

# LIFE TRANSITION SERIES

2011-2012

Presented by

Anne Arundel County Public Schools &  
The Arc of the Central Chesapeake Region

The Life Transition Series is comprised of seven workshops designed to provide families of students with disabilities, transitioning from school to adult services, with valuable information and resources to facilitate a successful transition. Each session will focus on a specific topic providing information that is crucial for preparing to enter adult life.

Target Audience: *Persons with developmental disabilities and their parents/guardians.*

The Life Transition Series is open to all families interested in increasing their knowledge on the specific topics. All sessions are free. **Six of the sessions will be held at Woods Memorial Church from 6:30 to 8:00 p.m. Transition Night will be held at Glen Burnie High School from 6:45 to 9:00 p.m.**

Woods Memorial Church  
611 Baltimore Annapolis Blvd.  
Severna Park, MD 21146  
Room 155

Glen Burnie High School  
7550 Baltimore Annapolis Blvd  
Glen Burnie, MD 21060

Topics include:

- *Transition Planning*
- *Transition Night*
- *Financial & Estate Planning*
- *Social & Recreation*
- *Guardianship*
- *Employment Opportunities*
- *Service Coordination*

To register for workshops:

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*\*We have eliminated the SSI/SSDI workshop this school year due to budget cuts within the Social Security Administration. Sorry for the inconvenience.*

## SEPTEMBER 21, 2011: TRANSITION PLANNING

This workshop is for parents and students who want to gain knowledge about transition planning.

Topics will include:

- Purpose of transition planning
- Components of transition planning
- Federal and state requirements
- Preparing the student for transition planning
- Identifying appropriate post-secondary goals
- Vocational Training and Supported Employment
- Overview of adult services

Presenters: Michele Dilegge, Kristina Cooley, Jackie Peters, Kelly Linehan  
Please register for this workshop.

## OCTOBER 26, 2011: TRANSITION NIGHT

Making the transition from the public school system into adult services can be a stressful time. Early planning is crucial. Take the time now to find out what services and programs are available. Over 25 agencies and organizations that provide services to individuals with disabilities in Anne Arundel County have been invited to participate in this event. Transition Night is recommended for parents whose son or daughter will be in need of on-going support during his or her adult life. Students are encouraged to attend.

It is not necessary to register for Transition Night.  
This event will be held at **Glen Burnie High School**.

## JANUARY 18, 2012: FINANCIAL & ESTATE PLANNING

Join us for an invaluable session that will answer your questions about financial & estate planning.

- How do we plan for my financial future?
- What is a special trust?
- How can we be sure our wishes will be respected?
- How do I ensure that my family's financial plans will not jeopardize my benefits or services?

- My family is not wealthy! What do I need to know about financial planning?

Presenter: Dave Rosenthal, Ameriprise Financial Services, Inc.

Please register for this workshop.

## **FEBRUARY 22, 2012: GUARDIANSHIP**

Should I have a guardian? This is a question that often arises for persons with developmental disabilities. In particular, many parents feel that they must establish guardianship to ensure adequate care for their family member after he or she reaches a particular age. In many cases, well-meaning actions by family members can lead to unimagined consequences for other family members in the future. Each family should explore the pros and cons regarding guardianship.

Join us in learning the truths and myths about guardianship.

Presenter: Sharon Krevor-Weisbaum

Please register for this workshop.

## **MARCH 21, 2012: SOCIAL & RECREATION**

### **Finding Social and Recreational Resources for Your Youth**

Recreation can make an important contribution to the health and wellbeing of people with disabilities. Barriers are rapidly disappearing. Individuals with disabilities no longer are limited to sitting on the sidelines. Recreation has a positive impact on health outcomes, including socialization and physical fitness. This session will focus on recreational opportunities available in Anne Arundel County. Join us in learning about integrated programs designed for youth of all abilities and how to determine appropriate activities for your son's/daughter's success and enjoyment.

Presenters: Wendy Scarborough, Department of Recreation and Parks  
Service Coordination

Brian Layman, AACPS Athletics Department

Please register for this workshop.

## **APRIL 11, 2012: EMPLOYMENT OPPORTUNITIES**

Join us for a discussion about employment and employment initiatives. Several Anne Arundel County community resource providers will talk about their services designed to support adults with developmental disabilities to work as independently as possible in their communities. Community resource providers support individuals in finding a job that fits their individual needs and skills.

Presenters:           The Arc of the Central Chesapeake Region  
                          Opportunities Builders, Inc. (OBI)  
                          Providence Center, Inc. (PCI)  
                          Abilities Network  
                          United Cerebral Palsy (UCP)  
                          Work Opportunities  
                          Division of Rehabilitation Services (DORS)

Please register for this workshop.

## **MAY 16, 2012: SERVICE COORDINATION**

Service Coordination supports adults and children with intellectual and developmental disabilities to connect with resources and services to fulfill the goals of their choosing.

- Assist individuals in becoming active members of their communities with equal rights and responsibilities.
- Help people develop and obtain high quality supports and services that are the least intrusive to meet their desires and needs and support their personal goals.
- Believe that each person's values, dignity, happiness, and rights must be respected.
- Assisting individuals and their families in connecting to DDA services.

Join us in learning about Service Coordination, Inc.

Presenters: Representatives of Service Coordination

Please register for this workshop.

