Pride Post
February 2022

Greetings SOES families,

I hope that this message finds you well. As we continue to prepare for the second half of the school year, please take time to review current information on the AACPS website about COVID protocols and opening of school. There you will find information about schedules, Brightspace, and more. All health & safety protocols can be found on our AACPS Safety Protocols site. We are committed to continuously seeking improvements to the learning experience for all our students and appreciate the flexibility of our students, parents, teachers, and staff as we strive to enhance education during these trying times.

Wishing you all the best,

Farah Springer
Principal
Grade Level News

Pre-K

Hello Families,

This month we will be exploring The World Around Us. We will be learning about 3D shapes in math. We will be learning about the letters G, T, S, and R and the sight words: is, and, when, & will. Our Social Studies and Science focus will be the world around us: Earth, animal habitats, living and non-living things and how living things grow.

Your students will receive Progress Reports this month that will show how they are doing academically at the time of the progress report.

We are heading into the part of the year where the students get comfortable and confident, they transition from just learning to information to applying it. I am excited for their growth over the next four weeks!

Happy Learning Pre-K Friends,
Mrs. Collington

Kindergarten

Hello Kindergarten Families! Happy February!

Thank you SO much to our families and students! We are so proud of our students and their academic growth! We appreciate everything you do and all the support you provide. We ask that students continue to work on iReady each week for at least 30 minutes for literacy lessons and 30 minutes on math lessons. If you are having difficulties accessing this at home, please reach out to your teacher. This is key in helping students strengthen their skills and their learning path challenges them to new levels.

Happy Black History month! Each week, we plan to have an activity to celebrate an activist or leader! On February 14th, we will do a fun Valentine’s Day exchange. There will be an email sent out to families with student first names. There will be directions for a project in your child's blue folder that will be due towards the end of the month.

We will continue to work on phonetic skills by focusing on letters, letter sounds, and strategies for decoding and identifying new words to help aid reading skills. At this time, the expectation is that students can identify all letters and sounds and are reading on a C-level. During writing, our goal is that students are using the learned strategies and skills when writing. Congratulations to students completing their “How to write true stories” unit! Keep up the great work! We will also continue to practice math skills of solving and explaining our thinking, writing our numbers to 20, subtraction and story word problems, and counting to 81.

As always, thank you for all your continuous support and stay warm. 😊
The Kindergarten Team

First Grade

Hello First Grade Families!

We made it to the third quarter of the school year! For this quarter, our writers will learn how to write their opinions through writing reviews! In Science & Social Studies, our scientists will learn how to share ideas and send messages through the science of sound and light! For Math, we are going to continue to strengthen our concept of tens and ones, learn how to tell time, and add and subtract using comparison structures!

As celebration for Black History Month, our first graders will participate in a research project about a Famous African American. They will be utilizing our online resources like Pebble Go on their ClassLink page to conduct this research project.

Our first graders are encouraged to continue reading at least 20 minutes a day at home. It is also imperative that they complete 30-45 minutes of iReady Reading and Math. Please ensure that our first graders complete their daily Brightspace work for literacy and math and utilize their blue folders to turn them in.

For any questions, please do not hesitate to reach out to your child's teacher.

Let's work together to help our first graders become the BEST THEY CAN BE this QUARTER 3!

First Grade Team
**Second Grade**

Hello Families,

We are halfway through 2nd grade! It’s been a great half of the year and we are looking forward to the rest. We will spend the next quarter learning about money, time and the economy. We will also be focusing on understanding what we are reading and writing opinion pieces. All students should be reading each night for 20 minutes and spending time on their iReady pathways. Thank you for all that you do!

Second Grade Team

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**Third Grade**

Hello Families,

In this month of February, as we delve into the third quarter, our 3rd graders will be exploring Poetry and Prose. In addition, they will continue to learn more about the use of figurative language in a text to determine the meaning of words.

In Writing, our students will be exploring opinion writing and how to develop reasons and evidence to support their claims on a topic. They will continue to explore the differences between facts and opinion.

In Science, students will be learning how environmental changes affect organisms and influence their survival. They will also be exploring climate and weather in different parts of the world.

In Social Studies, our students will be learning about how to make good economic choices and how money is obtained to meet the needs and wants of people in a community.

In Math, students will be learning about how to use fractions in measurement and data. They will learn to organize data collected in a table and draw number lines to represent data on a line plot. Please continue to reiterate the importance of demonstrating PRIDE to your students.

Thanks, you for all your support.
3rd Grade Team.
Fourth Grade

Hello Families,

We are looking forward to finishing the second half of the year strong with you on our team. Please check on your students' progress using Brightspace and Parent Portal weekly. If you have any questions, please contact your student's teacher. It is important to ensure that all your student's work is turned in weekly.

Fourth Grade Team

Fifth Grade

Hello Families,

Fifth Grade is excited to close out quarter two soon and begin quarter three. This month, our students will continue to explore themes in our content areas. In Mathematics, we will continue to multiply and divide fractions. Within Science, students will start our unit on "What's the Matter", students will learn about physical and chemical changes. In Social Studies, students are continuing with the Road to the Revolution Unit, where we learn about the many causes of the American Revolution. Within Literacy, students will continue to learn useful strategies to boost their fluency and comprehension. We continue to learn about concepts such as: scan and skim, multiple main ideas, write to source, and relationships between events and main ideas. For Writing, we are continuing our Informational unit. Students will finish researching a college that interests them and their career choice and finalize their robust informational writing piece

Fifth Grade Team

EEE Arts and Humanities

Happy February,

we are finishing up and celebrating the end of each grade levels first Project Based Learning Units. We are excited to continue expressing ourselves through, Dance, Drama, Music and Visual Arts as we explore how people process and record the human need to respond to life through the arts and literature.

The Art Team
Hi Seven Oaks Families,

We celebrate Black History Month in February! Did you know we have many eBooks celebrating Black History Month? You can visit MackinVia and open our Capstone database. You will see many eBooks to enjoy located in our Black History Month Booklist.

You can visit our Groups to locate the Celebrate Black Americans Group and the Celebrate Black Authors/Illustrators Group.

Happy Reading!!

?? Library Media Team
**Art**

Get ready to fall in love with these upcoming art projects. Happy Black History month!!!

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**Physical Education**

Hello Seven Oaks Elementary students, families and friends! We hope all have been doing well and are having a great start to a new year. This month we will be working with all grades on dribbling with our hands (basketball skills). In addition, we will also practice passing and shooting the ball at a grade appropriate level. Like always we will continue to develop our flexibility, cardiovascular endurance, and overall body strength through a variety of activities. Please be mindful on Physical Education days to make sure you have the proper shoes to aid with safety in the gym. Like always if you have any questions or concerns, please contact us at any time.

Mr. Chandler
Ms. LaTorre

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**General Music**

Happy February! We are kicking off this month with studying the great Black American influences in Music! Our students will sing, dance and join in celebrating music from the past, present, and future! Thank you as always for your continued support in music!

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**Instrumental Music**

**Beginning Orchestra**
This month, we are beginning to work with our bows, performing open string exercises.

**Advanced Orchestra**
We are continuing to learn new scales and perform in 2-part harmony.

**Band**
We will be building our range by learning new notes and starting to perform exercises in 2-part harmony.

As always, students should be practicing consistently at home. Thank you for your support of instrumental music!

Matt Curran
Instrumental Music Director
Seven Oaks and Brock Bridge Elementary
Google Voice: 301-744-7296
Happy February!

As we begin the month of February, and our 3rd marking period, we are so excited to continue watching the growth each of the students make. We encourage families to continue working within the i-Ready program to support academic growth in both reading and math.

Additionally, continue working with your student(s) on their reading by enjoying a book as often as possible. Even if your students are not of the age/level where they can read to themselves, hearing stories read aloud supports comprehension and development of their language skills that will further their growth and a love for reading.

Additionally, if you find that you need additional academic supports in the form of tutoring/virtual work support/help, please check out the website below for some more information through the county.

https://www.aacps.org/tutoring
Dear Parents and Guardians,

I am writing to let you know that beginning on February 7th, we will be delivering classroom lessons about Erin’s Law to all students in Pre-kindergarten through 5th Grade. “Erin’s Law” requires that all public schools in each state implement a prevention-oriented child sexual abuse program which teaches students in grades prekindergarten through 12th grade age-appropriate techniques to recognize child sexual abuse and tell a trusted adult. Schools provide a safe place where children can learn what to do in unfamiliar or uncomfortable situations. You can preview the lessons and discuss any concerns about them with me. Parents can opt out of having their child(ren) participate in the lessons, and an alternative activity will be provided. Follow up materials will be sent home, so that you can support what your child has learned.

Pre-K and K students will receive lessons from me, focusing on:

- Identify safety rules for home, school, and the community.
- Distinguish between appropriate and inappropriate touching.
- Identify safe and unsafe situations in response to scenarios that are read to them.
- Identify people who are strangers and how to avoid contact with strangers.
- Identify situations when it is necessary to seek grown-up help.
- Name a safe adult who they can tell about an unsafe situation.
- Explain the Protect Yourself Rules.

First grade students will receive lessons from me, focusing on:

- Describe the difference between safe and unsafe touches.
- Practice asserting themselves by using the “Shout, Run, Tell” rule.
- Recognize that it doesn’t matter who it is (friend, relative, stranger), no one has the right to touch them inappropriately.
- Identify people who are strangers and practice how to avoid contact with strangers.
- Identify how to use refusal skills when in personal safety situations.
- Identify safety rules for home, school, and the community.
- Distinguish between appropriate and inappropriate touching.
- Identify situations when it is necessary to seek adult help.
- Identify way to report inappropriate touching.

Second grade students will receive lessons from me, focusing on:

- Identify safety rules for home, school, and community by stating the six Protect Yourself Rules.
- Describe the difference between appropriate and inappropriate touching.
- Identify refuses skills when in person safety situations (for example “No, Stop statements, run/walk away, tell a grown-up”)
- Describe the characteristic of a trusted friend and adult versus a stranger.
- Identify situations where I find it necessary to seek adult help.
- Identify non-verbal ways to report abuse.
- Give examples of unsafe touches that are harmful to my body.

Third grade students will receive lessons from me, focusing on:

- Give examples of safe and unsafe secrets.
- Identify safety rules for home, school, and community, including the 6 Protect Yourself Rules.
- Describe the difference between appropriate and inappropriate touching.
- Discuss the importance of setting (and ways to set) personal boundaries for privacy, safety, and expression of emotions.
- Explain that everyone has the right to tell others not to touch his or her body.
- Describe the characteristic of a trusted friend and adult versus a stranger.
- Demonstrate refusal skills when in unsafe situations (for example “No, Stop statements, run/walk away, tell a grown-up”)
- Identify safety rules for school, the home and the community.
- Roleplay what to do if a stranger approaches you – at home, in a car, on the street.
- Identify situations when it is necessary to seek adult help.

Fourth grade students will receive lessons from me, focusing on:

- Identify unsafe touches and how these types of touches violate their personal boundaries.
- Describe sexual harassment and will practice steps to stop sexual harassment.
- Demonstrate knowledge of the six Protect Yourself Rules and how to apply them in unsafe situations in-person and online.

Fifth grade students will receive lessons from me, focusing on:

- Identify the Protect Yourself Rules and identify applications for these rules in their lives to set personal boundaries for privacy, safety, and expression of emotions.
- Identify safe people that they can go to if feeling unsafe.
- Describe how friendship, attraction, and affections can be expressed in different ways.
- Define physical and sexual abuse.
- Identify safe adults.
- Explain how they would safely respond to abuse.

All lessons include information that will come home with your child after the lesson has been taught so that you can support your child as he or she learns to be safe.

These lessons are important because school provides a safe place where children can learn what to do in unfamiliar or uncomfortable situations. Trusted adults provide students with an opportunity to practice handling situations related to child sexual abuse and personal body safety, so that the first time a young person is faced with an unsafe situation, he or she knows what to do and has practiced doing it. Students will identify trusted adults, both inside and outside of the school, who they can go for help.

You can preview them on the Anne Arundel County Public Schools website. Go to https://www.aacps.org/Page/5481 to preview the lessons or to find more information about Erin’s Law in a FAQ.

If you have questions about these lessons, please don’t hesitate to contact me at 410-222-0937 or via email.

Thank you for your support,

Theresa Morgan, School Counselor

tmorgan-elam@AACPS.org
VIRTUAL SUPPORT FOR ELEMENTARY MATH

AACPS Elementary Math Virtual Family Support is back!

Join us with questions about Pre-K through grade 5 math concepts or in search of help understanding current problem-solving teaching/techniques.

Who? Parents, guardians, or other adults who help students learn

When? On Tuesday and Thursday evenings, 6 p.m. to 8 p.m.
(First session begins Thursday, September 23rd)

Where? Live Google Meets (See links below) with AACPS math teachers

*English and Spanish support is available

Please use the Google Meet links below where a math teacher tutor will provide a visual response with support.

Primary (Pre-K - 2nd Grade)  
Click [HERE](#)

Intermediate (3rd - 5th Grade)  
Click [HERE](#)
APOYO VIRTUAL PARA MATEMÁTICAS DE PRIMARIA

¡El apoyo Familiar Virtual de AACPS para Primaria en Matemáticas ha regresado!

Únase a nosotros con preguntas sobre los conceptos matemáticos de Pre-kinder hasta 5 grado o en busca de ayuda para comprender la enseñanza / técnicas actuales de resolución de problemas.

¿Quién? Padres, tutores legales u otros adultos que ayudan a los estudiantes a aprender

¿Cuándo? Los MARTES y JUEVES por la noche, 6 p.m. a 8 p.m.
(Primera sesión comienza el jueves 23 de septiembre)

¿Dónde? En vivo por Google Meets (ver el enlace abajo) con maestras de matemáticas de AACPS

*Apoyo disponible en inglés y español

Por favor, utilice los siguientes enlaces de Google Meet, donde un tutor de matemáticas brindará respuesta visual con apoyo.

Grados Primarios (Pre-K - 2
Grado) Haga clic AQUÍ

Grados Intermedios (3 -5
Grado) Haga clic AQUÍ
Are You Familiar with the County’s Magnet Programs and Schools of Choice?

The Fall 2021 Application Period begins 12:00pm

AACPS Division of Advanced Studies and Programs believes strongly in providing innovative educational programs for our students. It is through offering Magnet Programs in International Baccalaureate (IB), Science, Technology, Engineering, and Mathematics (STEM), and Performing, Visual, Arts (PVA), as part of our schools of choice, that students get to rigorously explore their interests, talents, and abilities in a highly specialized instructional setting. In the Magnet Programs, students learn about and explore issues that are current and relevant within their field of study. Students take both pride and ownership in being a part of a Magnet program as they prepare themselves to be future leaders.

To apply, current AACPS students should use their lunch ID as their application username and password, which are also used to access the computers at school and Google classes. Non-AACPS students will create a username and password when beginning the online application. The Magnet Office cannot reset passwords. Contact the Help Desk at 410-222-5135 for password resets.

Please click here to see program specific webpages for additional details.

START YOUR APPLICATION HERE
after 12 PM on OCTOBER 11, 2021!
A big thank you everyone as we navigate our way back to school. A few important things to keep in mind as we head into the fall and then winter months:

- Please do not send sick children to school. Covid-19 symptoms are any one of the following:
  - Fever 100.4 or higher
  - Sore throat
  - Cough
  - Difficulty breathing
  - Diarrhea or vomiting
  - New onset of severe headache (especially with a fever)
  - New loss of taste or smell

If your child is exhibiting or reports any of the above Covid-19 symptoms they will be sent home from school. If sent home with a Covid-19 symptom they will need to either have a Covid test, a diagnosis from a health care provider, or quarantine.

Please be sure to review the daily screening student checklist every day before heading out to school.

If there are any changes in your child’s health or anything you’d like us to know please reach out.

We realize this is a challenging and difficult time for everyone. Please know our main priority is to keep all our students safe and healthy, and to do that, it may at times be inconvenient for some.

Stay well!!

Seven Oaks Health Room Team
Office Hours

The office is open by appointment only. Please contact the main office at 410-222-0937 between the hours of 7:30am-3:30pm.

Internet Connectivity

It is important that all AACPS students can log into the Internet reliably beginning September 9, 2021, the first day of school. Every student, whether learning in person or virtually, needs to be able to engage virtually via the Internet to access course materials, log into Brightspace, access ClassLink, work collaboratively with their peers, and communicate electronically with their teacher.

We are working hard with Comcast, Verizon, Broadstripe and our many community partners to help support all families to get connected to the Internet. Through the generosity of community members and organizations along with government grants we have received, we have funding to support struggling families to get Internet Connectivity so their students can fully engage online, when needed, this fall.

AACPS is ready to help all families who still need to be connected to the Internet in their homes. **Please follow these steps if you still need to get Internet Access in your home:**

Email or call your youngest student’s school or school principal to let them know you still need Internet Connectivity. **A school list with email addresses and phone numbers is available here.** Please give them your name, your address, email address, and phone number where you can be reached.

Please send an additional email to our AACPS Technology Staff at internet@aacps.org to let them know you still need Internet Connectivity. Please give them your name, address, email address and phone number where you can be reached. Tell them the school(s) where your student(s) will attend this fall.

An AACPS staff member will reach out to you soon after your email or call to assist you to get Internet Connectivity.

https://www.aacps.org/Page/8830

Chromebook

All students in grades 3-5 should plan to bring your AACPS Chromebook to and from school daily in the fall. You will be using your Chromebook as a learning tool at times during the school day and will need it at home to complete assignments in the evening. All students in grades preK-2 should keep their AACPS-issued Chromebook at home for use there. When at school, there will be Chromebooks available in primary level classrooms for student use.

https://www.aacps.org/Page/8819
**Enrollment**

Welcome to Seven Oaks Elementary School! If you need to register your child at our school, please click on the following link: [https://www.aacps.org/enrollment](https://www.aacps.org/enrollment). There you will find helpful step-by-step guidelines on how to enroll at AACPS. Feel free to call our main office at 410-222-0937 if you have any questions. Phone calls will be answered between 7:30 am and 3:30 pm. We look forward to providing your child with a superlative learning experience!

**PREKINDERGARTEN APPLICATION FOR THE 2021-2022 SCHOOL YEAR HAS BEGUN**

Enrollment for all Prekindergarten programs will be done online. Start by completing the Prekindergarten application found [here](https://www.aacps.org/enrollment). This Application must be downloaded to your computer and opened with the free Adobe Acrobat Reader software ([https://get.adobe.com/reader/](https://get.adobe.com/reader/)). Then enter the Portal to submit forms and upload documents [here](https://www.aacps.org/enrollment).

**Attendance**

Getting your child to school on time, every day can ensure your child has a chance to succeed in school. As a parent or guardian, there are steps you can take to make certain your child is in school every day.

Establish and stick with routines such as bedtime, wake up time, and homework schedule.

Prepare for the next day by laying out clothes the night before and packing the backpack and lunch.

Talk to your child about school. Show your interest in what they are learning.

If your child is reluctant to go to school, reach out to the teacher or school counselor for help.

If your child starts to demonstrate school avoidance behavior, i.e., refuses to get up, complains of vague illnesses, or skips school, get help right away!

Call your school counselor and ask for resources. The school will refer you to your school’s Pupil Personnel Worker. Remember, Maryland has a Compulsory Attendance Law. It states that children between the ages of 5 and 18 shall attend public school regularly during the entire school year unless otherwise enrolled in a private school, approved home instruction, or home teaching through the school. Parents may be charged in District Court for failure to see that their children attend school. Parents can be found guilty of a misdemeanor and subject to a fine not to exceed $50 per day of unlawful absence, or imprisonment not to exceed 5 days or both.

