CBMS Encore Classes

What are my choices?
Middle School Encore Classes...

Are similar to elementary school specials classes.

Except...

- Middle school students have 2 encore classes each day (2 periods a day)
- And middle school students can choose which encore classes they take (Students are asked to select alternates in the event certain encore classes fill up).
Encore Classes

- Students have two periods of encore classes each day. Encore classes follow an A/B day schedule.

- Encore classes are either for a **full year** or a **semester**.
  - **Full year** encore classes are all year.
  - **Semester** encore classes are half of the school year. Students will switch to another semester encore class for 2nd semester.
## Encore Classes

### Example schedule:

#### Semester 1
(Marking Periods 1 & 2)

<table>
<thead>
<tr>
<th>Period</th>
<th>A Day</th>
<th>B Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>PE</td>
<td>True Colors</td>
</tr>
<tr>
<td>2</td>
<td>Spanish 1A</td>
<td>Band</td>
</tr>
<tr>
<td>3</td>
<td>Language Arts</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Math</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Science</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Social Studies</td>
<td></td>
</tr>
</tbody>
</table>

#### Semester 2
(Marking Periods 3 & 4)

<table>
<thead>
<tr>
<th>Period</th>
<th>A Day</th>
<th>B Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>PE</td>
<td>Team Sports</td>
</tr>
<tr>
<td>2</td>
<td>Spanish 1A</td>
<td>Band</td>
</tr>
<tr>
<td>3</td>
<td>Language Arts</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Math</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Science</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Social Studies</td>
<td></td>
</tr>
</tbody>
</table>
Middle School Encore Class Requirements:

- All students are required to take Physical Education (which includes one marking period of health) each year of middle school.

- All students are required to take a fine arts class each year (can be a semester class or a full year class).

- Fine Arts classes are music, art or dance classes.
The HPED dept is excited to have you next year for class! Health and PE are required for all middle school students; Health is for 1 marking period and PE will be the other 3 marking periods.

For safety and personal hygiene students are expected to be dressed in the proper CBMS uniform and tennis shoes during PE class.

Additional PE electives include Team Sports and Dance/Dance for the Athlete. In order to sign up for these elective classes students are required to have at least a 70% in PE.
World Language Classes
(Full Year)

- Spanish
- French
- American Sign Language

Throughout their middle school years, students can earn 1 or 2 world language credits towards high school.
Band
Orchestra (Strings)
(Full Year)

Click this link to learn more about Band, Orchestra and Percussion!
Percussion
(Full Year OR Semester)

This encore class emphasises the skills and concepts necessary to perform in a percussion ensemble.

Students will learn rhythm and drumming techniques.
Guitar
(Semester)

● Students will learn the basics of the guitar.

● Not required to purchase a guitar. Students will have a guitar to practice with in class.
Chorus *(Full Year)*
Music Goes Global *(Semester)*

Watch this video to learn more about Chorus and Music!
Dance *(Full Year)*
Dance for the Athlete *(Full Year)*

Watch this video to learn more about Dance and Dance for the Athlete!
Family and Consumer Sciences (FACS)
Exploring FACS (6th Grade)
Get the FACS (7th Grade)
Healthy Living (8th Grade)
(Semester)

**Cooking**

**Sewing**

Examples of projects from previous years.
Project Runway (Offered in 8th Grade only)

(Semester)

In Project Runway, students will explore fashion design and apply sewing techniques to create projects that express their own personal style.
Tech Ed
(Semester)

Hands on, project based.
Tech Ed (Continued)
Digital Palette
(Semester)

Watch this video to learn more about Digital Palette!

Examples of student projects:
True Colors
(Semester)

Watch this video to learn more about True Colors!
For more Information about courses...

Please visit the 2023-2024 Middle School Program of Study: