Dear Ferndale Families,

We have had an AWESOME start to the school year and are settling into productive routines! It is amazing to see the growth, creativity and joy in the classrooms each day. The second quarter of school will soon begin, and your children are busy learning many foundational skills for early literacy, mathematics, science and social studies! We have a lot of exciting opportunities this month and hope you will be able to join us.

Some exciting announcements to share. I am proud to share that Ferndale’s Teacher of the Year nominee is Pre-K 4 teacher Mrs. Murphy! We are so grateful to have amazing teachers and staff at Ferndale!

As we continue to strive for 9 or 90% monthly attendance, students who meet this goal at the end of the semester in January will be entered to win a tricycle! Continue to remember to send in attendance notes or complete the Google attendance form when your child is absent.

Reminders and Important information

- Now that the weather is getting colder, please dress your child in layers, as individual room temperatures vary. In addition, please send your child with warm clothing for outdoor recess and STEM. It is also helpful if items are labeled with your child’s name so items can be easily identified.
- I will notify you when the spirit wear comes in! If you were unable to participate, we will have another opportunity this coming winter. Thanks to everyone who participated. Ferndale is so fortunate to have such a dedicated group of families.
- Please remember any time you or your designated point of contact comes to pick up your child, you need to have your driver’s license or government issued id. Please notify the office by calling or sending a note letting us know about any change in dismissal routines. Thank you for your support in this matter!

With gratitude,

Denise Faidley, Principal

Mission:
Ferndale Early Education Center offers an early learning environment in order to create a strong academic, social, and emotional foundation. Through partnerships with students, families and the community, Ferndale Early Education Center empowers students to be successful individuals in today’s diverse society.
DATES TO REMEMBER:

**November**
Native American Heritage Month

**November 2**
Student of the Month, Celebration

**November 3 & 4**
2-hours early dismissal
No PM ECI

**November 6**
Daylight Savings Time ends

**November 8**
Schools and Central Offices Closed, Election Day

**November 9**
PK3 & PK4- Family Chat “n” Chew- Bedtime in a Box @9:15 and @3

**November 10th and 11th**
PK4 Field Trip:
10th (Murphy/Runion)
11th (Cronin, Davis, Christopher)

**November 17**
Walk-a-Thon (during PE)

**November 18**
School Spirit Day- Athletic Day (Wear your favorite team!)

**November 21**
Parent/Teacher Conference
No School for Students

**November 22**
Parent/Teacher Conference Virtual Meetings
No School for Students
School Buildings Closed, Staff will work Virtual from Home

**November 23, 24, and 25 - Thanksgiving Holiday**
Schools & Central Offices Closed
Updating home, cell phone numbers and current addresses are very important information for the school to have on file. In the event your child becomes ill and/or needs to be released early, information on individuals to be contacted needs to be kept up to date.

Thank you!

Fire Lanes

Fire lanes and bus loops are not to be utilized by staff, visitors, or spectators. Any vehicle parked in a fire lane MUST be moved to an authorized parking space. This includes, bringing your student in late or picking your student up early.

November 2022
Brain Tip of the Month

Brain Language

Sleep is enormously important to healthy brain development and learning.

Students need between 9.25 and 10.5 hours of sleep per night!
Counselor’s Corner

Student of the Month Program

Every month a student is chosen by each classroom teacher as the “Student of the Month.” This is a student who acts as a role model for other students, always displaying positive school behavior. Each month the bulletin board will feature the “Students of the Month.”

Congratulations to the following students who were “Students of the Month” for the month of:

**October 2022**

- Eiden M.
- Cayden L.
- Aubrey L.
- Natalie M.
- Nicolas S.
- Iker A.
- Dayana M.
- Victoria D.

Mrs. Bullard’s Class
Mrs. Christopher’s Class
Mrs. Cronín’s Class
Ms. Myles’s Class
Mrs. Davis’s Class
Mrs. Escobedo’s Class
Mrs. Murphy’s Class
Ms. Runion’s Class

*Please remind your child that any student can be the “Student of the Month.” Please encourage them to work towards positive school behavior every day!*
News from the Cafeteria

Hello and Happy Fall!

It is a pleasure feeding your child each day. When they first arrive, they are welcome with a free breakfast packed full of wonderful foods a milk and cup fruit is an option of chose.

For lunch, we serve a delicious hot lunch that include children's favorites, such as:
> Tacos
> Pizza
> Chicken Tenders
> Korean Meatballs with Rice
> Chicken Patty Sandwiches and more.

Some new items will be coming in November, and we think they will be excited. All lunches come with a hot vegetable. Fruits, Carrots, and milk are also available.

We love what we do in the cafeteria. So, ask your child "What did you have for breakfast and lunch today?" Perhaps your child is trying a new vegetable or fruit.

Our menus are on the www.aacps.org under school meals. If you need any, please feel free to call us here and we can get you one.