**Truancy Intervention for Parents (TIPP)** - [http://educationforprevention.com/](http://educationforprevention.com/) ($19.95 fee to complete course)

**Family Preservation Referral**

**Responsible Actions Attendance Program**

**Anne Arundel Community College Parenting classes**

**Strengthening Families**

**Brochure**
**Schedule**

AACPS is excited to welcome students, families, and teachers to view Fall 2021 school schedules. We designed these schedules to include the best of the pre-COVID school schedules with the positive elements of our virtual and hybrid schedules used in the 2020-2021 school year. We included time for relationship building, time for social-emotional growth, time for learning support through class time and Flex blocks. We added a 30-minute recess inclusive of additional opportunities for student socialization at the elementary level and Activity/Club time for our middle and high school students. We want to engage, excite, and energize students and teachers to have a wonderful Fall 2021 opening to school. Below you will find schedules for all learners.

[https://www.aacps.org/Page/9531](https://www.aacps.org/Page/9531)

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**School supplies**

In an effort to significantly reduce the back-to-school supplies and/or activity-type fees that families are typically asked to provide, the school will be funding the purchase of school supplies in order to reduce financial burdens.
FALL 2021 REOPENING OF SCHOOLS

Greetings SOES families,

Welcome back to school for what we know will be an amazing fall semester! This will be the first time in almost 18 months that we will have the whole AACPS school family back together again for in-person instruction. Based on public feedback from our Listening Tour in the spring, the work of our many planning committees, educational best-practices noted in the research, Anne Arundel County Department of Health guidance, along with all that we have learned over the past year during virtual learning, we have planned for a healthy student-centered, supportive start to the 2021-2022 school year.

Below you will find information and resources for families and employees as you prepare for the new school year. Included is information related to health and safety, back-to-school needs, student learning and bus schedules, and school system updates.

https://www.aacps.org/fall2021

Free and Reduced Meals

All students may apply to receive free or reduced-price meals at AACPS. Online applications are now accepted for the 2021-2022 school year. The online process has proven to be fast and accurate, is available in English and Spanish, and can be completed on a computer or smartphone.

Please click on the following link to apply: http://aacpsschools.org/nutrition/apply-for-free-or-reduced-price-meals/

Families of students who qualified for free or reduced-price meals last year must re-apply and submit a new application for this new school year.

*All students will receive free breakfast and lunch for the 2021-2022 school year.
Taking Care Of Your Chromebook

Students and parents/guardians are responsible for the general care of the device they have been issued. Anne Arundel County Public Schools has issued Chromebooks in order to support access to virtual learning. When a Chromebook becomes damaged, that learning is interrupted, so please take care of your Chromebook as you would take care of your gaming station or cell phone. For resources and help using your Chromebook, please visit AACPS Virtual Learning Information www.aacps.org/virtuallearning.

Transporting your Chromebook

Always carry and transport your Chromebook with care. The screen is delicate and can crack easily. Always be sure the lid is completely closed and secured before moving your Chromebook.

Screen Care

Your Chromebook screen can easily be damaged! Excessive pressure can break the screen.

In Case of a Spill

If a liquid spills into the Chromebook, unplug it immediately. Do not plug back in until it is thoroughly dry.

If your Chromebook is not working, contact your school or email Chromebookissues@aacps.org.
AACPS | Cuidando su Chromebook

Los estudiantes y los padres/tutores son responsables del cuidado general del dispositivo que han sido emitidos. Las Escuelas Públicas del Condado de Anne Arundel han emitido Chromebooks con el fin de apoyar el acceso al aprendizaje virtual. Cuando un Chromebook se daña, ese aprendizaje se interrumpe, así que por favor, cuida tu Chromebook, al igual que cuidarías a tu estación de juegos o teléfono celular. Para obtener recursos y ayuda para usar su Chromebook, visite AACPS Información de Aprendizaje Virtual www.aacps.org/virtuallearning.

**Transporte de tu Chromebook**

Lleva y transporte siempre su Chromebook con cuidado.

La pantalla es delicada y se puede agrietar fácilmente. Asegúrese siempre de que la tapa esté completamente cerrada y asegurada antes de mover tu Chromebook.

**Cuidado de la Pantalla**

¡La pantalla de tu Chromebook se puede dañar fácilmente! Una presión excesiva puede romper la pantalla.

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En Caso de un Derrame

Si un líquido se derrama en el Chromebook, desconéctalo inmediatamente. No vuelva a enchufarlo hasta que esté completamente seco.

Si tu Chromebook no funciona, ponerse en contacto con su escuela o correo electrónico ChromebookIssues@aacps.org.
Welcoming Students Back: What Families Can Do

AACPS follows the professional and expert recommendations of local and state health officials, and the Centers for Disease Control and Prevention (CDC) to make informed decisions regarding the health and safety of students, staff, and visitors.

Please note that public health data and information which informs such recommendations are subject to change. AACPS will make modifications in accordance with local, state, and federal requirements.

Health

- Symptoms that should prompt staying at home are any ONE of the following: fever of 100.4°F or higher, sore throat, cough, difficulty breathing, diarrhea or vomiting, new onset of severe headache (especially with fever), or new loss of taste or smell. For persons with chronic conditions such as asthma, the symptoms should represent a change from the baseline.
- If a student has any of these symptoms, they must not attend school and the school must be immediately notified. A healthy student checklist is available at www.aacps.org/safetyprotocols. If a student develops or presents symptoms while at school, parents/guardians will be asked to promptly pick up their student.
- If a student has been in close contact with someone who has COVID-19, the child must not come to school without advice from the county Department of Health.
- Make sure that your child's immunizations are up to date.
- Consider flu shots for your family.
- Pack water, hand sanitizer, an extra cloth face covering, and other materials that cannot be shared.
- Remind your child of proper and frequent hand washing.
- Teach your child about appropriate distancing, helping them to understand what maintaining a safe distance of space from others looks like.
- Review AACPS' suite of safety protocols and facilities adjustments to be familiar with the steps taken by staff to keep students safe.
- Continue healthy habits like eating a balanced diet, exercising, and getting plenty of sleep.

Face Coverings in School

- Unless they have an approved accommodation, all persons in school facilities must wear a cloth face covering in accordance with applicable state and local mandates, except when eating meals. Face coverings are recommended to be worn at the bus stop and are required to be worn on the bus.
- Choose face coverings with breathable material that fit snugly, but comfortably over the nose and mouth.
- Neck gaiter and other similar products are not acceptable as cloth face coverings.
- Label your child's face covering.
- Help your child understand that wearing a face covering may also help prevent others from getting sick.
- Show your child how to carefully place and remove their face covering with clean hands.
- Indoors, all students and staff – regardless of age or vaccination status – will be masked except in limited circumstances. More information can be found at www.aacps.org/ fall2021.
- Face coverings must be worn over the nose and mouth and securely around the face.
- Before putting on the face covering, hands should be clean (soap and water or hand sanitizer)
- Face coverings should not be worn while wet, as doing so could make it more difficult to breathe.
Welcoming Students Back: What Families Can Do

Be Well – Mental Health

- Talk to your child about their feelings around going back to school. Help them to understand that their classrooms and interactions will be different. School staff will help them adjust by providing lessons and encouragement on new school procedures.

