

Help for Hybrid -- Tips to Handle the Changes

- Reestablish bedtime and mealtime routines
- Recreate the family calendar –solidify relearning how to juggle the commitments
- Create a clear place to do homework
- Leave extra time to get up, eat breakfast and get out the door
- Focus on the positives – seeing friends and teachers, new routines, learning new things
- Ask open-ended questions like, “what are you looking forward to?”; “what did you not realize you missed?”; “what was the best thing that happened today?”
- Reinforce your child’s ability to cope – talk through challenging scenarios and ‘what would you do if. . .’; encourage drawing or playing to express negative emotions



See page 2 for details on

- Partners for Success services
- Virtual learning resources
- Area events

Reflections on Virtual Learning and Your Child

Do you feel you have a new perspective on your child’s learning? Your observations are valuable perspectives that should be shared with your child’s school team.

How can you do that? A data tracking tool may be helpful to guide you. What supports do you provide and how often does your student need them? Do you read aloud written information, type, use a reward chart, provide examples or demonstrate how to do an assignment?

Your input is important as students are returning to in-person learning and teachers are determining what students need.

*Interested but not sure how to organize this?
Contact Partners for Success for consultation.*

	Strengths	Weaknesses	Participation in class	How I help	Frequency
Reading					
Math					
Writing					
Behavior					
Transitions					

Do you have questions about AACPS
hybrid and virtual learning?

<https://www.aacps.org/virtuallearning>

AACPS Family Support Helpline 410-222-5001



Virtual Learning Resources

Early Childhood Technical Assistance (ECTA) Center Supporting Young Children and Families during COVID-19:
<https://ectacenter.org/topics/disaster/coronavirus-talking.asp>

MSDE Resources to Support Students with Disabilities During the COVID-19 Pandemic:
<https://marylandlearninglinks.org/resources-to-support-distance-learning/>

Chesapeake Down Syndrome Parents Group:
<https://cdspg.org/what-we-do-1>
events and activities:
www.cdspg.org/events

What is PFS?

Partners for Success (PFS) is a collaborative effort between AACPS and MSDE to ensure parents are informed, active participants in their child's education.

The Partners for Success team proactively works to provide the tools and information necessary to empower parents to support their child's educational program.

Our team assists parents with strategies to feel acknowledged, heard and respected.

Contact PFS for:

- Explanation of the Individual Education Program (IEP) and assistance for your specific situation
- Help in organizing your thoughts, concerns and input for discussions with school staff
- Review of IEP Drafts and preparation for upcoming IEP meetings
- Suggestions for resources for specific concerns

Who are your Partners?

Chesapeake, North County, Northeast, Old Mill High School Feeders

Aretha Perry Aeperry1@aacps.org

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Pathfinders for Autism presents

Guardianship and Its Alternatives

Thursday, April 29, 2021 12:00 – 1:30 pm

When do you or your family members need a guardian?
When are the alternatives to guardianship appropriate?

Participants will learn about guardianship alternatives including advance health care directives, powers of attorney and surrogate decision making. Presented by Ellen Callegary and Jim Silver from [The Law Offices of Ellen Callegary](#). Free but you must register.

For more information and to register:

<https://app.etapestry.com/cart/PathfindersforAutism/default/item.php?ref=843.0.1471118373>

To learn about Pathfinders for Autism: <https://pathfindersforautism.org/>