Thank you! Cafeteria Team
Mrs. Tyler

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*Star Attendances Winners will receive a Star pencil and their families can join their child for lunch or a STEM class (nice weather day).*

**Lunch dates and times as follows:**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Murphy (12-12:25) and Christopher (12:35-1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>Davis (12-12:25) and Cronin (12:35-1)</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Myles (12-12:25)</td>
</tr>
<tr>
<td>Thursday</td>
<td>Runion (12:35-1)</td>
</tr>
</tbody>
</table>

**STEM dates and times as follows:**

| Wed- Davis (9:30-10:30), Christopher (11:30-12:30), Myles (12:50-1:50) |
| Runion (2:30-3:30) |
| Thursday- AM ECI (10-10:30) and PM ECI (2-2:30) |
| Friday- Cronin (9:30-10:30) and Murphy (1-2) |
Star Attendance

October 2022

Strive for 9 Attendance
or 90% attended for the month!

We would like to recognize each month those students who are meeting or exceeding this goal!

Congratulations!

To the following students:

**Mrs. Christopher’s Class:**
Precious A.
Matthew B.
Connor C.
Thomas J.
Cayden L.
Halia N.
Jason O.
Jerry-Al O.

**Mrs. Murphy’s Class:**
Nyla B.
John N.
Faith P.
Anyiah R.
Kaleah S.
Jidenna U.
Zayden W.

**Mrs. Cronin’s Class:**
Matteo A.
Madylyn C.
Aubrey L.
Jurnee Q.
Josiah W.

**Mrs. Davis’s Class:**
Asher-Daniel G.
Austin S.
Riley W.

**Ms. Myles’s Class:**
Kaleb L.
Martin M.
Natalie M.
Justin R.

**Ms. Runion’s Class:**
Carlie C.
Dallas D.
Luna G.
Naomi I.

**Mrs. Bullard’s Class:**
Kamira A.
Cristal D.
Tzuriel M.
Odarline V.
Sebastian W.

**Mrs. Escobedo’s Class:**
Evelyn H.
David I.
Peace O
Odarlie V.
Avery W.
Hello Ferndale families,

I would like to begin by thanking all the families who donated to Harvest for the Hungry. If you would still like to contribute, please visit www.aacps.org/harvest.

In our October counseling lessons we reviewed calming strategies. Sometimes we all have big feelings: Angry, Sad, Scared, and Silly. When we feel this way, we can take a deep breath. Deep breathing helps our brains get enough oxygen and helps our bodies calm down.

Here are three deep breathing techniques we practiced:

1. **Belly Breath**: Sit/stand still, put your hands on your belly, take a deep breath and feel how your belly moves up and down.
2. **Candle Breath**: Hold out your index finger and pretend it’s a birthday candle. Breathe in slowly and blow out the candle.
3. **Chocolate Chip Cookie Breath**: Pretend you smell chocolate chip cookies baking in the oven. Slowly breathe in that chocolate chip cookie smell. Slowly breathe it out.

I hope you have fun practicing these deep breathing techniques at home. If you have any questions or concerns, please email me at jmbillings@aacps.org or call me at 410-590-4790.

Thank you,
Jennifer Billings
School Counselor
Know When to Wash Your Hands

- After using the bathroom
- After playing outside
- Before eating
- After coughing, sneezing, or blowing your nose
- When your hands look dirty
- After touching animals or their cages
- After touching your face

www.cdc.gov/handwashing

Sepamos cuándo lavarnos las manos

- Después de toser, estornudar o sonarse la nariz
- Cuando las manos se vean sucias
- Después de ir al baño
- Después de jugar afuera
- Antes de comer
- Después de tocar animales o sus jaulas

www.cdc.gov/handwashing/esp
Attendance Message
Strive for 9 or 90%

We are working hard to improve our student attendance this school year. It is crucial that your child is here on time every day and ready to learn unless you have a lawful excuse and have notified your child's teacher. A few reminders about absences:

1. When your child is absent, you must provide a written note of explanation within three days of your child returning to school.
2. If your child is absent due to an illness for 5 consecutive days or more, you must provide a doctor's note.
3. Please notify your child’s teacher and the health room if your child tests positive for COVID.

Lawful absences include:
1. illness
2. death in the family
3. religious holiday
4. court appearance
5. suspension
6. state of emergency
7. hazardous weather conditions
8. lack or authorized transportation
9. a visit with a parent/guardian who is an active member
10. of the military and has been called to duty for or, is on leave from, or immediately returned from deployment to a combat zone or a combat support posting
11. Our school does monitor students who are chronically absent (missing 10% or more of the school year, as few as 2 days in one month, regardless of the reason). Teachers and staff will reach out to the families of these students in the form of a phone call, letter, or email to see what we can do to help.

Thank you for everything you do daily!