- Stay connected with your child's school. School staff value relationships, especially during times of uncertainty and unfamiliarity.

- Reach out to your child's school counselor or visit www.aacps.org/crisisresources for support.

- Review the Confirmed Case guidance protocol at www.aacps.org/safetyprotocols to fully understand what happens if your child's school is affected by a laboratory confirmed case of COVID-19.

- Remember that you are not alone. AACPS is made up of many resilient and kind individuals who make a mighty awesome community.
Dando la Bienvenida a los Estudiantes de Regreso a Clases: lo que las familias pueden hacer

AACPS sigue las recomendaciones profesionales y expertas de los funcionarios de salud locales y estatales, y de los Centros para el Control y la Prevención de Enfermedades (CDC) para tomar decisiones informadas con respecto a la salud y la seguridad de los estudiantes, el personal y los visitantes.

Tenga en cuenta que los datos de salud pública y la información que informa dichas recomendaciones están sujetos a cambios. AACPS hará modificaciones de acuerdo con los requisitos locales, estatales y federales.

Salud

- **Los síntomas que deben provocar quedarse en casa son CUALQUIERA de los siguientes:** fiebre de 100.4°F grados o más, dolor de garganta, tos, dificultad para respirar, diarrea o vómitos, nueva aparición de dolor de cabeza intenso (especialmente con fiebre) o nueva pérdida del gusto o del olfato. Para las personas con enfermedades crónicas como el asma, los síntomas deben representar un cambio con respecto a la enfermedad.

  Si un estudiante tiene alguno de estos síntomas, no debe asistir a la escuela y la escuela debe ser notificada de inmediato. Una lista de verificación para estudiantes saludables está disponible en [www.aacps.org/safetyprotocols](http://www.aacps.org/safetyprotocols). Si un estudiante desarrolla o presenta síntomas mientras está en la escuela, se les pedirá a los padres/tutores que recojan de inmediato a su estudiante.

- **Si un estudiante ha estado en contacto cercano con alguien que tiene COVID-19,** el niño no debe venir a la escuela sin el consejo del Departamento de Salud del condado.

- Asegúrese de que las vacunas de su estudiante estén actualizadas.

- Considere las vacunas contra la gripe para su familia.

- Empaque agua, desinfectante de manos, un cubrebocas de tela adicional y otros materiales que NO se puedan compartir.

- Recuérdelo a su estudiante el lavado de manos adecuado y frecuente.

- Enséñele a su estudiante sobre el distanciamiento apropiado, ayudándole a comprender cómo es mantener una distancia segura del espacio con los demás.

- Revisar el conjunto de protocolos de seguridad y ajustes de instalaciones de AACPS para estar familiarizado con los pasos tomados por el personal para mantener a los estudiantes seguros.

- **Continúe con hábitos saludables** como comer una dieta equilibrada, hacer ejercicio y dormir lo suficiente.

Cubrebocas en la Escuela

- A menos que tengan una autorización aprobada, todas las personas en las Instalaciones escolares deben usar una cubierta facial o cubrebocas de tela de acuerdo con los mandatos estatales y locales aplicables, excepto cuando comen. Se recomienda usar los cubrebocas en la parada de autobús y se requiere que se usen en el autobús.

- Elija cubrebocas o cubiertas faciales con **material transpirable** que se ajusten perfectamente, pero cómodamente sobre la nariz y la boca.

- **Las que son para el cuello y de otros productos similares** no son aceptables como cubiertas faciales de tela.

- **Etiquete la cubierta facial de su estudiante.**

- Ayude a su estudiante a entender que usar una cubierta facial también puede ayudar a prevenir que otros se enfermen.

- Muéstrele a su estudiante cómo colocar y quitarse cuidadosamente la cubierta facial con las manos limpias.

- En interiores, todos los estudiantes y el personal, independientemente de su edad o estado de vacunación, estarán enmascarados, excepto en circunstancias limitadas. Se puede encontrar más información en [www.aacps.org/fall2021](http://www.aacps.org/fall2021).

- Los cubrebocas deben **usarse sobre la nariz y boca de forma segura alrededor de la cara.**

- Antes de ponerse el cubrebocas, las manos deben estar limpias (agua y jabón o desinfectante de manos).

- **No se deben usar cubiertas faciales mientras está mojado,** ya que hacerlo podría dificultar la respiración.
Dando la Bienvenida a los Estudiantes de Regreso a Clases: lo que las familias pueden hacer

El Estar Bien – Su Salud Mental

- **Hable con su estudiante sobre sus sentimientos en torno al regreso a la escuela.** Ayúdelos a entender que sus aulas e interacciones serán diferentes. El personal de la escuela les ayudará a adaptarse a brindarles lecciones y aliento sobre los nuevos procedimientos escolares.

- **Manténgase conectado con la escuela de su estudiante.** El personal de la escuela valora las relaciones, especialmente en tiempos de incertidumbre y falta de familiaridad.

- **Comuníquese con el consejero escolar** o visite [www.aacps.org/crisisresources](http://www.aacps.org/crisisresources) para obtener apoyo.

- Revise el protocolo de orientación de casos confirmados en [www.aacps.org/safetyprotocols](http://www.aacps.org/safetyprotocols) para comprender completamente lo que sucede si la escuela de su estudiante se ve afectada por un caso confirmado por laboratorio de COVID-19.

- **Recuerda que no estás solo.** AACPS está formado por muchas personas resilientes y amables que conforman una comunidad poderosa e increíble.

Escuelas Públicas del Condado de Anne Arundel | Reapertura 2021–22
Back2Awesome Notes
2021–2022 School Year

Daily Health Screenings
Students and employees must assess their health before coming to school every day. Use the checklists at www.aacps.org/safetyprotocols to make sure that none of the listed symptoms are present.

Masks
Masks must be worn by anyone, regardless of age or vaccination status, inside of any AACPS building. Gaiters are NOT permitted. Details about all practices and protocols for the safety of all can be reviewed at www.aacps.org/safetyprotocols.

Transportation Service
All bus riders must wear a mask at all times, regardless of age or vaccination status. The nationwide bus driver shortage will have an impact on AACPS transportation services. To see an up-to-date listing of impacted bus routes, go to www.aacps.org/buses.

