

# **SMS CLUBS & EXTRACURRICULARS**

## 23-24 Meeting Schedule

<b>Before School</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Theater Club (Cafeteria)	Strength & Conditioning (Weight Room) 8:00 am.			MESA  Repertory Dance Company
<b>During School - FLEX</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	Pre-Rep Dance Company	Open Dance Co (Spring- Feb/March)	Pre-Rep Dance Company	
Tri-M & Show Choir A Days				
<b>After School - 3:55 - 4:55 PM</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	Advanced Band  Chorus  Debate Club  ESOL Overtime!  Girls on the Run (Spring 2024)  National History Day 1st and 3rd  National Junior Honor Society 2nd and 4th	Jazz Band	Advanced Orchestra  ESOL Overtime!  SGA  Yearbook  Boys and Girls Club	

	Science EXPO			
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## ***CLUB INFORMATION***

### **Tri-M Music Honor Society**

The Tri-M Music Honor Society is a program with the aim of cultivating future leaders in music education and music advocacy. Tri-M is known for recognizing students who have excelled academically and musically, going above and beyond in their pursuits. The organization offers students invaluable opportunities to develop leadership skills and make a positive impact in their community through music-based service projects.

### **Show Choir**

Show choir is a unique form of musical performance that combines singing, dancing, and theatrical elements. The auditioned ensemble performs a diverse repertoire of songs ranging from popular hits to Broadway tunes. Show choir is a competitive ensemble that has several performances throughout the year. This opportunity provides an exciting and collaborative musical experience that celebrates both the artistic and performing aspects of music.

### **National Junior Honor Society (NJHS)**

Application process for 8th grade students only.

### **MESA**

**Interested in MESA, contact Ms. Borman, [jborman@aacp.sorg](mailto:jborman@aacp.sorg)**

Maryland MESA (Math, Engineering, Science Achievement)

MESA is a competition-based club run through JHU's Applied Physics Lab. Students will work in teams of 2-4 to complete projects that will be submitted to a competition at the county and state levels. The purpose of MESA:

- designed to spark their interest in STEM education and STEM careers.
- increase the number of engineers, scientists, mathematicians, and related professionals at technical and management levels
- encourage and assist minorities and females in achieving success in these fields
- develop an interest in and explore STEM-related careers

- build content knowledge and skills
- develop and practice soft skills necessary for success in college and the workforce (for example, project planning, oral communication, writing, collaboration with others)

### **Jazz Band**

Can you play a band instrument? Are you a drummer, guitarist, bassist, or pianist? Then Jazz Band is the place for you! We will be going on a trip in the spring! We meet before school on Friday mornings at 8am in the band room. Hope to see you there!

### **Yearbook**

**Interested in Yearbook, contact Ms. Moore, [lamoore@aacps.org](mailto:lamoore@aacps.org)**

Would you like to have a say in how the yearbook looks this year? Yearbook Club is looking for students who enjoy taking photographs of school activities and who would like researching current trends. Please stop by room C206 on Thursday, 9/14, to find out more! Our first task will be to select the cover for this year's yearbook.

### **Girls on the Run**

**Interested in Girls on the Run, contact Ms. Moore, [lamoore@aacps.org](mailto:lamoore@aacps.org)**

### **HEART & SOLE**

We help middle-schoolers find their place. Trained coaches host a 6th-8th grade program in their community to inspire girls to value what makes them unique. Together, teams uncover confidence and understand the importance of physical and emotional health. Find out more- come to C206 on Tuesday, 9/12. You do NOT have to be a runner.

### **Robots/ VEX IQ and Sphere**

**Interested in Robotics, contact Mr. Wheeler, [Jdwheeler@aacps.org](mailto:Jdwheeler@aacps.org)**

Are you interested in programming or creating robots? join us on Tuesday afterschool to work on **VEX IQ** and **Sphere**, Great fun, We meet on Thursday after school in Room A302. Please stop by anytime to join.

