>
<tr>
<td>2:40</td>
<td>Professional Development</td>
<td>Ms. Hysom, Ms. Mazcko</td>
</tr>
<tr>
<td>2:55</td>
<td>Policy &amp; Regulation</td>
<td>Ms. Jackson, Ms. Risse</td>
</tr>
<tr>
<td></td>
<td>- Student Nutrition Services – Whole School</td>
<td>Ms. Jackson-Avery, Mr. Voegtlin</td>
</tr>
<tr>
<td></td>
<td>- Policy EB</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Regulation EB-RA</td>
<td></td>
</tr>
<tr>
<td>3:10</td>
<td>Brain Boost</td>
<td>Ms. Jackson-Avery, Mr. Voegtlin</td>
</tr>
<tr>
<td></td>
<td>- Counseling Psychological &amp; Social Services</td>
<td>Social &amp; Emotional Climate</td>
</tr>
<tr>
<td>3:15</td>
<td>Subcommittee Updates</td>
<td>Ms. Walker, Ms. West</td>
</tr>
<tr>
<td>3:45</td>
<td>Feedback/Next Steps</td>
<td>Council Members</td>
</tr>
<tr>
<td>4:00</td>
<td>Close</td>
<td></td>
</tr>
</tbody>
</table>

**Next Meeting:** Tuesday, January 19, 2021 – Teams Meeting – 2:00-4:00
Wellness Council Meeting Minutes
November 17, 2020
Anne Arundel County Public Schools
Virtual Teams Meeting

Attendees:

<table>
<thead>
<tr>
<th>Adam Zetwick</th>
<th>Amy Baer</th>
<th>Amy Falls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ann Heiser Buzzelli</td>
<td>Barbara Balazek</td>
<td>Bernadette Martin</td>
</tr>
<tr>
<td>Carol Laverdiere</td>
<td>Chris Crabbns</td>
<td>Christiana Walsh</td>
</tr>
<tr>
<td>Christopher Gordon</td>
<td>Colleen Mallonee</td>
<td>Erin Hysom</td>
</tr>
<tr>
<td>Isaphine Smith</td>
<td>JoAnn Escobosa</td>
<td>Jodi Risse</td>
</tr>
<tr>
<td>John Ander</td>
<td>Katie Lewis</td>
<td>Katara West</td>
</tr>
<tr>
<td>Kelly Purnell</td>
<td>Kimberly Winterbottom</td>
<td>Kristen Bowser</td>
</tr>
<tr>
<td>Lisa Seaman-Crawford</td>
<td>Mary Kay Connerton</td>
<td>Maureen Grizio</td>
</tr>
<tr>
<td>Melanie Parker</td>
<td>Miesha Walker</td>
<td>Miriam Stanicic</td>
</tr>
<tr>
<td>Monique Jackson</td>
<td>Nelson Horine</td>
<td>Ryan Voegtlin</td>
</tr>
<tr>
<td>Sherry Cassilly</td>
<td>Shirley Jackson-Avery</td>
<td>Stacy Pellegrin</td>
</tr>
<tr>
<td>Stacey Mazcko</td>
<td>Stacey Smith</td>
<td>Susan Chittim</td>
</tr>
<tr>
<td>Vicky Cosby</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Welcome, Introductions
Ms. Jackson
- We are doing really great things virtually
- Take care of yourselves and your families
- Appreciate all of you
- Welcome Katie Lewis and Ms. Winterbottom

Review Agenda
Ms. Walsh

Updates:

Family Engagement – Debrief
Ms. Lombardi
- Rescheduled
Mr. Gamez

School Wellness Highlights
Elementary, Middle, High School Principals
- High Schools
  (attachment)
  • Annapolis - Virtual Coffee for employees to connect
  • Old Mill – Patriot Cookbook
  • South River - Bingo night for faculty
- Middle Schools
  (attachment)
  • Bates - Happy Teachers Website
  • Monarch Academy – Trivia Night, Turkey Trot 5k
  • Southern – Walktober Teams
- Elementary Schools
  (attachment)
  • Meade Heights - Walking Challenge
  • Tyler Heights - Bi-weekly Community Resource Fair
  • West Annapolis – PBIS Reward – Movement for students

Council Announcements
Council Members
- Self-Care PD will continue to be offered to employees by PGD
- Live yoga session, in January, led by Kristin Bowser
Sharing Foundation, community partner with families, in need of donations for virtual toy drive [www.thesharingfoundation.org](http://www.thesharingfoundation.org)

SHAPE Maryland Award to Mary Kay Connerton and Caitlin Keegun/David Kellett teachers of the year

- **Professional Development**
  - Nutrition Environment Services
    - Power Point – Serving Meals during COVID
      (attachment)
    - Recognize Executive Team support w/Dr. Arlotto
    - Thank you to FNS Staff members

- **Policy & Regulation EB, EB-RA**
  - Intention to include new State Legislation language in the policy
    - SB760 Public Schools – Student Meal Programs and Policies
    - Notifying parents/guardians of student’s unpaid meal debt or low meal account balance
    - Meal charges
  - This year our FARMS numbers increased
    - On-line completion of meal benefit applications is recommended, paper applications are available upon request in multiple languages

- **Brain Boost**
  - Virtual Scavenger Hunt
    (attached)

- **Subcommittee Updates**
  - Community Involvement
    - Power Point – Equity as an issue of Wellness
      (attachment)

- **Feedback/Next Steps**
  - Next Wellness Council Teams Meeting, January 19, 2021
<table>
<thead>
<tr>
<th>School Name</th>
<th>Staff Wellness Activities</th>
<th>Student Wellness Activities</th>
<th>Community Wellness Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annapolis</td>
<td>Virtual Coffee for Employees to connect. New Bitmoji Wellness Room</td>
<td>College Week</td>
<td>Connections with former and new businesses to prepare for Virtual Wellness Event</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Promotion of Wellness and Self Care in Panther TV</td>
<td>Connections with Hospital and our Wellness Program's Trauma Informed Yoga Groups: supporting local businesses and students by offering gift card incentives for small group participation</td>
</tr>
<tr>
<td></td>
<td>Student Wellness block lessons focusing on honoring Veterans/Mindfulness/Empathy</td>
<td>Community Meeting block lessons focusing on honoring Veterans/Mindfulness/Empathy</td>
<td></td>
</tr>
<tr>
<td>Centered of Applied Technology – North</td>
<td>Staff wellness emphasis during faculty meeting</td>
<td>Mindfulness practices incorporated in all classes</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td>Virtual mindfulness practices with staff</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Self-care professional development during our school professional development</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Center of Applied Technology – South</td>
<td>Yoga</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td>Ergonomics</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Breathing Techniques</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crofton</td>
<td>No-academic staff participated in Wellness PD options on Wednesday November 4.</td>
<td>Virtual December Dash is being planned by our school Wellness Committee for students, staff, and community and will be advertised in the coming weeks.</td>
<td>None for this month, but the virtual December Dash is being planned by our school Wellness Committee for students, staff, and community and will be advertised in the coming weeks.</td>
</tr>
<tr>
<td></td>
<td>All staff participating in opening activity on self-care and commitment to at least one activity during the month of November during our whole staff PD on Wednesday November 11.</td>
<td>Student Wellness block on Mondays and Fridays</td>
<td></td>
</tr>
</tbody>
</table>
We are also currently planning 1.5 hours of school-based Wellness Pd for Wednesday December 2.

Planning for December Dash virtual event.

