Wow, already February? How time flies when you are learning! Please read through this month's newsletter closely to find out the awesome things going on this month. As always, please don’t hesitate to contact us!

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February 2020

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http://monarchacademy.org/annapolis/ (410) 934-1444
Dear Marvelous Monarch Annapolis Families,

As we begin the 3rd Marking Period, or the halfway point of the school year, we have much to celebrate. If you haven’t been in school recently, you will want to stop by soon to see the positive growth in expected student learning behaviors and learning. It’s impressive to walk through our hallways and classrooms and to see all the great learning taking place. This has been our top priority as we launched our new school year and settled into our 3rd year in existence a school. I am very proud of all of the hard work and determination our students, teachers, and staff have shown this fall and winter to help us get to this point.

We’ve also recently had several PYP celebrations of units of inquiry. Our 4th graders created an impressive display of their learning of Woodland Indians. They made authentic tools, habitats, and information displays to showcase their learning for the whole school. Our 1st graders hosted an amazing Senses Museum with each of the five classrooms showcasing a different sense. Their excitement and ownership of learning was tangible! This is what PYP is all about!

We are moving into a recruiting phase for our school as we start to think about next year. If you know of any students who would enjoy attending Monarch Annapolis, send them our way! We especially need to fill our kindergarten classes! Spread the word! The future is bright at Monarch Annapolis! The West Street library is about to move out of our building and into their new building. We've just loved having them as a partner in our building and we will miss them dearly. The space they occupied will be converted into additional school space. We are working on our plans for those rooms.

Finally, our Brain Path is coming alive right before our eyes! This amazing, soon-to-be 3D mural is being painted daily and extends from the main office area, past the media center, all the way downstairs. This awesome mural will be a learning tool and reminder of how our brains work. Students and staff alike are enjoying watching the artists work right before us! It’s a great day at Monarch Annapolis and we’re excited to partner with each of you. If I can be of assistance to your child, please email me at ramstutz@aacps.org or call 410-934-1444.

Sincerely, Ms. Rachel Amstutz
Thank you for supporting our Winter Concert! The students did a wonderful job!

**Upcoming dates:**

**FEBRUARY 25**
- Optional 4/5th Grade Strings Field Trip to Annapolis High School

**MAY 6**
- Spring Strings and Uke Concert 2:00pm and 6:30pm

**MAY 13**
- Spring Band, Buckets, and Chorus Concert 2:00pm and 6:30pm

Summer AACPS Music Camp information: [https://www.aacps.org/Page/2294](https://www.aacps.org/Page/2294)
**TEXT "MONARCHANNAPOLIS" TO 31996** Join Monarch Academy Annapolis' new text system to get real-time text notifications on the status of your child's bus! Simply text "Monarch Annapolis" to 31996. You will be asked to provide information about your child's school enrollment and which bus they ride home. Normal text messaging rates apply. Text "STOP " to opt out. Text "HELP" for help.

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**Important Resources**

- **AACPS Chaperone Site**  
  [https://www.aacps.org/chaperone](https://www.aacps.org/chaperone)

- **Digital 2019-2020 AACPS Calendar**  
  [https://www.aacps.org/Page/2](https://www.aacps.org/Page/2)

- **AACPS Families Resources**  
  [https://www.aacps.org/families](https://www.aacps.org/families)

- **February Lunch Menu**  
  [https://tinyurl.com/wkets7c](https://tinyurl.com/wkets7c)

- **AACPS Bullying, Harassment, or Intimidation Reporting Form**  
  [https://tinyurl.com/t4lmhrm](https://tinyurl.com/t4lmhrm)

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Not receiving digital communication from us?  
Please let us know immediately!  
MonarchAnnapolis@gmail.com
CLUB CORNER

Upcoming Clubs!
- Art Club (2nd-5th grade) | meets on Mondays 3:10-4:30pm → Lego Club (K-5th grade) | meets on Mondays 3:15-4:15pm = Yoga Club (K-5th grade) | meets on Wednesdays 3:15-4:15pm → Challenge Island (1st-5th grade) | meets on Mondays 3:30-4:30

Hurry before seats fill up! Click on the club for the direct link to registration or permission slips. All permission slips need to be returned to Kate McFaul via email or paper copy.

Contact for Kate McFaul: mcfaulk@monarchacademy.org

C O O L I N G  D O W N

Meltdowns with De-Escalation

Meltdowns are stressful for anyone involved. They may seem unpredictable but usually there is a clear pattern for the before, during, and after. Some call this “The Escalation Cycle.” Knowing this about your child can help prevent some of those nasty meltdowns.

De-Escalation Strategies
- Do not try to reason with them
- Do not yell over top of a screaming child
- Validate their feelings not their actions
- Be aware of your body language / facial expressions
- Silence
- Movement break or a walk
- Distraction
- Deep breathing exercises

Cool Down Corners

Zen Zone, Antarctica, Calming Corner. Regardless of the name, they are a great tool for kids and adults. They look a little different in each classroom but can be used at home too! A cool down corner should be a safe, comfy space to sit in and process your emotions.
School Health News

6 Healthy Habits to Stay Healthy in the Winter

Get Vaccinated- it’s the most effective way to stop the flu.

