

SPMS Clubs & Activities 2022-2023



PE Extracurricular Activities



Morning Intramurals:

8:05 a.m-8:55 a.m.

Tuesday, Thursday

All students are invited to participate in morning intramurals by grade level. Students are required to wear their PE uniform and proper footwear. Students are allowed to change into their PE uniform once at school. Intramural activities include dodgeball and soccer. Contact Ms. Peterson or Mr. Lentz If you have questions.

Tuesday AM: Indoor Soccer - All Grade Levels

Thursday AM: Dodgeball – All Grade Levels

Math/Chess Club

Looking for a fun challenge? Students who enjoy problem solving, competition, and math are invited to join Math/Chess Club! Here you will meet other students and engage in friendly competitions in both Math and Chess while preparing to compete in the 24 Math Challenge and MathCounts. We will play games, solve complex puzzles and problems, engage in competitions, and just have fun! This club meets every Thursday morning, 8:05-8:55 starting 9/27/22. See Ms. Hughes (A121) or Mr. Loock (A108) for more information.

Digital Design/Graphic Arts

Students will meet in C112 with Mrs. Reynolds during 5th & 6th period Flex days to create digital designs to be used around the school building and for fun. We will also meet before school monthly to distribute projects. Club starts Wednesday, 9/21.

Environmental Club

Do you have an interest in the environment and making the earth a better place? In this club, students will have fun while developing an appreciation for the environment. Students will participate in projects and activities focusing on environmental issues. Club members will be asked to assist with the Severna Park Earth Day Festival in April. This club meets on **announced** Thursdays. See Mr. Philip in room E-101 for more information.

Student Government Association (SGA)

SGA is an introduction to student government procedures and activities. SGA is an introduction to student government procedures and activities. Students are involved in planning Spirit weeks, fundraisers and charity actions for SPMS. Students who join have the opportunity to be involved at the school, county, and state levels. Delegates must want to be active members and future leaders of both their school and community. Student delegates must be able to attend SGA meetings twice a month. Students must also be able to attend monthly field trips. Interested students should plan on attending our first meeting. This activity is of no cost to students, except for overnight stays (Ocean City Convention for example). Students can also split their time between SGA and other clubs. If you have questions, see Ms. Endo or Ms. DeLaet. Meetings will be held during Flex - Starting 9/22/22 in E109.

Yoga Club

Do you need time to relax and re-energize your mind after a long day of school? If so, join Ms. Hartman, certified yoga instructor. Location to be announced.

Regardless of one's flexibility, students can benefit from a variety of yoga poses and breathing techniques. Students will learn to incorporate these breathing techniques and poses into their daily routines to calm or energize when needed. Yoga provides benefits including stress relief, increased concentration, flexibility and strength. Students may enjoy the relaxation time at the end of practice to unwind from the busy pace of our lives.

Yoga Club will meet on Thursday mornings 8:05-8:55, beginning October 6th. Please bring a mat - we do have mats available to keep in your locker and use at home --and a water bottle. Location to be announced.



Chorus Extracurricular Activities

Varsity Choir

Do you have a passion for singing? Are you taking chorus? If so, join us for Varsity Choir auditions on September 12th & 13th from 4:00-7:00pm in room M105. For more information and to sign up for an audition time, please go to www.spmssings.org. The first rehearsal will be **Monday, October 3rd** and we meet **every Monday from 4:00-6:00p.m.** There will be a mandatory parent meeting for those accepted immediately after the first rehearsal until 7:00pm. Performances this year include seasonal concerts, as well as a Music in The Parks trip to Busch Gardens in Williamsburg, VA and a performance at the State House in Annapolis. You must audition, be a Spartan Lyrical Society member, and be enrolled in an SPMS chorus class in order to join Varsity Choir.

Spring Musical

The spring musical will be presented from April 28th-30th. **Vocal auditions will be held on January 4th & 5th while dance auditions will be held on January 6th.** We will hold an Audition Jitters Workshop on **Thursday, December 19th from 4:15-5:15pm.** There will be a parent information session following the workshop from **5:15-5:45pm.** For more information, go to www.spmssings.org.

Black Student Union Alliance

The purpose of the Black Student Union is to unify black students and bring awareness of the African American culture to the Severna Park Middle School Community. The Black Student Union will meet during 3rd period Flex Days in Room A114 with Ms. Kelly White and Ms. Cheatham.

Wellness Club

The goal of the Wellness club is to help students find tools to manage stress. Through activities such as art, coloring, music, meditation and movement students will have a place to explore healthy coping skills. Students will also learn some tips and tricks for stressing less outside of the club to help balance school, extracurriculars, and a healthy social life. Meets Thursdays during Flex Period in Portable 2264 (the farthest on the left) - Kayla Brown, School Psychology Intern, Mrs. Merritt-Jackson, School Psychologist

The Coloring Club

What? Advanced coloring, while listening to calming music Where? A133 (the FACS sewing room)

When? Drop in any Wednesday during flex

Who? All grades are welcome

Why? To relax, meet new people, and help decorate the end of A Hall

Ms. Jenkins and Ms. Carbone

Latino Dancing

This club will be an opportunity for students to learn some Latino dances like salsa, merengue, cumbia, and more while keeping it school and age appropriate. It will meet every other week during 1st-period flex. D104 with Mrs. Fisher

Heart & Sole

Heart and Sole brought to you by Girls on the Run will be offered to all sixth, seventh and eighth grader girls. Weekly practice on Tuesday and Thursday mornings before school from 7:40 to 8:55am. Meet outside at the 8th grade entrance (near Health Room). Our first practice will be September 22. Contact Ms. Castaneda for any questions Rm D107.

Book Club

All students are invited to join us for book discussions, activities, and literary themed events throughout the school year. The purpose of this program is to inspire reading for pleasure and promote life-long reading habits by encouraging students to read, discuss, and enjoy quality, contemporary literature. The club meets before school, as announced. See Mrs. Thomas in the Media Center for more information.



The Spark, A Student Led Newspaper

The Spark Newspaper is published three times a year and features articles written by and for SPMS students. The student staff will brainstorm article ideas, interview students and staff, write pieces, edit submissions, and work on newspaper layouts. Students must have knowledge of writing mechanics and be creative, dependable, and self-motivated. Club meets during 5th & 6th period Flex starting 9/21/22 with Mrs. Lane, C107.

Yearbook Club

Do you like to take pictures? Are you interested in layout and design? Join the yearbook club! We will meet on Thursdays (8:05 - 8:55). Our first meeting will be this Thursday, September 22nd. Any questions? See Mrs. Bernstein in B105. We have space for 25 students.

GSA

The Gay Straight Alliance (GSA) is a safe space for LGBTQIA+ students and allies! All are welcome to join us for games, discussions, and just some quality time with your LGBTQ+ peers. We talk about identities, LGBTQ+ news, give tips and advice, and much more. You do not need to be a part of the LGBTQ+ community to join GSA. Allies welcome as well! Meetings will be Thursday mornings, 8:05-8:55. See Ms. Fenn in room F102.