Mindfulness/Stress Relief/Calming strategies on each school counselors Bitmoji classroom

Crofton Conversations Podcasts by School Counseling Department:
- November – two podcasts: College Admissions Planning, Service Learning
  Shared on Google Classrooms and by Connect-Ed message, Friday Cardinal Call messages, Twitter. Students and families can also submit topics for future consideration.

School counselors are also hosting Wellness Wednesdays Workshops focused on academic skills and Free Play Friday during FLEX Time on Friday to help provide social experiences for students, both new to the community and for existing Crofton area students.

Wellness-related student clubs/activities – Basketball Club, Coking Club, Dance Club, Football Club, Students Against Destructive Decisions, Soccer Club, Wellness Club, Yoga Club

Glen Burnie

November newsletter which included a fitness challenge, recipes and hobbies to try in November. Click here to view it. We will have a newsletter each month for the staff.

Our hope charter which is responsible for our school’s wellness plan is currently working on creating wellness

Student wellness session will begin on 11/24.

We have 10 sessions for students to pick from. These will happen on Tuesdays during our “white block” time.

We are also giving out a student survey for their input on the name of

N/A
A session for our teachers to attend on Thursdays.

Our student wellness session. Click here to see our offerings. Each option will have a description and have its own Google Meet link once we create them.

