

## COVID-19 Family In-Home Supports Grant

The Arc Central Chesapeake Region is partnering with Anne Arundel County Executive Steuart Pittman to offer a COVID-19 Family In-Home Supports program for families with children with disabilities. This program will provide short-term, in-home supports to children (ages 0-21) with disabilities living in Anne Arundel County. Families are eligible to receive up to \$500.

## Application Timeline

Applications Available:  
November 13, 2020  
Application  
Deadline: December  
20, 2020  
**This grant is  
administered on a  
first-come, first-serve  
basis.**

<https://www.thearcccr.org/familysupportsgrant/>



See page 2 for details on

- Partners for Success services
- Virtual learning resources
- Area events

### What about YOU?

Are you taking care of yourself? How are you taking care of yourself?

Our new normal has many of us not only tending to our typical daily demands, but has added additional demands: school, preparing more meals, entertainment and the list goes on and on.

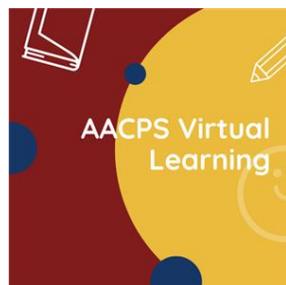
Partners for Success hopes you can find a moment for yourself. Take a moment and check these out! Can you try one?

**ARC Cup of Caring** <https://www.thearcccr.org/cup-of-caring/>

*Dec. 1* 10:00AM and 6:00PM Sensory Friendly Holidays  
*Session will be recorded and available for later viewing*  
*Jan. 5* 10:00AM and 6:00PM Virtual Meetings

**Anne Arundel Medical Center** offers free Wellness programs:  
<https://aahs.org/Improve-Your-Health/>

**How You and Your Kids Can De-Stress During Coronavirus**  
<https://www.pbs.org/parents/thrive/how-you-and-your-kids-can-de-stress-during-coronavirus>



Do you have questions about  
AACPS virtual learning?

<https://www.aacps.org/virtualllearning>

**AACPS Family Support Helpline**

**410-222-5001**



## Virtual Learning Resources

**Early Childhood Technical Assistance (ECTA) Center** Supporting Young Children and Families during COVID-19:

<https://ectacenter.org/topics/disaster/coronaviruses-talking.asp>

**MSDE** Resources to Support Students with Disabilities During the COVID-19 Pandemic:

<https://marylandlearninglinks.org/resources-to-support-distance-learning/>

**Pathfinders for Autism** offers prerecorded sessions of past webinars:

<https://pathfindersforautism.org/recorded-webinars/>

## What is PFS?

Partners for Success (PFS) is a collaborative effort between AACPS and MSDE to ensure parents are informed, active participants in their child's education.

The Partners for Success team proactively works to provide the tools and information necessary to empower parents to support their child's educational program.

Our team assists parents with strategies to feel acknowledged, heard and respected.

### Contact PFS for:

- Explanation of the Individual Education Program (IEP) and assistance for your specific situation
- Help in organizing your thoughts, concerns and input for discussions with school staff
- Review of IEP Drafts and preparation for upcoming IEP meetings
- Suggestions for resources for specific concerns

## Who are your Partners?

**Chesapeake, North County, Northeast, Old Mill High School Feeders**

*Aretha Perry*

[Aeperry1@aacps.org](mailto:Aeperry1@aacps.org)

**Annapolis, Glen Burnie, Broadneck, Severna Park High School Feeders**

*Leanne Carmona*

[Lcarmona@aacps.org](mailto:Lcarmona@aacps.org)

*Estefania Holler*

[Eholler@aacps.org](mailto:Eholler@aacps.org)

**Arundel, Meade, Crofton, South River, Southern High School Feeders**

*Kathy Flaherty*

[Kmflaherty@aacps.org](mailto:Kmflaherty@aacps.org)

*Chris Ostendorff*

[Costendorff@aacps.org](mailto:Costendorff@aacps.org)

## 25th Annual Maryland State Police Polar Bear Plunge

Do you want to test your abilities to confront freezing cold water? Special Olympics Maryland, in close coordination with their dedicated partners, will be instituting a hybrid approach to the 2021 Polar Bear Plunge, offering the first-ever virtual, at-home Plunge *and* an in-person, socially distant Plunge at Sandy Point State Park. Sign up to plunge or donate at <https://plungemd.com/>

By participating in the 2021 Maryland Plunge, you will be helping to provide year-round sports and leadership programs for the 8,716 athletes of Special Olympics Maryland. Your donation will support the sports and leadership programs offered throughout the state. Special Olympics Maryland programs are FREE to athletes and families thanks to generous community supporters who believe in the Special Olympics mission: to give our athletes opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendships with their families, other Special Olympics athletes and the community