

Anne Arundel County Public Schools School & Family Partnerships Office, invite you to attend a...

Family Involvement Conference

Saturday, November 16, 2019 | 8:30 a.m. – 1:00 p.m.

Anne Arundel Community College | Pascal Center | 101 College Parkway, Arnold, MD

www.aacps.org/familyconference

Workshops to choose from...

Strategies for the ADHD Brain

Discuss the unique qualities of the ADHD brain and walk away with specific tools that can be used with children to promote positive interactions and success.

Put That Down and Look at Me—Whose Faces are Screens Replacing?

Review facts about the impact of technology addiction on human behavior and discuss the value of establishing boundaries around the use of technology.

Why Do They Act that Way?

Gain insights from David Walsh's book, *Why Do They Act that Way: A Survival Guide to the Adolescent Brain for You and Your Teen* and learn strategies to help children gain impulse control and behavior management skills.

Embracing Diversity Through Diversity Week

Learn about the importance of building a foundation of embracing the diverse backgrounds and perspectives of our students, faculty, and community through a variety of school-based activities as modeled by the 2018–2019 Diversity Week at Glen Burnie High School.

Why Empathy?

Explore practical strategies to teach empathy to children.

Building Resilience in Children and Youth: Skills for Parents and Caregivers

Learn to reframe stress and how mindfulness is connected to resilience.

What are Restorative Practices and Why Should I Care?

Learn about Restorative Practices and how they are used in schools to support community building and conflict resolution.

Stars from the Start: School Readiness Skills

Participants will walk away with the practical skills needed to ensure children are ready for the classroom.

Fostering Academic Mindsets: Launching into College!

Examine the academic mindsets (based on Carol Dweck's work) that lead to college readiness and perseverance, and collaborate on how to foster those mindsets in various school and family settings.

College and Scholarships 101

Learn about tools that will help you and your child navigate the college and scholarship application process.

Math from 1-2-3 to X-Y-Z

Examine the sequence of mathematics skills students should master from elementary through middle and into their high school years and learn tips on how to help support the development those skills.

Veggies Rule! Nutrition Basics for your Family

Walk away with a list of foods that support healthy brain development and get to sample some of the delectable, healthy foods discussed.

#MINDFULNESS—is it just another Buzz Word?

Learn creative, everyday, ideas and tools to help guide you and your family to a more mindful world.



Conference is Free! | Continental Breakfast & Snacks will be provided.

To register online (preferred method) go to www.aacps.org/familyconference.

You can also register for the conference by returning this form to the School & Family Partnerships Office, AACPS, 2644 Riva Rd, Annapolis, MD 21401

Name _____
(First, Middle Initial, Last)

Street Address _____
City State Zip

E-mail Address _____ Home/Cell Phone _____