<table>
<thead>
<tr>
<th>Old Mill</th>
<th>OMHS Patriot Cookbook</th>
<th>Old Mill Verzuz</th>
<th>Coffee with the Principal</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Coffee with Mikeska</td>
<td>Music Department Virtual Concert</td>
<td>Music Department Virtual Concert</td>
</tr>
<tr>
<td>Old Mill Verzuz</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Music Department Virtual Concert</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Severna Park</th>
<th>Social/Wellness activities to support faculty/staff self-care</th>
<th>Advisory lessons on M-W-Fri for Student Wellness</th>
<th>Veteran’s Day virtual recognition on Nov 11th</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>South River</th>
<th>Bollywood Dance as taught by student Administration: hosted a paint activity; making pumpkins and snowmen</th>
<th>Classroom using Community Circles in their academic classes (ongoing)</th>
<th>Interact Club making handmade scarves for the homeless through Linda’s Legacy</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Bingo Night for Faculty</td>
<td>Spanish Honor Society - doing breathing and yoga exercises in Spanish, creating lessons in Spanish</td>
<td>BrightView Senior Living - letters to veterans SPCA and Key Club - homemade dog toy donations</td>
</tr>
<tr>
<td></td>
<td>Camaraderie Post-work share your favorite drink recipe for faculty camaraderie</td>
<td>Wellness Club - Meditations that focused on awareness. Yoga stretches for increasing flexibility in the spine (counterbalance to sitting in chairs all day long).</td>
<td>Conditioning for a Cause - Thanksgiving Dinner supplies (boxes) to the Lighthouse Shelter</td>
</tr>
<tr>
<td></td>
<td></td>
<td>November 5 - Stay Alive: Don’t Drink and Drive presentation</td>
<td>Wounded Warrior: Operation Gratitude: Collected left over Halloween candy and donated it to service members.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Photo and Design Class and Poster Club - wellness posters</td>
<td>Carry it Forward Virtual 5k (November) to benefit Wounded Warrior Project</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Roll-out to classes of how to download Covid-19 MD Alerts</td>
<td></td>
</tr>
<tr>
<td>Southern</td>
<td>Mindfulness activities at the faculty meetings</td>
<td>Wellness Advisory Lessons</td>
<td>Wrote letters of support to current service members serving overseas</td>
</tr>
<tr>
<td>---------------</td>
<td>-----------------------------------------------</td>
<td>---------------------------</td>
<td>---------------------------------------------------------------------</td>
</tr>
<tr>
<td></td>
<td>Thank you notes for SAT volunteering</td>
<td>Students Ambassador Program- upperclassmen mentoring freshmen</td>
<td>Kindness Club- sent letters of inspiration to the hospital</td>
</tr>
<tr>
<td></td>
<td>Virtual Coffee Crew- Friday AM</td>
<td>9th Freshmen T-Shirts</td>
<td>Kindness quotes for advisory lessons</td>
</tr>
<tr>
<td></td>
<td>Welcome Back Good Bags</td>
<td>Southern Swag Days</td>
<td>Virtual Opportunities to Career chats</td>
</tr>
<tr>
<td></td>
<td>Staff T-Shirts</td>
<td>Perfect Attendance Drawings for students- Southern Facemask mailed home</td>
<td>Signature Bulleting to spotlight good things at Southern</td>
</tr>
<tr>
<td></td>
<td>Kindness Club- sent thank you letters to staff</td>
<td></td>
<td>AVID Bulletin to highlight students</td>
</tr>
<tr>
<td></td>
<td>Positive Referrals Rewards for teachers</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Social/PBIS Committee Meetings held on November.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School</td>
<td>Staff Wellness Activities</td>
<td>Student Wellness Activities</td>
<td>Community Wellness Activities</td>
</tr>
<tr>
<td>------------------------</td>
<td>--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Marley Middle</strong></td>
<td>Wellness Wednesday posts (tips/resources to address many types of health, and/or upcoming events). Topics included: Stress, sleep, recipe sharing, workout resources, music for relaxation, the Calm App, Unity Day and Kindness, and events). Events include: College A-wear-ness where staff wore college gear and snapped a picture of them doing something to benefit their wellness, our 2nd Quarter Challenge to virtually make it to Disney (15min exercise=2mi closer to Disney World in teams of 5 staff members), Trivia Nights by PBIS--social health for staff, having staff find a 100 Day Challenge and encouraged them to chat about it in the comments.</td>
<td>Motivation Mondays are posted to students' Fitness &amp; Health Google Classrooms. Motivation Monday posts have a quote, a career interview video (points out health and AVID skills that the person demonstrates), a weekly tip, and information about upcoming events like Unity Day, our Unity Day Virtual Run, and Spirit Days. Tips have been about: reducing stress by using their agenda, hydration, brain boost ideas to do when they need a break from working on assignments, how to view private comments so they can redo assignments, positive self-talk phrases/affirmations, info. about trying new foods and seasonal foods (fall), assertive communication, and finding a hobby. We have a wide variety of clubs--many of which focus on movement or expression. PBIS and the Leadership Team encourage staff to give out positive referrals and/or phone call/text/emails home. We have an 8th gr. student who did the Red Ribbon Photo Contest--we are voting for their picture daily through Nov. 16th. Our morning announcements spotlight a group of students. Our media specialist held a Literary Pumpkin Contest where students and staff could decorate a pumpkin and then vote on their favorites (social health). Mr. Felton was able to get the PE Dept. some weight room/fitness lab equipment that our students will eventually be able to use. We got AVID students involved in a project to create a video that encourages students to turn their cameras on and better socialize/relate with classmates and staff. Families were invited to join in on the Unity Day Virtual Run. Community members (based on a connection we have/had with the BEMA leaders at GBHS) were interviewed or asked to submit a career video for the Motivation Monday posts. Some were given a shout out on our Twitter page. We sometimes tweet reminders for guardians to have their student check out the Motivation Monday posts.</td>
<td></td>
</tr>
<tr>
<td>School</td>
<td>Staff Wellness Activities</td>
<td>Student Wellness Activities</td>
<td>Community Wellness Activities</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>------------------------------------------------------------------------------------------</td>
<td>-----------------------------------------------------------------------------------------------</td>
<td>------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Monarch Academy Glen Burnie</td>
<td>Trivia Night, Turkey Trot 5k</td>
<td>Fall into a Good Book</td>
<td>Family Trivia Night</td>
</tr>
<tr>
<td>Central Middle School</td>
<td>Release from meetings when possible to provide more time. Sharing student shout outs about the teachers. Random drawings for gift cards from those shout outs. Positive messages on Mondays</td>
<td>Healthy focused clubs such as Core Club and Yoga. Supporting mental health with weekly compliments and students of the week</td>
<td>Looking forward to hearing ideas about this (and other categories)!</td>
</tr>
<tr>
<td>Wiley H. Bates Middle School</td>
<td>Happy Teachers Website (<a href="https://sites.google.com/aacps.org/happyteachers/home">https://sites.google.com/aacps.org/happyteachers/home</a>), Self Care Tips Emails Staff trivia nights, Compliment a Colleague jamboard, paint night, Wellness/Mindfulness PD, Local Arts Event for Staff Calendar</td>
<td>Student Services provides video lessons for Mindful Block which are also shared on One Bates Website (<a href="https://sites.google.com/aacps.org/one-bates/student-wellness">https://sites.google.com/aacps.org/one-bates/student-wellness</a>), clubs that target wellness, town hall meetings, providing referrals to community partners (boys and girls club, jovenes artistas, centro de ayuda), Artists visits to clubs, counseling sessions, parent consultation, classroom lessons, Student of the Month, Virtual Positive Referrals In planning stages: community gardens, artist working with student on sculptures</td>
<td>Community Involvement Committee, One Bates Website and Cougar Chronicle loaded with resources for families (chronicle available in multiple languages) (<a href="https://sites.google.com/aacps.org/one-bates/home">https://sites.google.com/aacps.org/one-bates/home</a>) Planning Stage: Screenagers next chapter Virtual Movie and Panel (March), community positive cards (MP 2), community streaming performances (TBD)</td>
</tr>
<tr>
<td>School</td>
<td>Staff Wellness Activities</td>
<td>Student Wellness Activities</td>
<td>Community Wellness Activities</td>
</tr>
<tr>
<td>------------------------------</td>
<td>--------------------------</td>
<td>-----------------------------------------------------------------------------------------------</td>
<td>-------------------------------</td>
</tr>
<tr>
<td>Brooklyn Park Middle School</td>
<td>Every week in &quot;The Buzz&quot; which is our weekly staff newsletter, teachers and staff are reminded to care for themselves. Inspirational quotes about health and longevity are always reminded to us by our principal as well as statements about the importance of taking care of ourselves and our families. Staff also participates in wellness PD's.</td>
<td>Students created powerpoints about helping to protect the environment that were displayed on the morning announcements as well as on the BPMS PTA facebook page. There are also various student clubs including: Basketball, healthy cooking/eating, environment club, and yoga that students can participate in daily. Also, all students participate in wellness classes every Monday and Friday where students practice mindful living, meditation, and yoga breathing. In their physical education classes students are motivated to move and to practice soccer moves (even if it's with a balled up sock!). BPMS also has virtual dance classes that promote movement and exercise.</td>
