



# Pre-participation physical examinations in Anne Arundel County.

Tuesday, July 28, 2020 • 4 to 6 p.m.

MedStar Health at Waugh Chapel  
2410 Evergreen Rd., Ste. 100 • Gambrills, MD 21054

**Cost:** Free in 2020

Limited availability. Appointments preferred, but some walk-ins accepted.\*

**To make an appointment online, go to:**  
[MedStarNRH.org/Physicals](https://www.MedStarNRH.org/Physicals)

\*If you or someone you live with was diagnosed with COVID-19, please make an appointment with your primary care provider for your physical.

**This comprehensive exam is station-based and includes:**

- Height and weight
- Vision
- Flexibility screening
- Blood pressure and pulse
- General medical exam
- Orthopaedic exam

**Questions? Please email [medstaratc@medstar.net](mailto:medstaratc@medstar.net).**