

Swim

2022-2023 Bulletin



Coach Responsibilities:

1. Adhere to all policies, procedures, rules and regulations in the AACPS Athletic Handbook.
2. Adhere to all policies, procedures, rules and regulations in the sport bulletin.
3. Adhere to the “Bylaws” and “Rules and Interpretation” sections in the MPSSAA handbook.
4. Adhere to all policies, procedures, rules and regulations in the MPSSAA bulletin.
<https://content.mpssaa.org/view/300749574/i/>
5. Adhere to all policies, procedures, rules and regulations in the appropriate NFHS rule book.
 - a. Rule Changes
[https://www.nfhs.org/articles/pool-markings-focal-point-of-2022-23-high-school-swimming-and-diving-rules-changes/#:~:text=The%20cross%20line%20has%20been,7%20inches%20\(2%20meters\)](https://www.nfhs.org/articles/pool-markings-focal-point-of-2022-23-high-school-swimming-and-diving-rules-changes/#:~:text=The%20cross%20line%20has%20been,7%20inches%20(2%20meters))
 - a. MPSSAA rule clinic courses for basketball, wrestling, and swimming
<https://nfhslearn.com/courses/maryland-rules-clinic-2022-2023>

Contact Information:

1. Questions should initially be directed to local school athletic directors.
2. Then, questions should be directed to:
 - a. County Sport Commissioner - Krissy Albright, kalbright@aacps.org, 813-362-8888
 - b. District V Representatives - Ellen Hays, Old Mill, ehays@aacps.org, 443-848-2780
 - c. AACPS Office of Athletics at 410-222-5463
3. Regional Tournament Directors:
<https://www.mpssaa.org/state-championships/swimming-diving/region-meet-dates/>
John Adey, john.s.adey@gmail.com, 443-995-5072

Classifications/Regions:

4A-3A East	3A-2A-1A East
Annapolis	Chesapeake
Arundel	Northeast
Broadneck	Southern
Crofton	
Glen Burnie	
Meade	
North County	
Old Mill	
Severna Park	
South River	

Important Dates:

November

- November 9 - 4:00 pm - Winter Coaches Kickoff, Crofton High School
- November 15 - 1st day of of tryouts
- November 17, 2022 - Academic assistance sessions start date (based on 1st MP report cards)
- November 21 - First scrimmage day
- November 21-25 - No school for students (Nov 21 & 22 - PT conferences)

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- November 24 - No practice on Thanksgiving Day (football exception)

December

- December 3 - Testing date (nothing mandatory before 2 pm)
- December 5 - MPSSAA start date for contests
- December 7 - 2-hour early release (PD for teachers)
- December 9 - Academic assistance sessions end date and **Grade Check**
- December 10 - Testing date (nothing mandatory before 2 pm)
- December 23-30 - Winter Break

January

- January 16 - MLK Day 9 (Voluntary practice only - no penalty for missing)
- January 23 & 24 - 2-hour early release (work time for teachers)
- January 25 - No school for students (workday for teachers)

February

- February 3 - Report card distribution
- February 8 - 2-hour early release (PD for teachers)
- February 11 - Testing date (nothing mandatory before 2 pm)
- February 20 - Schools closed for Presidents Day

March

- March 1 - Spring sports start
- March 2 & 3 - 2-hour early release (PT conferences)
- March 4 - Testing date (nothing mandatory before 2 pm)
- March 11 - Testing date (nothing mandatory before 2 pm)

Contests:

- 12 regular season meets
- No more than two meets per week, and
- Three meets in one week may be scheduled once during the season
- AACPS Practice Requirements:
 - Each team member is required to attend all pool practices.
 - Dryland is a school-based decision but is highly recommended on non-pool practice days.

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County Championship Game and Awards:

- February 3 at AOSC (time TBD)
- 135 medals for 1st- 3rd place in 22 events, County Championship plaques for the school and head coach

MPSSAA Region Tournament Information:

- Deadline for entry into regions - February 13
- Scratch / late entry deadline for regions - February 14
- Region meets - February 16, 17, & 18
 - 4A-3A East - February 18 at 9 am (AOSC)
 - 3A-2A-1A East - - February 18 at 3 pm (AOSC)
- Seeding of state meet - February 21
- State Championship Meets - February 24 & 25
- MPSSAA website

<https://www.mpssaa.org/state-championships/swimming-diving/mpssaa-swimming-and-diving-state-champions-hips-central/>