<td>BPMS continuously tries to promote wellness. We have had volunteers pass out large boxes of free produce from local farms to our families during outreach events and during onsite lunch times. We also post flyers about free produce giveaways, health clinics, and mental health awareness online on our live twitter page as well as our Facebook PTA page so parents and community members can participate in these events. Our personal school psychologist has also reached out the community.</td>
</tr>
<tr>
<td>Meade Middle School</td>
<td>Wellness Committee, ?</td>
<td>Clubs and activities, healthy food promotions, ping pong tables, basketball arcades, sports equipment, weight room for student use.</td>
<td>Literacy night, Wellness night, Back-to-School night, 6th grade orientation, Honor Role celebrations with families, food deliveries on Fridays.</td>
</tr>
<tr>
<td>School</td>
<td>Staff Wellness Activities</td>
<td>Student Wellness Activities</td>
<td>Community Wellness Activities</td>
</tr>
<tr>
<td>------------------------------</td>
<td>-------------------------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Lindale Middle School</td>
<td>Yoga night, Zumba night, Summer- virtual morning workouts</td>
<td>Yoga night, Zumba night, Cooking Night (Lindale staff will prepare and demonstrate how to cook healthy and delicious holiday food)</td>
<td>Yoga night, Zumba night, Cooking Night (Lindale staff will prepare and demonstrate how to cook healthy and delicious holiday food)</td>
</tr>
<tr>
<td>Old Mill Middle North</td>
<td>Staff shout outs, raffles for prizes, patriots of the week</td>
<td>Movement and music, student of the month with prizes, electronic positive referral forms sent to parents.</td>
<td>N/A</td>
</tr>
<tr>
<td>Phoenix Academy</td>
<td>SEE REMARKS BELOW FOR OLIVIA RICHARDSON - ERO TRANSCRIPT. REQ. RICHARDSON: Phoenix Challenge: Send a note of gratitude to someone who has helped you this year.</td>
<td>SEE REMARKS BELOW FOR OLIVIA RICHARDSON - ERO TRANSCRIPT. REQ. RICHARDSON: Student wellness lesson objective: I can… compare healthy and unhealthy behaviors in platonic and romantic relationships and analyze autopilot within my own relationships in order to identify how to create healthy boundaries and maintain healthy relationships.</td>
<td>SEE REMARKS BELOW FOR OLIVIA RICHARDSON - ERO TRANSCRIPT. REQ. RICHARDSON: Phoenix Academy is CBC trained; we are continuing our community circles during 1st period every Wednesday.</td>
</tr>
<tr>
<td>School</td>
<td>Staff Wellness Activities</td>
<td>Student Wellness Activities</td>
<td>Community Wellness Activities</td>
</tr>
<tr>
<td>-----------------------</td>
<td>------------------------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------</td>
<td>------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Corkran Middle School</td>
<td>Postcards were sent home to staff with encouraging message. Survey for staff inquiring</td>
<td>Positive Referrals are sent home to students. Students earned a play period based on their</td>
<td>We have a school website on google that is meant to communicate quicker and easier critical information for parents. It has a ton of links to important initiatives and help for parents from technology, to google classroom, the middle school schedule, assistant with Wifi, and many other bits of information to help parents with the transition to virtual.</td>
</tr>
<tr>
<td></td>
<td>about support (emotional, mental) and how committee can support one another, additionally</td>
<td>grades in the 1st MP run by teachers in virtual classrooms. Our PE/Dance teachers share</td>
<td></td>
</tr>
<tr>
<td></td>
<td>in that same survey we Celebrate and Support each other questions were asked surrounding</td>
<td>best practices and ask students to share theirs in their classroom spaces with incentives.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>how and finances to carry that out (since there is no budget for this)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Southern Middle</td>
<td>Walktober Teams, Sworkit Fitness App (Sharing and Challenges)</td>
<td>Student Services Wellness Site, Wellness Clubs (dance, yoga/mindfulness, walking, drawing/coloring, etc.)</td>
<td>Student Services Wellness Site, spirit week video</td>
</tr>
<tr>
<td>Annapolis Middle School</td>
<td>Staff Online Trivia Nights (Every 2 weeks), Walktober Group</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Old Mill Middle South</td>
<td>Walktober, Biggest Loser</td>
<td>Wellness Club and Fitness Club</td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>School</td>
<td>October &amp; November School-Based Wellness</td>
<td></td>
</tr>
<tr>
<td>---------------------</td>
<td>-------------------------</td>
<td>----------------------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>Juliane Williams</td>
<td>Meade Heights Elementary</td>
<td>October: Staff Walking Challenge (goal was 31 miles in October, 1 mile a day). November: Positivity month (song of the week, CBC questions, weekly challenge to)</td>
<td></td>
</tr>
<tr>
<td>Melissa Brown</td>
<td>Shady Side</td>
<td>Yoga and mindfulness with students; self care activities/emphasis with staff; Psychologist sharing resources with staff/parents about mental and health-related matters.</td>
<td></td>
</tr>
<tr>
<td>Diana Clutz</td>
<td>Four Seasons</td>
<td>Our principal sends out motivational quotes and virtual games to help lower our stress levels and it works! :)</td>
<td></td>
</tr>
<tr>
<td>Kim Della</td>
<td>Windsor Farm</td>
<td>self care with psychologist, social google meets, mindfulness activities.</td>
<td></td>
</tr>
<tr>
<td>Danielle Horn</td>
<td>Richard Henry Lee</td>
<td>Walktober - walking initiative</td>
<td></td>
</tr>
<tr>
<td>Jennifer Lahtinen</td>
<td>Eastport</td>
<td>Walktober</td>
<td></td>
</tr>
<tr>
<td>Alex Petrella</td>
<td>George Cromwell</td>
<td>Screening/Check-Up Reminders</td>
<td></td>
</tr>
<tr>
<td>Sarah Daniels</td>
<td>Tyler Heights</td>
<td>Tyler Heights hosts a bi-weekly Community Resource Fair. To date we have served over 40,000 individuals with the support of the Anne Arundel County Food Bank and local non-profit agencies. We focus on providing healthy foods and have surveyed our families on preferences to select fruits, vegetables and proteins that are reflective of the needs of our community. We also host Wellness Wednesdays. This is an opportunity to bond with each other.</td>
<td></td>
</tr>
<tr>
<td>Jessica Green</td>
<td>Cape St. Claire</td>
<td>Think of school-wide recess ideas for hybrid learning. Build staff-to-staff connections while virtual: Secret Santa using elfster.com Assign Buddy classes- classes are paired with other grade levels, teachers will organize structured Google Meets where students can read to one another and write to one another Wellness Team will create Virtual Wellness Bulletin Board- this will remind students about emotional health and physical health, teachers will share during wellness meetings.</td>
<td></td>
</tr>
<tr>
<td>Chris Jones</td>
<td>Glen Burnie Park</td>
<td>Staff Walktober - Wellness Google Classroom for Staff (topic examples include healthy eating, book club, and mindful activities)</td>
<td></td>
</tr>
<tr>
<td>Jennifer Bennett</td>
<td>West Annapolis</td>
<td>Oct. PBIS reward- movement for students- virtual dance party Teachers/staff attended county wide PD- Oct- Self Care Nov. PBIS reward- virtual show and tell- something you are grateful for and why Oct. 30- no food parties- Learn in a costume! (Basically trying to make all school wide PBIS rewards more engaging and inclusive)</td>
<td></td>
</tr>
<tr>
<td>Jennifer M Billings</td>
<td>Ferndale Early Ed Center</td>
<td>Staff wellness game during Equity meeting. Community circle to bond staff before staff meetings.</td>
<td></td>
</tr>
<tr>
<td>Amy Shinn</td>
<td>Central</td>
<td>We meet every Friday afternoon for wellness activities that include scavenger hunt, stretching, dancing, and mindful movements.</td>
<td></td>
</tr>
<tr>
<td>Fabiana Martins</td>
<td>Seven Oaks</td>
<td>Nothing yet. Teachers know about the wellness initiatives shared county wide: walks, yoga on...</td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>School</td>
<td>Notes</td>
<td></td>
</tr>
<tr>
<td>---------------------------</td>
<td>------------------</td>
<td>----------------------------------------------------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>Gabrielle Nicholson and</td>
<td>Fort Smallwood</td>
<td>At Fort Smallwood we have been focusing on wellness in our staff. We start staff meetings off with a wellness activity. Our next plan is</td>
<td></td>
</tr>
<tr>
<td>Emily Pfeifer</td>
<td></td>
<td>to reach out to the PTA and</td>
<td></td>
</tr>
<tr>
<td>Michelle King</td>
<td>Rolling Knolls</td>
<td>October Movement Challenge- Each class documented on a google slide whether or not 50% of the class participated in a physical activity</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>each day. October- Staff members participated in the AACPS Wellness Walking Challenge. November- Grateful Jamboard ongoing for the month in</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>our school google classroom. Staff members will be sharing healthy Thanksgiving recipes with each other. School Spirit Days spread out</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>over October and</td>
<td></td>
</tr>
<tr>
<td>Courtney Oltman</td>
<td>Folger McKinsey</td>
<td>Developed wellness calendars for each month that was shared with staff and families encouraging them to try to pick at least 3 activities</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>per week, post went out to families with healthy snack hacks using school lunch leftovers, positivity moment of the day every morning</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>for announcements as well as exercises and</td>
<td></td>
</tr>
<tr>
<td>Jesse Mitchell</td>
<td>Quarterfield Elementary</td>
<td>Staff Circles</td>
<td></td>
</tr>
<tr>
<td>Courtney Rice</td>
<td>South Shore</td>
<td>Wellness/Work Out Wednesdays on morning announcements, Motivational Mondays, World Kindness Day, Veterans Day Virtual Parade, Harvest for</td>
<td></td>
</tr>
<tr>
<td>Chris Gordon &amp; Alexis Lively</td>
<td>Point Pleasant</td>
<td>Infusion of Community Building Circles into staff meetings and professional development sessions. Restorative Practices focus inside and</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>outside of classrooms.</td>
<td></td>
</tr>
</tbody>
</table>
Serving Meals during COVID
Nutrition Environment & Services