### **Science Expo Support**

**Interested in Science Expo, contact Ms. Tyler, [ektyler@aacps.org](mailto:ektyler@aacps.org)**

The science fair project is optional for students in 6th to 8th grade to complete. Class time cannot be given to help students with their projects, but this club will! Students are welcome to use SMS science equipment, ask for help throughout all steps of the experiment and complete all parts of the presentation with Ms. Tyler. We will meet on Tuesdays after school in Room C308, stop by anytime with questions.

### **Sea Perch**

**Interested in Robotics, contact Mr. Wheeler, [Jdwheeler@aacps.org](mailto:Jdwheeler@aacps.org)**

Are you curious, creative and want to learn more about building an underwater ROV, SeaPerch? We will be competing in the spring at the United States Naval Academy where you will show off your skills. We meet on Thursday after school in Room A302. Please stop by anytime to join.

### **SGA - Student Government Association**

**Interested in Science Expo, contact Ms. Tyler, [ektyler@aacps.org](mailto:ektyler@aacps.org)**

Do you want to get your student voice heard? Interested in growing into a student leadership role? We organize school dances, spirit days, fundraisers and staff appreciation events throughout the year. All students are welcome to join this club, but only 8th graders may be voted on to become an SGA officer. Flyers will go out this Thursday, September 7th during advisory for more information! See Ms. Tyler in Room C308 if you have any questions.

### **Theater Club**

**Interested in Theater, contact Ms. Peddicord, [VPeddicord@aacps.org](mailto:VPeddicord@aacps.org)**

Perform on stage or work behind the scenes in Southern Middle School Theatre Company's performances this year! All are welcome! This year we will perform a fall play and a spring musical. No previous experience needed. Rehearsals will be Monday mornings before school, with additional rehearsals as needed. See Ms. Lawall or Ms. Peddicord for more information.

### **ESOL Overtime**

ELA Overtime is a club for Active ESOL 6th, 7th, and 8th Grade students to improve their Academic English Speaking Skills! Through text based Project Based Learning we will focus on targeted WIDA and ELA standards. Students will engage in authentic Academic English conversation using real-world materials, resources, and field trips to

tell our stories, write comic books, learn about our global impact on the climate, and solve the problems in our school and in our community!

## **Southern Middle School Intramurals**

**Interested in Intramurals, contact Mr. Hunt-Hysan, [ghunt-hysan@aacps.org](mailto:ghunt-hysan@aacps.org) or Mr. Williams, [rdwilliams3@aacps.org](mailto:rdwilliams3@aacps.org)**

### **What are Intramurals?**

Intramurals is an extracurricular activity that offers students the opportunity to participate in sports and fitness activities.

### **Who can participate in intramurals?**

All students are welcome to enjoy the SMS intramurals program! It is open to all levels of ability, and students can choose which activities they would like to participate in based on the offerings.

Intramurals do not make “cuts” like many sports teams, and only a positive attitude and strong display of sportsmanship is allowed. Any student who is not meeting PE class expectations, failing to follow the school code of conduct, or if intramurals is hindering a student’s academic success they may be put on probation or permanently dismissed from the intramurals program. This is at the discretion of the SMS PE teachers and SMS administration.

### **When do intramurals happen?**

The SMS intramurals program has many different options to get involved!

**Morning workouts** are offered on Tuesday mornings before school at 8:00am.

Students who would like to come before school must have a ride and get dropped off in front of the school by the PE locker rooms at 8am. No student should be left at the school until the PE teacher has arrived.

**After School Intramurals** happen after school on Tuesdays and Thursdays from 3:55 - 4:45pm.

### **How do intramurals work?**

A monthly schedule of sports and activity offerings will be posted on the PE bulletin board outside of the locker rooms. The offerings will also be announced on the school morning announcements.

When you notice an activity that you would like to stay for, talk to your parents and make arrangements ahead of time to come. Do not wait until the last minute to ask your parents for permission to stay.

You can come as often or as little as you would like based on what works for you. Unlike sports teams where you have to make a commitment, intramurals allow the flexibility for students to get involved on an individual basis.

Pay attention to the morning announcements for any changes to the schedule such as cancellations or choice offering changes. You can always ask a PE teacher if you are unsure.

**We hope to see you having fun and getting fit through the SMS Intramurals program!**