



2020

COUNSELOR'S CORNER

Donna Kennedy, School Counselor, NBCT

dkennedy@aacps.org / Work phone number - (302) 314-6138

Office Hours - 8:00 a.m. - 11:00 a.m. & 1:00 p.m. - 4:00 p.m.

Transitioning to the Next Grade

Parents, although we are living in a new time of e-learning, we still need to help prepare your children for their transition to the next grade. Here are some summertime tips to help you and your children prepare for the next grade:

- Talk often about the positives of entering a new grade: new teachers, new friends, new opportunities.
- Address your children's worries. Listen to and validate their fears and share some of your fears when you were that age. Then reassure them.
- Begin preparing early for the next school year. Set routines for bed and begin preparing for the new school year the last couple weeks in August.
- Talk with your children about some of the ways school may look different in the fall. We still don't know if we will be back to a normal schedule. Don't be afraid to discuss the possibilities with your children. Open discussion helps children cope with anxiety and deal with disappointment.
- Call or e-mail us if you need help. We are here for you.

Attention 5th Graders:

- By now you should have received your **AVID** letter from Ms. Karen Bean if you applied to the program. Please contact me if you have any questions or concerns.
- If you are **transferring** to a different middle school than CBMS, please let me know so I can forward on your course selection sheets to the new school.
- **Safety Patrollers**, please locate your belts & badges and be ready to turn them in when you pick up your school supplies. ** (Note - you will be notified of dates and times for pick-up.)
- **Special Note from Mrs. Kennedy**
Congratulations to all the 5th graders who will be heading off to middle school. No matter where you go, I wish you great success. You all have what it takes. I have seen your potential. You all have special unique talents and qualities. So, Keep on ROARING!

June Guidance Lessons:

- Transitioning to the next grade
- Summer Safety Tips