Wellness Council
November 17, 2020
In the beginning...

- March 13, 2020
  - Close kitchens
    - Transfer Food and Supplies
    - Cancel Orders and Reroute Deliveries
  - Clean and Sanitize
  - Plan for Service
    - Lunch & Snack
      - 25 school sites
      - 21 mobile
In the beginning... 

March 16, 2020
- Breakfast, Lunch, & Supper
- 31 school sites
- 21 mobile locations

Participation
- 3,385 students
- 10,155 meals
In the beginning... 

Week 2

- +7 School Sites
- +2 Mobile Sites

March 31st

- 9,997 students
- 29,991 meals
Menu

• Hot Lunch
• Cold Breakfast & Supper
• Student Favorites
• Three fruits
• Two vegetables
• Low Fat Dairy at every meal
Menu

• Preparation and Packaging Considerations
Mobile Meals

- Annapolis
- Laurel*
- Lothian
- North County
- South County
- West County
Annapolis Mobile Route
Safety & Social Distancing

Eastport Elementary

Signs for every site

Tyler Heights
Partnerships & Special Days

Chromebook Distribution

Learning to Go
Special Guests
Special Guests
Anne Arundel County Public Schools

One Million Meals Served!
1 Million Meals!

May 12, 2020
Summer

• Served Monday – Thursday
• Two meals on Thursday
• Community Partners
## Curbside Pick-up Menu

**Monday through Thursday**

**July 13 – July 30, 2020**

*Menu Subject to Change*

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday’s Breakfast</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>July 13</strong></td>
<td><strong>July 14</strong></td>
<td><strong>July 15</strong></td>
<td><strong>July 16</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Breakfast:</strong> Blueberry Bread, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Muffin, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Benefit Bar, Fruit Juice, Milk</td>
<td><strong>Thursday’s Breakfast:</strong> Mini Loaf, Fruit Juice, Milk</td>
<td></td>
</tr>
<tr>
<td><strong>Lunch:</strong> Pancakes w/Sausage, Carrot Sticks, Pears, Milk</td>
<td><strong>Lunch:</strong> Stuffed Crust Pizza, Celery Sticks, Applesauce, Milk</td>
<td><strong>Lunch:</strong> Pasta w/Italian Meat Sauce, Carrot Sticks, Mixed Fruit Cup, Milk</td>
<td><strong>Friday’s Breakfast:</strong> Cereal, Fruit Juice, Milk</td>
<td></td>
</tr>
<tr>
<td><strong>July 20</strong></td>
<td><strong>July 21</strong></td>
<td><strong>July 22</strong></td>
<td><strong>July 23</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Breakfast:</strong> Grahams, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Mini Loaf, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Muffin, Fruit Juice, Milk</td>
<td><strong>Thursday’s Breakfast:</strong> Jumpstart Breakfast Kit, Milk</td>
<td></td>
</tr>
<tr>
<td><strong>Lunch:</strong> Egg &amp; Cheese Slider, w/Cheese Stick, Carrot Sticks, Strawberry Cup, Milk</td>
<td><strong>Lunch:</strong> Mini Corn Dogs, Celery Sticks, Peaches, Milk</td>
<td><strong>Lunch:</strong> Pizza Sticks, Carrot Sticks, Peach Cup, Milk</td>
<td><strong>Friday’s Breakfast:</strong> Yogurt &amp; Cheese Stick w/Benefit Bar, Celery Sticks, Orange, Milk</td>
<td></td>
</tr>
<tr>
<td><strong>July 27</strong></td>
<td><strong>July 28</strong></td>
<td><strong>July 29</strong></td>
<td><strong>July 30</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Breakfast:</strong> Mini Loaf, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Grahams, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Benefit Bar, Fruit Juice, Milk</td>
<td><strong>Thursday’s Breakfast:</strong> Muffin, Fruit Juice, Milk</td>
<td></td>
</tr>
<tr>
<td><strong>Lunch:</strong> Pancakes w/Sausage, Carrot Sticks, Peaches, Milk</td>
<td><strong>Lunch:</strong> Korean BBQ Meatballs w/Rice, Celery Sticks, Applesauce, Milk</td>
<td><strong>Lunch:</strong> Stuffed Crust Pizza, Carrot Sticks, Mixed Fruit Cup, Milk</td>
<td><strong>Friday’s Breakfast:</strong> Cereal, Fruit Juice, Milk</td>
<td></td>
</tr>
<tr>
<td><strong>July 30</strong></td>
<td><strong>July 31</strong></td>
<td><strong>August 1</strong></td>
<td><strong>August 2</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Breakfast:</strong> Grahams, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Benefit Bar, Fruit Juice, Milk</td>
<td><strong>Breakfast:</strong> Muffin, Fruit Juice, Milk</td>
<td><strong>Thursday’s Breakfast:</strong> Taco w/Corn Chips, Grape Tomatoes, Peach Cup, Milk</td>
<td></td>
</tr>
<tr>
<td><strong>Lunch:</strong> Mini Loaf, Fruit Juice, Milk</td>
<td><strong>Lunch:</strong> Stuffed Crust Pizza, Carrot Sticks, Mixed Fruit Cup, Milk</td>
<td><strong>Lunch:</strong> Pasta w/Italian Meat Sauce, Carrot Sticks, Mixed Fruit Cup, Milk</td>
<td><strong>Friday’s Breakfast:</strong> Sandwich, Celery Sticks, Apple, Milk</td>
<td></td>
</tr>
</tbody>
</table>

*On Thursdays, children receive two breakfasts, two lunches for Thursday and Friday.*

*Meal Sites Closed on Fridays.*
Back to School

- 99 School Sites
- 20 Mobile Sites
- Staff Training
- September totals:
  - 155,310 students
  - 310,620 meals
2 Million Meals!

September 9, 2020
# School Meals @ Curbside

**Noon to 12:30 p.m.**  
Mobile Meals @ Curbside, visit [www.aacps.org/mealpickup](http://www.aacps.org/mealpickup) for times  
October 26 – 30, 2020

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>26</strong></td>
<td><strong>27</strong></td>
<td><strong>28</strong></td>
<td><strong>29</strong></td>
<td><strong>30</strong></td>
</tr>
</tbody>
</table>
| **Breakfast:** Benefit Bar  
    Fruit Juice, Milk  
| **Lunch:**  
    Pancakes w/Sausage  
    Baby Carrots  
    Peaches, Milk  
| **Dinner:**  
    Cheese & Yogurt  
    w/Benefit Bar  
    Grape Tomatoes  
    Mandarin Oranges, Milk  
| **Snack:**  
    Cheddar Goldfish, Fruit Juice  
| **Breakfast:**  
    Yogurt & MIM Grains  
    Fruit Juice, Milk  
| **Lunch:**  
    General Tso’s Chicken w/Rice  
    Grape Tomatoes  
    Apple, Milk  
| **Dinner:**  
    Turkey Ham & Cheese Sandwich  
    Celery Sticks  
    Mixed Berry Cup, Milk  
| **Snack:**  
    Baked Snacks, Fruit Juice  
| **Breakfast:**  
    Muffin  
    Fruit Juice, Milk  
| **Lunch:**  
    Garlic French Bread Pizza  
    Mixed Green Salad  
    Strawberry Cup, Milk  
| **Dinner:**  
    SamButter & Jelly Sandwich  
    Cheese Stick  
    Carrot Sticks  
    Cereal, Milk  
| **Snack:**  
    Cheese-It’s, Fruit Juice  
| **Breakfast:**  
    Cheese Stick & Mini Muffin  
    Fruit Juice, Milk  
| **Lunch:**  
    Taco w/Corn Chips  
    Celery Sticks  
    Applesauce, Milk  
| **Dinner:**  
    Turkey Breast & Cheese Sandwich  
    Carrot Sticks  
    Strawberry Cup, Milk  
| **Snack:**  
    Sunflower Seeds, Fruit Juice  
| **Breakfast:**  
    Sweet Potato Roll  
    Fruit Juice, Milk  
| **Lunch:**  
    Stuffed Cnati Pizza  
    Corn & Black Bean Salad  
    Mixed Fruit, Milk  
| **Dinner:**  
    Hummus & Sunflower Seeds  
    w/Corn Chips  
    Celery Sticks  
    Mixed Fruit, Milk  
| **Snack:**  
    Cheddar Goldfish, Fruit Juice  

**Menu Subject to Change**

For a list of afterschool activities and complete list of meal sites visit  
[www.aacps.org/mealpickup](http://www.aacps.org/mealpickup)

Anne Arundel County Public Schools  
This institution is an equal opportunity employer.
3 Million Meals!

October 28, 2020
Where We Are Today

- 106 School Sites
- 20 Mobile Sites
- Averaging 8,300 students per day
  - ~ 25,000 meals
How Can You Help?

I just wanted to thank you for this. I'm a single mom and I've been out of work since 3/12. You are a lifesaver. I just wish this more.