New Learning Management System
Teachers and students will start the school year using Brightspace, the new learning management system that will help integrate various learning platforms to provide a more seamless teaching and learning experience. Families will learn more about Brightspace in the weeks to come. www.aacps.org/brightspaceforfamilies

Forms for your convenience
Families will have the option of completing forms online in the Parent Portal to provide convenience and better bookkeeping. www.aacps.org/parentportal
- Code of Student Conduct Acknowledgement – parents/guardians will be able to electronically acknowledge their review of the Student Handbook
- Absentee Notes – parents/guardians will be able to send absentee notes to notify schools of student absences

Visiting School
Parents/guardians must make appointments for general school business and some meetings may occur in a virtual environment. In instances of emergency or general drop-off of items, please contact the school before arriving.

School Meals
Meals are free for students for the 2021–2022 school year; however, completion of the free/reduced price meal application ensures that AACPS can maintain and meet the needs of students through federal programming. This application also affords families qualification for other programs that could benefit them. https://aacpsschools.org/nutrition/apply-for-free-or-reduced-price-meals/
Notas Back2Awesome para el Curso escolar 2021–2022

Exámenes de Salud Diarios
Los estudiantes y empleados deben evaluar su salud antes de venir a la escuela todos los días. Use las listas de verificación en www.aacps.org/safetyprotocols para asegurarse de que ninguno de los síntomas enumerados esté presente.

Cubrebocas
Los cubrebocas deben ser usadas por cualquier persona, independientemente de su edad o estado de vacunación, dentro de cualquier edificio de AACPS. Las polainas NO están permitidas. Los detalles sobre todas las prácticas y protocolos para la seguridad de todos se pueden revisar en www.aacps.org/safetyprotocols.

Servicio de Transporte
Todos los pasajeros de autobuses deben usar una máscara en todo momento, independientemente de la edad o el estado de vacunación. La escasez de conductores de autobuses en todo el país tendrá un impacto en los servicios de transporte de AACPS. Para ver una lista actualizada de las rutas de autobuses afectadas, vaya a www.aacps.org/buses.

Nuevo sistema de Gestión del Aprendizaje
Los maestros y los estudiantes comenzarán el año escolar utilizando Brightspace, el nuevo sistema de gestión del aprendizaje que ayudará a integrar varias plataformas de aprendizaje para proporcionar una experiencia de enseñanza y aprendizaje más fluida. Las familias aprenderán más sobre Brightspace en las próximas semanas. www.aacps.org/brightspaceforfamilies

Formularios para su conveniencia
Las familias tendrán la opción de completar formularios en línea en el Portal para padres para brindar conveniencia y una mejor contabilidad. www.aacps.org/parentportal
- Reconocimiento del Código de Conducta estudiantil: los padres/tutores podrán reconocer electrónicamente su revisión del Manual del estudiante
- Notas de ausencia: los padres/tutores podrán enviar notas de ausencia para notificar a las escuelas de las ausencias de los estudiantes

Visita la escuela
Los padres/tutores deben hacer citas para negocios generales de la escuela y algunas reuniones pueden ocurrir en un entorno virtual. En casos de emergencia o entrega general de artículos, comuníquese con la escuela antes de llegar.

Comidas Escolares
Las comidas son gratuitas para los estudiantes para el año escolar 2021–2022; sin embargo, la finalización de la solicitud de comida gratuita/ a precio reducido garantiza que AACPS pueda mantener y satisfacer las necesidades de los estudiantes a través de la programación federal. Esta solicitud también brinda a las familias la calificación para otros programas que podrían beneficiarlos. https://aacpschools.org/nutrition/apply-for-free-or-reduced-price-meals/
Daily Screening Student Checklist

Please use the following checklist to monitor your student’s health every day. If students exhibit any of these symptoms, they must not attend school until symptom free and advised by the county health department. Review AACPS’ suite of safety protocols at www.aacps.org/safetyprotocols to be familiar with the steps taken by staff to keep students safe.

If your student has any ONE of the following symptoms, please do NOT send them to school. Additionally, please get them tested for COVID-19 or obtain an alternate diagnosis from a medical professional:
- temperature of 100.4°F or higher
- sore throat
- cough
- difficulty breathing
- diarrhea or vomiting
- new onset of severe headache, especially with a fever
- new loss of taste or smell

For persons with chronic conditions such as asthma, the symptoms should represent a change from the baseline.

- Has my student been in close contact with someone who has COVID-19?
  They must not come to school without advice from the Anne Arundel County Department of Heath.

- Are my student’s immunizations up to date?

- Did I pack materials that cannot be shared?
  water, hand sanitizer, an extra cloth face covering, etc.

- Did I remind my student of proper hand washing and physical distancing?

- Does my student have a clean cloth face covering made of breathable material that fits snugly?
  Unless they have an approved accommodation, students must wear a cloth face covering in accordance with applicable state and local mandates, except in limited circumstances. Face coverings must be worn at the bus stop and traveling on a bus to and from school.
Lista de Verificación Diaria de Salud de Estudiantes

Utilice la siguiente lista de verificación para revisar la salud de su estudiante todos los días. Si los estudiantes presentan alguno de estos síntomas, no deben asistir a la escuela hasta que estén libres de síntomas y sean aconsejados por el departamento de salud del condado.

Revise los protocolos de seguridad de AACPS en www.aacps.org/safetyprotocols para estar familiarizado con los pasos tomados por el personal para mantener a los estudiantes saludables y seguros.

Si su estudiante tiene UNO de los siguientes síntomas, POR FAVOR NO los envíe a la escuela. Además, haga que se hagan la prueba de COVID-19 u obtenga un diagnóstico alternativo de un profesional médico:

- [ ] temperatura de 100.4°F o superior
- [ ] Dolor de garganta
- [ ] Tos
- [ ] Dificultad para respirar
- [ ] diarrea o vómitos
- [ ] nueva aparición de dolor de cabeza intenso, especialmente con fiebre
- [ ] nueva pérdida del gusto o del olfato

Para las personas con enfermedades crónicas como el asma, los síntomas deben representar un cambio con respecto a la línea de base.

- [ ] ¿Mi estudiante ha estado en contacto cercano con alguien que tiene COVID-19?
  No deben venir a la escuela sin el asesoramiento del Departamento de Salud del Condado de Anne Arundel.

- [ ] ¿Están actualizadas las vacunas de mi estudiante?

- [ ] ¿Empaque materiales y artículos que no se pueden compartir?
  agua, desinfectante de manos, cubrebocas extra, etc.

- [ ] ¿Le recordé a mi estudiante el lavado de manos adecuado y el distanciamiento físico?