Tricycle raffle- in January for those with 90% attendance so far for the school year

SECURITY DRILL

Each month the staff and students practice various security drills. In October, our school initiated an unannounced fire drill, a Tornado drill and an Earthquake drill. We were able to evacuate the building and take cover in a safe and timely manner. Students followed their teachers’ directions. The staff and students did a marvelous job!
Superhero and Princess
School Fundraiser Walk-A-Thon

On Thursday, November 17th all Ferndale Students will participate in a Walk-A-Thon fundraiser during their PE Class. Each student will walk laps and can earn money for Ferndale! Please see the important Fundraising letter that went home with all students in their folders. Participants will be given a chance to earn a Dinky water bottle and other prizes.

Students are encouraged to dress up as a Princess or Superhero!
November Reading Bingo

Keep track of where and when you read books all month long! Color in a square when you complete the activity. Complete 15 squares to win a prize!

<table>
<thead>
<tr>
<th>On the couch</th>
<th>In my closet</th>
<th>Outside</th>
<th>At night</th>
<th>Right after breakfast</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the bathtub</td>
<td>In my bed</td>
<td>At 6:00 p.m.</td>
<td>On a Sunday</td>
<td>In my pajamas</td>
</tr>
<tr>
<td>In the kitchen</td>
<td>By a window</td>
<td>Laying on my back</td>
<td>While I was eating a snack</td>
<td></td>
</tr>
<tr>
<td>Laying on my stomach</td>
<td>In a closet</td>
<td>In the living room</td>
<td>On a blanket</td>
<td>I read to my favorite toy</td>
</tr>
<tr>
<td>On a Thursday</td>
<td>I read to an adult</td>
<td>At the library</td>
<td>In the car</td>
<td>After I ate lunch</td>
</tr>
</tbody>
</table>

Please return your completed card to your classroom teacher by December 2nd. You can also email your completed Bingo card to Mrs. May at nemay@aacps.org by December 2nd. Thank you.
**Bingo de lectura de Noviembre**

Mantén un registro de donde y cuando lees tus libros durante todo el mes! Colorea un cuadrado cuando completa la actividad. ¡Completa 15 cuadrados para ganar un premio!

<table>
<thead>
<tr>
<th>R</th>
<th>E</th>
<th>A</th>
<th>D</th>
<th>O</th>
</tr>
</thead>
<tbody>
<tr>
<td>En el sillón</td>
<td>En mi armario</td>
<td>Afuera</td>
<td>En la noche</td>
<td>Justo después del desayuno</td>
</tr>
<tr>
<td>En la bañera</td>
<td>En mi cama</td>
<td>A las 6:00 pm</td>
<td>El domigo</td>
<td>En mis pijamas</td>
</tr>
<tr>
<td>En la cocina</td>
<td>Cerca de la ventana</td>
<td>Free Space</td>
<td>Acostado en mi espalda</td>
<td>Mientras como la merienda</td>
</tr>
<tr>
<td>Acostado en mi estómago</td>
<td>En un armario</td>
<td>En lasa</td>
<td>Sobre una cobija</td>
<td>Le leo a mi juguete favorito</td>
</tr>
<tr>
<td>El jueves</td>
<td>Le leo a un adulto</td>
<td>En la biblioteca</td>
<td>En el carro</td>
<td>Después de comer almuerzo</td>
</tr>
</tbody>
</table>

Devuelve su tarjeta completa a su maestro antes del 2 de diciembre. También puede enviar por correo electrónico su tarjeta de bingo a la Sra. May nemay@aacps.org antes del 2 de diciembre. Gracias!
Greetings from the Ferndale Early Education Center Library!

We are happy to announce that book checkout has started for our students during media classes. Each week on your child’s library day, they will choose a book to bring home from our picture book collection. You may read and enjoy the book with your child for one week. Then return the book by placing it in the media book bag (clear, colored bag with handles) and return it the following week. This will allow your child to be able to check out a new book. We will continue to talk with the students about taking good care of their books. Please assist your child in finding a consistent, safe, dry location to keep books while they are in your home. If you have any questions or concerns, please contact me at schilton@aacps.org or 301-684-8473 (my Google Voice number). Thank you, Ms. Chilton

Thank you and have a good weekend!

Susan Chilton, Library Media Specialist
Ferndale Early Education Center- Mon/Wed
Rippling Woods Elementary- Tues/Thurs
Brooklyn Park Elementary- Fri
Google Voice- (301) 684-8473
Trashless Tuesday:

What can you do?
Help our School be **Green** by eliminating Trash on Tuesdays!!

**Pack lunches and snacks in reusable containers**

Napkins & Utensils
Use cloth napkins and reusable utensils

**Individually packaged items**
Avoid buying individually packaged items such as yogurts and snack bags. Buy in bulk and put in smaller containers.

Do you have any questions, concerns or new ideas for our team please contact us at jmbillings@aacps.org