THANKS
a
LATTE!
Thank you!
POLICY

BOARD OF EDUCATION
OF ANNE ARUNDEL COUNTY

Related Entries: EB-RA
Responsible Offices: FOOD AND NUTRITION SERVICES

STUDENT NUTRITION SERVICES – WHOLE SCHOOL

A. PURPOSE

To establish a policy that addresses student nutrition standards encompassing the entire school environment for all foods and beverages made available on school property or through school-sponsored events.

B. ISSUE

Anne Arundel County Public Schools (AACPS) recognizes that healthy foods and beverages contribute to a healthy lifestyle.

C. POSITION

1. AACPS aims to promote nutrition and nutrition education, physical activity, and other school-based activities that promote student wellness.

2. School breakfast and lunch service shall be provided every school day at all schools.

3. School meals shall provide students with well-balanced nutrition that shall meet or exceed the nutrition standards and regulations established by the U.S. Department of Agriculture (USDA) and the Maryland State Department of Education.

4. No foods or beverages offered for sale on school premises may compete with National School Lunch Program or the School Breakfast Program.

5. All foods made available on school property or through school-sponsored activities shall comply with federal, State and local laws, regulations and standards.

6. Children require sufficient quantities of nutritious food for proper growth. Food and Nutrition Services promotes growth and development by providing students with healthy food choices. These choices include whole grains, vegetables, fruits, fat-free and low-fat milk products, and other calcium-rich foods, beans, lean meat, poultry, fish, and other protein-rich foods.
7. Foods and beverages offered in elementary, middle, and high schools, as an alternate to or in addition to the reimbursable meal, shall be offered in portion sizes that are age appropriate and consistent with federal, State and local laws, regulations and standards. All of these foods shall comply with USDA Smart Snacks in School nutrition standards, which are approved via the Alliance for Healthier Generation Smart Snacks Product Calculator.

8. Schools are encouraged to promote healthy food and beverage choices for school events where foods and beverages are available, and for the school administration vending machines. The marketing and advertising of foods and beverages shall comply with USDA Smart Snacks in School nutrition standards and the Maryland Nutrition Standards for All Foods Sold in Schools.

9. Schools are encouraged to consider wellness issues and student allergies when planning incentive and promotional activities.

10. School staff is encouraged to set a positive example by following nutrition guidelines, as defined above, when interacting with students.

11. Food and Nutrition Services shall provide guidance and information regarding nutrition to school administrators and organization representatives, as necessary.

12. The prices of school meals and milk shall be approved annually by the Board of Education of Anne Arundel County.

D. IMPLEMENTATION

The Superintendent is authorized to develop regulations to implement this policy.

Policy History: Adopted on 07/12/06; Revised 04/23/15, 08/06/2017

Note Previous Policy History: Replaces Policy 701, adopted 01/02/1980 and revised 01/07/1990
Replaces Policy 701.01, adopted 09/03/1969 and revised 03/07/1990
Replaces Policy 701.02, adopted 11/04/1970 and revised 03/07/1990
Replaces Policy 701.03, adopted 07/03/1974 and revised 11/20/1989, 12/04/1996
REGULATION

ANNE ARUNDEL COUNTY
PUBLIC SCHOOLS

Related Entries: EB
Responsible Offices: FOOD AND NUTRITION SERVICES

STUDENT NUTRITION SERVICES – WHOLE SCHOOL

A. PURPOSE

To establish procedures for the implementation and review of the policy on Student Nutrition Services – Whole School. All Anne Arundel County Public Schools (AACPS) students shall be encouraged to make healthy food and beverage choices, which help create healthy bodies and minds, and promote academic achievement.

B. BACKGROUND

All foods and beverages sold to students during the school day are consistent with federal, State and local laws, regulations and standards.

C. PROCEDURES

1. All school meals shall meet or exceed established federal, State and local laws, regulations and standards regarding the nutrient content and portion size for all foods. AACPS aims to promote healthy lifestyles. AACPS also aims to educate students about the importance of nutrition in the classroom and cafeteria by placing an emphasis on multiple offerings, including local offerings of fresh fruits and vegetables, on a daily basis.

2. The Healthy Hunger-Free Kids Act of 2010 requires that all food sold inside and outside of the school’s National School Lunch Program and School Breakfast Program meet the programs’ nutrition standards, including nutrient content and portion size. These nutrition standards for all foods sold in school address criteria for allowable foods and beverages. The nutrition standards apply to the following:

   a. Vending machines;
   
   b. A la carte sales;
   
   c. Fundraisers; and
   
   d. School stores.
3. No foods or beverages offered for sale on school premises shall compete with the National School Lunch and School Breakfast programs, from 12:01 a.m. until 30 minutes after the end of the instructional day.

4. Lunch meal service may not be scheduled prior to 10:00 a.m. or after 2:00 p.m.

5. All school administration vending machines shall have and use a timing device to automatically prohibit access to the vending machines from 12:01 a.m. until 30 minutes after the end of the instructional day. Vending machines that are not accessible to students are exempt from the above limitations.

6. For the safety and security of the food at each facility, access to food service facilities shall be limited to authorized personnel.

7. Hazard Analysis and Critical Control Point plans and guidelines shall be implemented to prevent food borne illness. Commercially processed, shelf stable foods in sealed containers are not potentially hazardous, and are exempt.

8. Anne Arundel County Department of Health regulations require that food served to the public be prepared in a licensed facility. The license for Food and Nutrition Services is nontransferable to outside caterers or groups applying for use of the facilities. However, such groups are invited to apply for use of Food and Nutrition Services’ kitchen facilities, in accordance with guidelines provided by the AACPS Community Use of Facilities Manual.

9. All foods made available through school-sponsored activities shall meet Code of Maryland Regulations guidelines regarding safe and healthy food and beverage preparation, handling, storage, and serving of food. Parents/guardians shall purchase pre-packaged, store bought items for these events. Nutrient labels and ingredient lists shall be made available for all foods.

10. Food and beverages may not be used as an educational tool, or offered as a reward for achievement or good behavior.

11. The marketing and advertising of foods and beverages shall meet the U.S. Department of Agriculture (USDA) Smart Snacks in School nutrition standards and the Maryland Nutrition Standards for All Foods Sold in Schools. The nutrition standards apply to all foods and beverages offered to students from 12:01 a.m. to 30 minutes after the school day.

12. Nutrition values for food and beverages sold or provided to students by Food and Nutrition Services shall be made readily available to parents/guardians, students, and members of the community by Food and Nutrition Services. This information can be located at [http://aacpsschools.org/nutrition/nutrientdata/](http://aacpsschools.org/nutrition/nutrientdata/) or contacting Food and Nutrition Services.
13. All schools promote student wellness activities in conjunction with multiple community partners. Many schools offer meals beyond the traditional school day and school year. Schools provide the following opportunities:

a. **Health Fairs** – promoting physical activity and healthy food choices;

b. **Tasting of the Rainbow** – offering new fresh fruits and vegetables, which are often local;

c. **Tasting Events** – providing tastings of fresh fruits and vegetables to all students during lunch;

d. **Brain Boost** – promoting physical activity during class time;

e. **Breakfast Meals** – promote providing a healthy breakfast every day to ensure that all students are consuming a healthier diet and are fueled for learning;

f. **Dinner Meals** – offering healthy food choices and enhancing academic achievement after the school day; and

g. **Summer Meals** – providing healthy meals, and keeping the youth in Anne Arundel County fueled and ready to play and learn during the summer.

14. The marketing and advertising of foods and beverages offered via fundraisers shall meet USDA *Smart Snacks in School* nutrition standards and the *Maryland Nutrition Standards for All Foods Sold in Schools*.