Wash Your Hands Frequently- at least 5 times a day for 20 seconds- it is the most effective way to stop the spread of germs.

Cover your cough and sneezes- it’s most effective when you cough or sneeze into your elbow.

Get Plenty of Rest- being over tired makes us more likely to get sick.

Eat a Healthy Diet and Drink Lots of Water- helps to keep illness away.

STAY AT HOME WHEN YOU ARE SICK- especially if you have a fever, diarrhea, vomiting or have a contagious illness.

February 23-29 is Nicotine Free Week in Anne Arundel Schools.

Parent’s Request to Administer Medication at School: In order for your child to receive medication at school a PRAM (parents request to administer medication at school) must be completed by a parent and the doctor. This includes both prescription and over the counter medications. The medication must be brought to school by an adult in its original container, and the label on the medication must match the doctor’s orders. Over the counter medication must be unopened and in its original container as well. No exceptions. If you have any questions, please do not hesitate to contact the health room.

Keyboarding without tears is an important school funded program right here at Monarch! This keyboarding program helps students learn these important skills at their developmental level. Students will want to be practicing this in preparation of upcoming state assessments that require responses to be typed on a computer.

*Contact your child(ren)’s Teacher to receive log-in information*
Monarch Academy Annapolis

February Spirit Days!

Building a positive school climate is one of our many goals here at Monarch Academy Annapolis. As an educational team we want our students and staff to come to school each day with an excitement for learning, teaching, and being an active service member of our community. Our monthly “Spirit Days” are just one way for our students to positively participate in something that makes our community great!

Friday, February 14th

Lots of Love Day!
*students wear red, pink, purple, and white in celebration of Valentine’s Day!

Friday, February 28th

Rainbow Day!
*students wear their "class color"
- Kindergarten = yellow
- 1st grade = purple
- 2nd grade = blue
- 3rd grade = green
- 4th grade = orange
- 5th grade = red
- STAFF = black & white

Leukemia & Lymphoma Society

Pennies for Patients Program
February 10, 2020 through February 28, 2020

Monarch Academy Annapolis is joining 29,000 schools nationwide in the fight against blood cancer. For two weeks in February we will help people who are sick with blood cancers like leukemia, lymphoma and myeloma. We are asking that each student collects coins and other donations towards this great cause! Students should place all coins in their individual collection boxes and return donations on or before Friday, February 28th.

The class that collects the most money will be rewarded with a pizza party from the Leukemia and Lymphoma Society. Thanks in advance for helping us to reach our school goal of $1000.

Happy Collecting!
Monarch Academy Annapolis
Monarch Academy Annapolis is unleashing the power of GREATNESS this year! We believe that ALL STUDENTS ARE CAPABLE OF SUCCESS, NO EXCEPTIONS! We believe that children succeed when they can articulate their future. When children can see their future, have a plan to get there, and find the energy to pursue their goals they are much more likely to succeed.

Wednesday, May 20th  College Day!
*teachers & staff members showcase their college/university
*students and staff dress in college shirts
(uniform bottoms for students is expected)

Thursday, May 21st  Passports to the Future Day!
(students dress as their future career choice)

Friday, May 22nd  Career Day!
*parents, family, and community members visit classrooms to share careers - between 10:00 am and 3:30 pm
*a signup genius link will be available in early March for signup

HEART BINGO!  📚
FEBRUARY “BUTTERFLY BUCK” SCHOOLWIDE INCENTIVE

Students will participate in a schoolwide Bingo Game for fun prizes!
Who doesn’t love a fun game of Bingo!

WE ARE IN NEED OF A VARIETY OF GIFT CARDS ($5) FOR PRIZES...
CHICK-FIL-A; FIVE BELOW; MCDONALDS; ICE CREAM;
FROZEN YOGURT; 7-11; ETC.

Please send donations in a sealed envelope marked “February Schoolwide Incentive Attn: Mrs. Nikki Johnson” by Monday, February 24th

FRIDAY, FEBRUARY 28TH  Cost = $100 Butterfly Bucks
As February arrives, it is important to realize students have completed over one half of the school year. Over the next few months, many of our students will be completing different county and state assessments. Students in grades 1 - 5 will be completing the AACPS county math assessments for their grade at the end of the third quarter. Students in grades 1 - 5 will also complete the end of year testing for i Ready. Grade 5 students will be completing the Maryland Integrated Science Assessment (MISA) in March. This assessment allows students to show the Science knowledge they have learned while in elementary school. From early April until early June, students in grades 3, 4, and 5 will complete the Maryland Comprehensive Assessment Program (MCAP). This assessment replaces PARCC, which was used administered the past several years. MCAP will assess students in Math and Language Arts. Letters will be sent home to families of students taking MISA and MCAP that will provide more information and the exact testing dates.

It is very important that students attend school on their testing days and work hard to do their best. The assessments allow students to show what they have learned throughout the year. Our students have worked hard all year and these assessments all them to show what they have learned.

Mr. Clapper        Assistant Principal