




Benfield Elementary School

"The strength of the team is each individual member; the strength of each individual member is the team."

~ Dwight D. Eisenhower

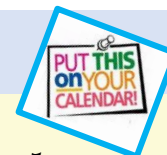
365 Lynwood Drive
Severna Park, MD 21146
(410) 222 – 6555 office (410) 222 – 6563 fax
 @BenfieldESaacps [Benfield Elementary Website](http://BenfieldElementaryWebsite.com)



A National-Blue Ribbon School of Excellence
Maryland Green School
Wellness School of Distinction
EGATE Excellence in Gifted and Talented Education

October 25, 2019

Family Newsletter



Looking Ahead

Greetings Benfield Families!

Thank you for all your support to help our school support Harvest for the Hungry. We are overwhelmed by your generosity.



Parents/guardians/friends: Please join us for the **Halloween Parade on October 31st at 2:00 p.m.** (weather

permitting). We will send a message via text in the morning of October 31st in the event we cancel due to rain.

Unfortunately, we will not be able to open the doors to everyone if the parade is moved indoors. Just a reminder: only those parents who are part of the classroom party committee for each class will be able to attend the party.

We have a few special events coming up in November to celebrate our Benfield School Community:

Parent Visitation Day is on November 11th from 9:30 a.m. – 11:30 a.m.

Grandparent's Day will be held on November 26th from 9:30 a.m. – 11:30 a.m.

We will be sending home a flyer this week to allow those attending either event to pre-register. We really encourage this as it helps to get you in as quick as possible.

*Sincerely,
Sue Myers, Principal*

October

30th Third Grade Field Trip to Baltimore Symphony Orchestra
31st Happy Halloween Parade, 2:00 p.m.

November

1st Vision and Hearing Screening
Hands on Chesapeake presentation for 5th grade
6th Little Carmine's Family Night
7th-8th Two -Hour Early Dismissal
11th American Education Celebration:
* Open House K-5th Grades 9:30 a.m. – 11:30 a.m.
* ECI Classes 9:30 a.m. – 10:30 a.m.
2:00 p.m. – 3:00 p.m.
PTA Meeting, 7:00 p.m.
13th Vision and Hearing Recheck
14th Picture Retake Day
Cup Stacking Event during PE
Mandatory Parent Meeting for musical, 6:00 p.m., cafeteria
20th Outreach program for Global Explorers, ECI – 2nd Grade
Report Cards go Home today!
26th Grandparents'/Senior Friend's Day 9:30 a.m. – 11:30 a.m.

The Anne Arundel County Public School System does not discriminate on the basis of race, color, sex, age, national origin, religion, disability, sexual orientation or familial status in matters affecting employment or in providing access to programs. Questions regarding nondiscrimination should be directed to Jessica Catches, Specialist in Human Relations, Anne Arundel County Public Schools, 2644 Riva Road, Annapolis, MD 21401; telephone (410) 222-5318; TDD (410) 222-5500.



Support our PTA!

[Benfield PTA Website](http://BenfieldPTAWebsite.com)



Don't Forget - we need all forms returned.

FEDERAL IMPACT SURVEY



On Tuesday, October 1, 2019, your child brought home a Federal Impact Aid Survey form. Please assist us by filling out the information requested on the form and return it to Benfield Elementary. The U.S. Department of Education allows a multiple child form. AACPS has designed a form that will allow two children's names for your convenience. Should you have more than two children, please utilize a second form that you can either obtain from the school or download from the AACPS website at www.aacps.org. Also, please note that the complete address of the Parent/Guardian's Employer if they work on Federal Property, the complete address of the Federal Property on which they work, and each survey form must be signed and dated by the Parent/Guardian. The Federal Impact Aid Survey form for 2019-2020 is available to download. The school system receives approximately \$2 million in funding from the Federal government in support of our children after the forms are processed.

BENFIELD ELEMENTARY

FAMILY MOVIE NIGHT:

TOY STORY 4

FRIDAY, NOVEMBER 15TH
6:00-8:00 PM

BENFIELD CAFETERIA

Cost: Free for PTA members; \$5 for Non-PTA
Space limited to first 400 people who reserve tickets

Kids are encouraged to wear PJs!
Bring pillows and blankets for sitting
(No chairs allowed)

Register at benfieldparents.org



We Are Going to ROCK It this Year!

Benfield Presents



Benfield is accepting auditions for the spring musical High School Musical 2 JR.

Who: all interested 4th and 5th grade students

What: A Musical Theater Workshop designed to prepare children for auditioning, acting, staging, theater, choreography, singing and producing a show.