15. Food allergies shall be discussed with appropriate Food and Nutrition Services staff, registered dietitian(s), registered nurse(s), and parent(s)/guardian(s). Each student allergy shall be identified in the student database. Individual consultations with the approved staff, parent(s)/guardian(s), and student(s) shall occur on an as needed basis.

16. Drinking water shall be available to all students in all schools during breakfast and lunch meal services.

17. Handwashing facilities and supplies shall be located in close proximity to school cafeterias. Students shall be taught the importance of frequent hand washing, especially prior to eating.

18. Any AACPS student without money to purchase a school lunch shall be granted a predetermined number of meals, or until the negative balance reaches the charge threshold established by the Board of Education of Anne Arundel County. Once the negative balance threshold is met, the student shall receive an alternate meal which typically consists of a sandwich and a fruit or vegetable. This information
shall be noted in the AACPS Parent Handbook and on the AACPS website. The student’s parent(s)/guardian(s) shall receive automated phone messages indicating there is a negative account balance and whether the student received an alternate meal. Schools are encouraged to contact a student’s parent(s)/guardian(s) to inform them to make a deposit and clear the negative balance. On or about the last day of school, Central Office Division of Financial Operations shall deduct the negative balance and alternate meals costs from the schools account and transfer to Food and Nutrition Services to clear all outstanding debts.

Regulation History:  Developed by Superintendent 02/8/06
Reviewed by Board of Education 07/12/06
Issued 07/12/06; Revised 09/06/2017

Note Previous Regulation History: Replaces Policy 701.03, adopted 07/03/1974 and revised 11/20/1989
This bill requires a public school to notify parent(s)/guardian(s) of a student’s unpaid meal debt or low meal account balance with information and assistance related to free or reduced meal programs. A public school is prohibited from communicating directly with a student about unpaid meal debt or in any manner that humiliates, embarrasses, or stigmatizes the student. A public school may not 1) require a student to wear a wristband or other identifying mark; 2) require a student to complete tasks or chores to pay off the debt; 3) deny a meal to a student; 4) dispose of a meal after it has been served to a student; or 5) prohibit a student from accessing school records or participating in extracurricular activities. A public school is required to ensure that the parents/guardians of students are notified about the application process and eligibility requirements for free and reduced meal programs in a specified manner and allow students to apply at any time during the year. A public school is also required to enroll an eligible transfer student in free and reduced meal programs. County boards of education are required to determine whether each school in its jurisdiction is in compliance with relevant federal policies and standards and to report its findings to MSDE each year. The bill takes effect July 1, 2020.
Virtual Scavenger Hunt
The Rules

Each slide will have a common household item to be retrieved as quickly as possible.

First person to bring back the item and hold it up gets a point!

The teacher is the judge.

The person with the most points at the end wins!
Something See Through
Something Magnetic
Something With Wheels
Something That Turns On & Off
Something That Lights Up
Something Cold
Something With Paws
Something That Makes Noise
Something With a Pattern
Something That Holds Items
Something Smelly
COMMUNITY INVOLVEMENT

Presented by the Office of Equity & Accelerated Student Achievement
THE OFFICE OF EQUITY & ACCELERATED STUDENT ACHIEVEMENT

Maisha Gillins, Ph.D.
Executive Director

Lorenzo Hughes, Ph.D.
Senior Manager

Miesha Walker
Equity Specialist

Katara West
Equity Specialist

Brian Whitley
Equity Specialist
OUTCOME

Participants will align Equity community partnerships to its support of the social determinants of health.
TODAY WE’LL DISCUSS...

**OEASA AND THE WORK**
OEASA and the direction of our office to include community involvement

**KEY TERMS**
Definitions in the work of equity that are essential to the community

**EQUITY AS AN ISSUE OF WELLNESS**
Connection between Equity and wellness and the role of the community

**ACTIVITIES**
Evolution of the goals and activities of community involvement

**CURRENT INITIATIVES**
Description of current partnerships, our actions, and impact

**QUESTIONS**
"... establish goals for the improvement in educational and academic attainment for African American students in order to reach parity with other students in AACPS system."

History of OEASA

Focus Areas:
- Academic Achievement
- Safe and Orderly Environments
- Community Collaboration
Promote a process by which community stakeholders develop an awareness of the health and wellness program of Anne Arundel County Public Schools and understand how they can support the health and wellness of our students.

Promote a process by which stakeholders develop an awareness of the tenets of District 203 and how they can support the health and wellness of our students.
The Direction of Our Work

- Diversity, Equity, and Inclusion
- Anti-bias and Anti-racist (ABAR) content and practices
- Social Justice
2015 - 2016
Promote a process by which community stakeholders develop an awareness of the health and wellness program of Anne Arundel County Public Schools and understand how they can support the health and wellness of our students.

2016 - 2017
Promote a process by which stakeholders develop an awareness of the tenets of District 203 and how they can support the health and wellness of our students.

2020 -
Create sustainable partnerships whereby stakeholders can develop their equity lens in order to promote social justice to support the physical and mental health and wellness of ALL AACPS students.
POLLICY

BOARD OF EDUCATION OF ANNE ARUNDEL COUNTY

Related Entries: JCCCA, JCCA-RA, IO, I0-RA
Responsible Office: OFFICE OF EQUITY & ACCELERATED STUDENT ACHIEVEMENT, DIVISION OF CURRICULUM AND INSTRUCTION, DIVISION OF STUDENT SUPPORT SERVICES, DIVISION OF HUMAN RESOURCES

EDUCATIONAL EQUITY

A. PURPOSE

To establish an educational equity policy to ensure that Anne Arundel County Public Schools (AACPS) has the procedures and best practices in place to provide for educational equity and eliminate obstacles to accessing educational opportunities for all AACPS students.

B. ISSUE

The Board of Education of Anne Arundel County (Board) acknowledges the historical, generational, and compounding reality of the systems, structures, and practices that have intentionally and unintentionally created and continued to afford advantages to some student groups while perpetuating inequities for others. AACPS must take responsibility and action for dismantling, and actively repairing these inequities to ensure positive educational outcomes for all AACPS students.
When parties come together for the common good of a school or to enhance student learning, we call this an educational partnership. Decisions are made collaboratively within a partnership.

**KEY TERMS**

Diversity (representation), Equity (access & opportunity), & Inclusion (belonging)

For any program, practice, decision, or action, the impact on all students is recognized and addressed, with strategic focus on marginalized student groups.
When a racial group's collective prejudice is backed by the power of legal authority and institutional control, it is transformed into racism, a far reaching system that functions far from the intentions or self-images of individual actors.” - Robin Diangelo

One who is actively working against racism. It is making a commitment to resisting unjust laws, policies, and racist attitudes. AntiRacism is how we get free from centuries of living in a racialized society that keeps us separated and oppressed. - Tiffany Jewell

Action taken that minimizes conflict and focuses on changing the attitudes and behaviors of a dominant group by reducing prejudice, promotes collective action against inequality, raises consciousness, and focuses on improving conditions for under-represented groups. - Teaching Tolerance
**HEALTH EQUITY & THE SOCIAL DETERMINANTS OF HEALTH**

<table>
<thead>
<tr>
<th>Economic Stability</th>
<th>Neighborhood and Physical Environment</th>
<th>Education</th>
<th>Food</th>
<th>Community and Social Context</th>
<th>Health Care System</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employment</td>
<td>Housing</td>
<td>Literacy</td>
<td>Hunger</td>
<td>Social integration</td>
<td>Health coverage</td>
</tr>
<tr>
<td>Income</td>
<td>Transportation</td>
<td>Language</td>
<td>Access to healthy options</td>
<td>Support systems</td>
<td>Provider availability</td>
</tr>
<tr>
<td>Expenses</td>
<td>Safety</td>
<td>Early childhood education</td>
<td></td>
<td>Community engagement</td>
<td>Provider linguistic and cultural competency</td>
</tr>
<tr>
<td>Debt</td>
<td>Parks</td>
<td>Vocational training</td>
<td></td>
<td>Discrimination</td>
<td>Quality of care</td>
</tr>
<tr>
<td>Medical bills</td>
<td>Playgrounds</td>
<td>Higher education</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Support</td>
<td>Walkability</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Health Outcomes**
- Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations
In November 2019, The Anne Arundel County Executive and Health Officer declared *racism* a public health issue.