- [ ] ¿Mi estudiante tiene un cubrebocas hecho de material transpirable que se ajuste perfectamente?
  A menos que tengan una adaptación aprobada, los estudiantes deben usar un cubrebocas de tela de acuerdo con los mandatos estatales y locales aplicables, excepto en circunstancias limitadas. Los cubrebocas deben usarse en la parada de autobús, al viajar en un autobús hacia y desde la escuela. También en todo momento dentro del edificio escolar.
Face Coverings & Safety Practices

Anne Arundel County Public Schools | Reopening 2021–22

CDC Recommendations for cloth face coverings in schools

- Cloth face coverings have been proven to mitigate the spread of COVID-19.
- Cloth face coverings are most likely to reduce the spread of COVID-19 when they are widely used by people in public settings and when around people who live outside of their household.
- Cloth face coverings must be worn by anyone over the age of 2 while in school buildings, except in limited circumstances, which may include:
  - Students engaging in strenuous exercise in a physical education course
  - Instrumental music students who are playing a wind instrument

More information can be found at www.aacps.org/fall2021.

Health & Safety Expectations in AACPS

The Code of Conduct will be followed for all students who do not comply with these guidelines. Failure of employees to comply with these guidelines will result in progressive discipline.

- Anyone, regardless of age and vaccination status, are required to be masked at any time inside of any AACPS building. *See limited exception note above.
  - Must be worn over the nose and mouth and securely around the face.
  - Before putting on the face covering, hands should be clean (soap and water or hand sanitizer).
  - Face coverings should only be removed with clean hands.
  - Face coverings should not be worn while wet, as doing so could make it difficult to breathe.

- Basic personal school supplies/office materials, e.g., pens, paper, markers, tape, etc. should not be shared. Shared office items, e.g., copier, phones, microwave, etc. should be wiped frequently and individuals should always wash/sanitize hands after use.

- Hand sanitizer and/or hand sanitizing stations will be accessible throughout all facilities.

- Students and employees should not report to school/work if they are experiencing any ONE of the following: fever of 100.4°F or higher, sore throat, cough, difficulty breathing, diarrhea or vomiting, new onset of severe headache (especially with fever), or new loss of taste or smell. Students and employees with these symptoms should be tested for COVID-19 or obtain an alternate diagnosis from a medical professional. For persons with chronic conditions such as asthma, the symptoms should represent a change from the baseline. Information regarding leave for individuals with COVID-19 or who are quarantined may be found at www.aacps.org/leave.
Face Coverings & Safety Practices

Additional Safety Reminders for Employees

AACPS supervisors and in-school administrators must follow local and state guidelines to promptly deal with confirmed COVID-19 cases (www.aacps.org/safetyprotocols) that directly affect the facilities for which they are responsible. Such response includes swift and confidential notifications to impacted individuals and affiliated parties as determined by the county Department of Health.

System-wide memos regarding operational and logistical decisions are posted on the AACPS Intranet for staff.

Employees are encouraged to use the Employee Assistance Program (www.aacps.org/eap) resources to help with everyday stress, as well as issues related to the pandemic.
Recomendaciones de la CDC para los cubrebocas o cubiertas faciales de tela en las escuelas

- Se ha demostrado que las cubiertas faciales de tela mitigan la propagación de COVID-19.
- Es más probable que las cubiertas faciales de tela reduzcan la propagación de COVID-19 cuando son ampliamente utilizadas por personas en entornos públicos y cuando están cerca de personas que viven fuera de su hogar.
- Las cubiertas faciales de tela deben ser usadas por cualquier persona mayor de 2 años mientras esté en edificios escolares, excepto en circunstancias limitadas, que pueden incluir:
  - Estudiantes que participan en ejercicio extenuante en un curso de educación física
  - Estudiantes de música instrumental que están tocando un instrumento de viento

Se puede encontrar más información en www.aacps.org/fall2021.

Expectativas de Salud y Seguridad en AACPS

Se seguirá el Código de Conducta para todos los estudiantes que no cumplan con estas pautas. El incumplimiento de estas pautas por parte de los empleados dará lugar a una acción disciplinaria.

Cualquier persona, independientemente de su edad y estado de vacunación, debe estar enmascarada en cualquier momento dentro de cualquier edificio de AACPS. Consulte la nota de excepción limitada anterior.

- Debe usarse sobre la nariz y la boca y de forma segura alrededor de la cara.
- Antes de ponerse el cubrebocas, las manos deben estar limpias (agua y jabón o desinfectante de manos).
- Las cubiertas faciales solo deben quitarse con las manos limpias.
- No se deben usar cubiertas faciales mientras está mojado, ya que hacerlo podría dificultar la respiración.

Utiles escolares personales básicos / materiales de oficina, por ejemplo, bolígrafos, papel, marcadores, cinta, etc. no debe compartirse. Los artículos de oficina compartidos, por ejemplo, copiadora, teléfonos, microondas, etc. deben limpiarse con frecuencia y las personas siempre deben lavarse / desinfectarse las manos después de su uso.

Las estaciones de desinfectante de manos y / o desinfección de manos serán accesibles en todas las instalaciones.

Los estudiantes y empleados no deben presentarse a la escuela / trabajo si están experimentando uno de los siguientes: fiebre de 100.4o grados o más, dolor de garganta, tos, dificultad para respirar, diarrea o vómitos, nueva aparición de dolor de cabeza severo (especialmente con fiebre) o nueva pérdida del gusto o el olfato. Los estudiantes y empleados con estos síntomas deben hacerse la prueba de COVID-19 u obtener un diagnóstico alternativo de un profesional médico.

Para las personas con afecciones crónicas como el asma, los síntomas deben representar un cambio con respecto a la línea de base. La información sobre la licencia para personas con COVID-19 o que están en cuarentena se puede encontrar en www.aacps.org/leave.
Cubiertas Faciales y Prácticas de Seguridad

Recordatorios de Seguridad Adicionales para Empleados

Los supervisores de AACPS y los administradores en la escuela deben seguir las pautas locales y estatales para tratar con prontitud los casos confirmados de COVID-19 (www.aacps.org/safetyprotocols) que afectan directamente las instalaciones de las que son responsables. Dicha respuesta incluye notificaciones rápidas y confidenciales a las personas afectadas y a las partes afiliadas según lo determine el Departamento de Salud del condado.

Los memorandos de todo el sistema relativos a las decisiones operacionales y logísticas se publican en la Intranet de AACPS para el personal.