When: Monday's and Wednesday's after school from 3:55 p.m. - 6:15 p.m. starting January 6th, with culminating performances on May 15th and 16th. Auditions will be held on December 18th and 19th, 4:00 p.m. – 6:15 p.m.

Where: Benfield Cafeteria

*We do our best to have as many students participate in the show as possible, but space is limited.

There is a **mandatory parent meeting** for students interested on **Thursday November 14th at 6:00 p.m.** in the Benfield cafeteria. Registration forms, details about the program, and auditions will be shared at that time. **This meeting is only for cast, not stage crew.** Stage crew will have sign ups in March or April. Stage crew is chosen by lottery.

The gang is back for another action packed summer extravaganza as Troy, Gabriella and the rest of the Wildcats finish Junior year and blast into the summer scene in Disney's High School Musical 2 JR. At Lava Springs Country Club, popular girl, Sharpay, reigns supreme while the wildcats get to work – Literally! Featuring every ounce of the light-hearted fun that made the High School Musical a household name, this buoyant sequel follows our East High favorites as they face the realities of the adult work and begin to grow up. Friendships are tested, summer romances go haywire and the meaning of success is redefined. Rockin' songs, make this an ideal show for the young actors. Jump into the pool with the Wildcats as you swim along with this crowd-pleasing, fun-filled charmer!

The Director: Kylie Airin Sjolie is currently working in the Special Education department for Anne Arundel County Public Schools. Kylie has been directing for over 5 years with companies such as Stageworkz and Theater in the Park. This is her 4th year directing with Benfield. She also performs on stages such as Annapolis Summer Garden Theater, 2nd Star Productions and Woods Church. For questions, please contact Ms. Sjolie at ksjolie@aacps.org

We Are Going to ROCK It this Year!



Benfield Spirit Night at

Little
CARMINE'S
N.Y. PIZZA KITCHEN

Lilcarmines.com

(410)432-6160

Date: Wednesday, November 6, 2019

Time: 4-9 pm

Place: 523 Benfield Rd. Severna Park, MD

Little Carmine's will donate **20%** of your purchase to the Benfield PTA (excluding alcohol, tax, and tip.)

IMPORTANT: Please show this flyer or mention Benfield Elementary at checkout

Little Carmine's supports a culture of giving back, enhancing the quality of life in the communities where we live, work and learn.

We Are Going to ROCK It this Year!



So Many Activities, So Little Time

Students who are involved in extracurricular activities—from chess club to cheerleading to chorus—tend to have higher self-esteem and stronger connections to school. But an overloaded schedule with too many activities can have the opposite effect, leaving your child—and you!—stressed. Keep these tips in mind for managing your child's activity load.

Aim for 3 activities.

Though every child is different, psychologists often suggest involving a child in no more than three activities at a time: one social activity (like Boys' Club or a church group); one physical activity (like gymnastics, swimming, or basketball); and one artistic activity, such as an art class or music lessons.

Limit involvement.

To avoid burnout, keep involvement in any one activity to just a day or two a week, unless your child absolutely begs for more. Check with them periodically to make sure they are still eager to attend; if not, scale back.

Broaden their horizons.

Although following your child's interests is important, introduce your child to something new, whether it's a new sport, a musical instrument, or a group like Boy Scouts or Girl Scouts.

The secret to keeping enthusiasm high is to start slowly and gauge your child's interest before committing beyond the first few sessions.

Be supportive, not critical.

No matter what your child is interested in, remember that your job as a parent is to be supportive. The point of activities is to expand your child's interests and abilities, not to transform him or her into a child prodigy or the next sports superstar.

Schedule downtime.

Children need time to ponder, explore, and play—but an overloaded schedule prevents that. Make sure that when the day is over and the homework is done, there's still time for your child to be a kid.



Change it up.

Specializing in one activity—especially a sport—at a very young age can be harmful. Pediatricians discourage the kind of repetitive movements that come from concentrated effort in one sport. Plus, kids who dedicate themselves to a single sport early can burn out later and may regret not trying other sports.

Watch for signs of stress.

The stress of trying to keep up with too many planned activities can take a physical toll on your child. Watch for signs of stress, including stomachaches and headaches, difficulty paying attention, a drop-off in interest in activities he or she used to enjoy, and increased "clinginess" with a parent or other close adult (e.g., teacher, babysitter). If you notice any of these signs, chances are your child needs to cut back on activities and de-stress.

Decompress at home.

Make sure there's room in your schedule for family time. Children need to have meals with their parents, hear bedtime stories, share chores, and play games. Extra-curricular activities can help children learn and grow, but remember that what your child needs first and foremost is to feel special and loved.