- **% of AA County living below the poverty line**
  - Hispanic: 13.9%
  - Black: 12.1%
  - White: 5%
  - Asian: 3.7%

- **% Owing their Own Home**
  - White: 80.2%
  - Asian: 68.7%
  - Black: 54.8%
  - Hispanic: 13.9%

- **% Receiving SNAP Benefits**
  - Hispanic: 10.6%
  - Black: 9.9%
  - Asian: 4.8%
  - White: 3.4%

- **% With < High School Education, 25 and older**
  - 24% - 29.9% in North County, Laurel, and Annapolis which have high minority populations
KEY ACTIVITIES

Activity 1.1
Collaborate with representatives from various district and community groups to identify specific ways their group can support the initiatives around Equity, Antiracism, and Social Justice.

Activity 1.2
Engage a wide variety of district personnel and community stakeholders to develop an equity lens.

Activity 1.3
Provide various platforms for participant engagement.
## Health Equity & The Social Determinants of Health

<table>
<thead>
<tr>
<th>Economic Stability</th>
<th>Neighborhood and Physical Environment</th>
<th>Education</th>
<th>Food</th>
<th>Community and Social Context</th>
<th>Health Care System</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employment</td>
<td>Housing</td>
<td>Literacy</td>
<td>Hunger</td>
<td>Social integration</td>
<td>Health coverage</td>
</tr>
<tr>
<td>Income</td>
<td>Transportation</td>
<td>Language</td>
<td>Access to healthy options</td>
<td>Support systems</td>
<td></td>
</tr>
<tr>
<td>Expenses</td>
<td>Safety</td>
<td>Early childhood education</td>
<td>Community engagement</td>
<td>Provider availability</td>
<td></td>
</tr>
<tr>
<td>Debt</td>
<td>Parks</td>
<td>Vocational training</td>
<td>Discrimination</td>
<td>Provider linguistic and cultural competency</td>
<td></td>
</tr>
<tr>
<td>Medical bills</td>
<td>Playgrounds</td>
<td>Higher education</td>
<td></td>
<td>Quality of care</td>
<td></td>
</tr>
<tr>
<td>Support</td>
<td>Walkability</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Health Outcomes**

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations
<table>
<thead>
<tr>
<th>Community Involvement</th>
<th>Action</th>
<th>Social Determinant of Health Addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>OEASA Workgroup</td>
<td>Monthly calls with local groups to give AACPS updates and statuses. Provides spaces to identify needs and solutions to meet the needs of the AACPS community.</td>
<td>Education, Neighborhood and Physical Environment, Food, Economic Stability, Community &amp; Social Context,</td>
</tr>
<tr>
<td>Community Ambassadors</td>
<td>Provide student support in the areas of academics, attendance, and decision making. Conducts home visits. Serve as a bridge between school and home.</td>
<td>Education, Community &amp; Social Context</td>
</tr>
<tr>
<td>Housing Authority of the City of Annapolis (HACA)</td>
<td>Identify needs and coordinate solutions with regards to technology, structures, and/or academic concerns. Provide resources and training when needed.</td>
<td>Education, Neighborhood and Physical Environment</td>
</tr>
</tbody>
</table>
## CURRENT INITIATIVES & COMMUNITY INVOLVEMENT

<table>
<thead>
<tr>
<th>Community Involvement</th>
<th>Action</th>
<th>Social Determinant of Health Addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Joint Initiative to Eliminate the Opportunity Gap Committees</strong></td>
<td>Includes school system and county employees, parents, and community members who collaborate on recommendations to eradicate gaps between student groups</td>
<td>Education, Neighborhood and Physical Environment, Food, Economic Stability, Community &amp; Social Context, Health Care System</td>
</tr>
<tr>
<td><strong>Caucus of African American Leaders</strong></td>
<td>Monthly student recognitions for African American students who have made significant contributions in their school and community</td>
<td>Education, Community &amp; Social Context</td>
</tr>
<tr>
<td><strong>Healthy Dialogues Committee</strong></td>
<td>Brings together key stakeholders with the intentional purpose of sharing relevant County information and resources not only with each other, but also to share information with internal County employees and external community members</td>
<td>Education, Neighborhood and Physical Environment, Food, Economic Stability, Community &amp; Social Context, Health Care System</td>
</tr>
<tr>
<td>Community Involvement</td>
<td>Action</td>
<td>Social Determinant of Health Addressed</td>
</tr>
<tr>
<td>-----------------------</td>
<td>---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>----------------------------------------</td>
</tr>
<tr>
<td>My K.I.D.S. Initiative (My Knowledge Improves Desired Success)</td>
<td>Virtual learning experience for AACPS families to provide resources to navigate their success in our new environment with resources such as COVID safety, technology classroom tips, community resources and services, and student tools for academic success</td>
<td>Education, Economic Stability, Food, Health care system</td>
</tr>
<tr>
<td>Kindness Grows Here</td>
<td>Two-part virtual series involving parents of elementary school aged children to share experiences and perspectives on talking with their children about race</td>
<td>Education, Community &amp; Social Context</td>
</tr>
<tr>
<td>Student Community</td>
<td>Provide support for student voice in issues of Social Justice. Provide opportunities for engagement in academic and communities activities</td>
<td>Education, Community &amp; Social Context</td>
</tr>
</tbody>
</table>
## CURRENT INITIATIVES & COMMUNITY INVOLVEMENT

<table>
<thead>
<tr>
<th>Community Involvement</th>
<th>Action</th>
<th>Social Determinant of Health Addressed</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUPERINTENDENT’S PARENT INVOLVEMENT ADVISORY COUNCIL (PIAC)</td>
<td>Present to PIAC, who advises the Superintendent on issues related to parent and family involvement in their children’s education</td>
<td>Education, Community &amp; Social Context</td>
</tr>
<tr>
<td>Citizen Advisory Committee (CAC) Executive Panel</td>
<td>Present to CAC, who provides advice to the Board on specific issues impacting educational policy, activities, and programs.</td>
<td>Education, Community &amp; Social Context</td>
</tr>
<tr>
<td>Anne Arundel Women Giving Together</td>
<td>Present to AAWGT, who strives to improve the quality of life for women and families in Anne Arundel County and supports women whose lives are negatively impacted by poverty, lack of opportunity, violence, and structural and systemic injustice.</td>
<td>Education, Community &amp; Social Context</td>
</tr>
</tbody>
</table>
AREAS FOR FUTURE GROWTH IN COMMUNITY INVOLVEMENT
“The greatness of a community is most accurately measured by the compassionate actions of its members.”

Coretta Scott King
Thank you