Se alienta a los empleados a utilizar los recursos del Programa de Asistencia al Empleado (www.aacps.org/eap) para ayudar con el estrés diario, así como con los problemas relacionados con la pandemia.
Chaperone/Volunteer Background Investigation Application

Background investigations are required for all overnight chaperones, volunteers, and student teachers who have unsupervised access to students either on or off school property. Unsupervised access is defined as an adult having responsibility for a student or students not in the direct and continuous view of a school staff member. A background check is required regardless of how brief the unsupervised time will be.

Background investigations forms must be submitted online* and a minimum of three weeks prior to the event. Applicants are required to review and acknowledge the AACPS screening criteria for chaperone and volunteer background investigations before applying for a background check.

Please consider submitting your application now so that you will be cleared for any upcoming events.

https://www.aacps.org/Page/1869

Mandatory Volunteer Video

In addition to the background check, volunteers are required to watch a short video prior to volunteering.

You may use the link below to view the Volunteer Video:

https://md02215556.schoolwires.net/Page/2460

Please fill out the form on the next page after viewing the video and return to school.

Thank you for your assistance to keep our students safe!
Once you have viewed the Sexual Harassment and Child Abuse video online, complete this form and return it to the Staff Liaison for Volunteers at your school.

I certify that I have viewed the Sexual Harassment and Child Abuse video in its entirety and I understand the information contained in it.

______________________________________________________________
Name (please print)

______________________________________________________________
Signature

______________________________________________________________
Child’s Full Name

______________________________________________________________
Email address/phone number

______________________________________________________________
Date

______________________________________________________________
School
Dear Parents,

Educational technology and funding changes daily. To keep up with these changes and expenses, our school is partnering with Weis Markets in the Weis 4 School program. By participating in this program, we can earn money for our school simply by shopping as we all do every day. When you shop at Weis, scan the barcode below to register your Weis Club Card. Once you register, you’re in the program and you do not need to register again. Please share this barcode with your friends and relatives so they can earn points for our school too.

Thank you for supporting our school with much needed funding!

Our school’s code

SEVEN OAKS ELEMENTARY SCHOOL

00000 86521 0

www.weismarkets.com
Clean Out Your Closet Challenge

Seven Oaks Elementary is participating in the Clothing To Cash Recycling Program

Help our School Raise Money!
We accept New and Used Clothing, Shoes, Sneakers, Towels and Textiles. Every Item Counts!!!

We want items in ALL conditions, unwanted, outgrown and out of style.

Seven Oaks Elementary will be paid for every pound we collect. Collections will be Reworn, Repurposed or finally Recycled.

Look for the large white collection bin in the school parking lot.
The goal is to FILL our collection bin WEEKLY with as many PLASTIC BAGS of clothing, shoes and other textiles as possible!

Clothing should never be considered garbage. Save our landfills and give your items a second life. This is an easy way for our school to raise money for necessary resources that our children deserve.

Help Support Our School & Save The Environment One Bag At A Time!
Healthy Habits = Healthy Children

Healthy habits that decrease the spread of germs and help keep children and families well:

1. Hand washing is one of the best ways to keep from getting sick.
   • Wet hands with running water.
   • Add soap and rub hands together for 20 seconds.
   • Rinse.
   • Dry hands with clean paper towel.
   • If soap and water aren’t available, use an alcohol-based hand sanitizer.

2. Cover that sneeze and cough – Coughing and sneezing spread germs. Cover your nose and mouth with a tissue or the inside of your elbow to prevent spreading germs to your hands.

3. Get moving – Exercise helps the body fight off simple illnesses. Include active play in your child’s schedule.

4. Sleep – Getting the right amount of sleep will help fight off colds and infections.

5. Healthy eating – Good nutrition is vital for good health. Provide a variety of foods, including plenty of vegetables, fruits and whole grains at meal and snack times.

6. Keep your child home when sick – Children should stay home until they feel better.

When Do I Keep My Child Home From School?
(Although no comprehensive list is possible, the following conditions may be appropriate reasons to keep a student home from school)

- Temperature 100°F or greater
- Suspected fracture
- Vomiting, diarrhea
- Severe pain
- Shortness of breath, wheezing
- Undiagnosed rash
- Abdominal pain
- Productive cough and fever
- Red, draining eyes
- Suspected communicable disease
- Chest pain
- Head injury
- Earache
- Adverse medication effect
- Nuisance condition not currently treated, e.g., ringworm, scabies, head lice

Anne Arundel County Department of Health
School Health Services
The vaccines may cause side effects in some people, like sore muscles, feeling tired, or mild fever. These reactions mean the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. For most people, these side effects will last no longer than a day or two. Having these types of side effects does NOT mean that you have COVID-19. If you have questions about your health after your shot, call your doctor, nurse, or clinic. As with any medicine, it is rare but possible to have a serious reaction, such as not being able to breathe. It is very unlikely that this will happen, but if it does, call 911 or go to the nearest emergency room.

When you get the vaccine, you and your healthcare worker will both need to wear masks.

CDC recommends that during the pandemic, people wear a mask that covers their nose and mouth when in contact with others outside their household, when in healthcare facilities, and when receiving any vaccine, including a COVID-19 vaccine.

Even after you get your vaccine, you will need to keep wearing a mask that covers your nose and mouth, washing your hands often, and staying at least 6 feet away from other people you do not live with. This gives you and others the best protection from catching the virus. Right now, experts don’t know how long the vaccine will protect you, so it’s a good idea to continue following the guidelines from CDC and your health department. We also know not everyone will be able to get vaccinated right away, so it’s still important to protect yourself and others.
A little birdie told me...

**Seven Oaks Elementary**
is now on Twitter!
**Follow us**
@SevenOaksES
**Get news and updates from our school and AACPS**

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**Video Camera System**
Seven Oaks Elementary School is equipped with a video camera system. It covers selected interior and exterior public portions of the building and grounds. It is not monitored constantly but is monitored during emergency situations. During certain events, when the safety or security of students may be in question, authorized personnel from local, state, or federal police or fire emergency units may be given access to view images projected on the camera system. If you have any questions about the system, you may call the office of School Security, at (410) 222-5083.
Save a Tree !!

The Seven Oaks administrative staff strives to be environmentally conscious. One measure we started was an electronic version of the Pride Post monthly newsletter. Instead of sending home a paper copy of the multipage newsletter to all 700+ students, it is now available online. You may access the newsletter, and other information regarding Seven Oaks, by visiting the AACPS website, clicking on ‘Elementary Schools’ and scrolling to find Seven Oaks.

If you would still like to receive a paper copy of the Pride Post, please complete the form below and send it back to school with your child. This is the only paper newsletter of the year that will be distributed to everyone.

Sincerely,
The SOE Office Staff

________________________  _______________________

   Yes, I need a paper copy of the monthly newsletter sent home.  (Please only return one form per family.)

________________________  _______________________

   (Student Name)            (Teacher’s Name)