

Growth Mindset Language for Parents

Use these statements to help your child persevere through any challenge this year!

In the beginning of the year

- ✓ We expect great things from you, and we are all here to guide you in your learning and growing.
- ✓ Mistakes are expected and valuable- We all learn from them

When doing homework

- ✓ I can tell you are really working hard on _____
- ✓ You have really improved on _____
- ✓ I can tell you are trying your very best because _____

When facing disappointment, challenge, or failure

- ✓ Ok, so you didn't do as well as you wanted to. Let's look at this as an opportunity to learn and set a goal for next time!
- ✓ Let's look to see what parts you did well in? What parts were difficult for you?
- ✓ What can we do differently next time to prepare for _____

When success is met because of effort

- ✓ I'm so proud of the effort you put forth in order to improve your grade (or making the team, staying on green, completing your homework, etc.)
- ✓ Congratulations, you really used great strategies for studying (managing your time or behavior, etc.)



Office of Equity and Accelerated Student Achievement
