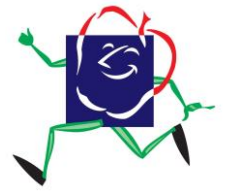


Anne Arundel County Public Schools

Middle School Health Education Course Syllabus



Teacher:

Course Title:

Email:

Grade Level:

Reteaching/Reassessment:

Course Overview & Sequence

Students in grades 6th, 7th, and 8th receive Health instruction for one marking period as part of the state mandated Comprehensive Health Education Program. The student outcomes are developmentally appropriate and include what students should know and be able to do in the following areas:

- Mental and Emotional Health
- Alcohol, Tobacco and Other Drugs
- Family Life and Human Sexuality
- Safety and Injury Prevention
- Nutrition and Fitness
- Disease Prevention and Control

The 21st Century Competencies of decision making, goal setting, accessing information, and communication skills are embedded throughout all of the units of study of each grade level. Emphasis is placed on the ability to access school, home and community health resources.

Note: The Family Life and Human Sexuality unit, and HIV/AIDS prevention education were developed in accordance with the standards and procedures established in Maryland State Regulation 13A.14.01.02. Students may be excused from these units of the program upon a written request from their parent or guardian. Appropriate alternate instruction will be provided.

What the Teacher Will Do to Support the Student

- Create engaging and rigorous learning activities that help students build his/her understanding of Health Literacy.
- Divide assignments into manageable amounts and include time in class to debrief and review work.
- Provide additional support for assignments and assessments, including reteaching so that students meet course standards.
- Notify parents via email or phone at any point during the marking period if a student is in danger of failing or dropping 2 or more letter grades.

What the Student Will Do to be Successful

- Come to class with required supplies and ready to be an active participant in the learning process.
- Complete all assignments as required.
- Review and synthesize classroom notes, activities, and assignments frequently to help prepare for upcoming assessments and to internalize learning.
- Take advantage of opportunities for additional help. Students should attend these sessions with specific questions so that the teacher can most effectively help the student.

What Parents Can Do to Support the Student

- Ensure that the student has supplies and that they complete homework and study for tests.
- Encourage the student to seek additional help when it is needed.
- Check Parent Connect regularly to monitor student grades.
- Contact teacher with any questions about assignments, grade, or other issues in a timely manner.

Textbook and Supplies

Mc Graw Hill: Teen Health

Students are encouraged to protect their textbooks with appropriate covers. Students are responsible for the care of the textbook. Damaged or lost property will be reimbursed by the student to school at the replacement cost.

Course Content and Standards

Below are the major standards for grades 6th, 7th & 8th grade Health Education. To read the standards in-depth, please visit <http://mdk12.msde.maryland.gov/instruction/curriculum/health/index.html>.

6 th Grade	7 th Grade	8 th Grade
<p>Mental and Emotional Health -Students will demonstrate the ability to use mental and emotional health knowledge, skills, and strategies to enhance one’s self-concept and one’s relationship with others.</p> <p>Alcohol, Tobacco, and Other Drugs - Students will demonstrate the ability to use drug knowledge, decision-making skills, and health enhancing strategies to address, the non-use, use, and abuse of medications, alcohol, tobacco, and other drugs.</p> <p>Safety and Injury Prevention - Students will demonstrate the ability to apply prevention and intervention knowledge, skills, and processes to promote safe living in the home, school, and community.</p> <p>Family Life and Human Sexuality - Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and healthy growth and development throughout the life cycle. Students will describe puberty and reproduction. Please refer to the link at the top of this page for more detailed information.</p> <p>Disease Prevention and Control - Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.</p>	<p>Mental and Emotional Health -Students will demonstrate the ability to use mental and emotional health knowledge, skills, and strategies to enhance one’s self-concept and one’s relationship with others.</p> <p>Alcohol, Tobacco, and Other Drugs - Students will demonstrate the ability to use drug knowledge, decision-making skills, and health enhancing strategies to address, the non-use, use, and abuse of medications, alcohol, tobacco, and other drugs.</p> <p>Safety and Injury Prevention - Students will demonstrate the ability to apply prevention and intervention knowledge, skills, and processes to promote safe living in the home, school, and community.</p> <p>Family Life and Human Sexuality - Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and healthy growth and development throughout the life cycle. Students will examine healthy relationships. Please refer to the link at the top of this page for more detailed information.</p> <p>Disease Prevention and Control - Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.</p>	<p>Mental and Emotional Health - Students will demonstrate the ability to use mental and emotional health knowledge, skills, and strategies to enhance one’s self-concept and one’s relationship with others.</p> <p>Alcohol, Tobacco, and Other Drugs - Students will demonstrate the ability to use drug knowledge, decision-making skills, and health enhancing strategies to address, the non-use, use, and abuse of medications, alcohol, tobacco, and other drugs.</p> <p>Family Life and Human Sexuality - Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and healthy growth and development throughout the life cycle. Students will discuss pregnancy, abstinence and methods of contraception. Please refer to the link at the top of this page for more detailed information.</p> <p>Disease Prevention and Control - Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.</p>

National Health Education Standards:

In addition to content standards, we will focus on the National Health Education Standards. These practices were developed to establish, promote and support health-enhancing behaviors for students.

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 3: Students will demonstrate the ability to access valid information, products, and services to enhance health.

Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.

Course Grading

Student's grade in this course will be determined based upon your progress towards mastery of the standards. Specifically, grades will be calculated using the following weighted categories.

50%	Summative Unit Assessments and Projects
40%	Classroom Assignments and Quizzes
10%	Homework (may not be redone)

Assignment Descriptions

1. **Summative Unit Assessments and Projects** – there will be at least one unit assessment or project per unit.
2. **Classroom Assignments and Quizzes** – there will be at least one graded classwork assignment every two weeks. When an assignment is completed as part of collaborative work, each student will receive his/her own grade based upon his/her individual work.
3. **Homework** – there will be at least one graded homework assignment per week. Homework serves as opportunities to promote the attainment of positive work habits and study skills, practice material and skills previously taught so learners can continue to practice mastery of content, prepare for upcoming lessons by reviewing prerequisite content/skills, study for upcoming assessments, and/or extend student understanding of concepts.

Opportunity for Mastery

Per AACPS regulation, students may redo certain assessments each quarter. Students are encouraged, but not required, to participate in teacher-led reteaching. All redo items must be completed within ten days of receiving the original grade and may only be redone one time. The higher of the two grades will be used for calculating the student's quarter grade. The teacher may choose to have the student redo all of an assessment or assignment or may have student only redo specific items or parts of the work. Students may not redo homework, the quarterly assessment, or a large project. However, students may redo parts of a large project, if graded separately by the teacher, with each part counting as a separate redo. Assessments or assignments due in the last week of the quarter are not eligible.

Late Work and Incomplete Assignments

Students are expected to submit assignments on the date that they are due. Students are expected to complete assignments, in full, to the best of his/her ability and students should take advantage of tutoring and reteaching opportunities so that the student can submit his/her best work. Late assignments will be penalized.

Teachers shall assign a minimum grade of 50% to assignments or assessments for which the student made a good faith effort, as determined by the teacher, to meet the basic requirements. If a student does no work on an assignment or assessment, the teacher shall assign a grade of zero.

When a student is absent, it is the student's responsibility to get the make-up work. The student will be allotted the same number of days equal to the number of days absent to make-up work.

Recording of Grades and Communication with Parents

Per AACPS regulation, all grades, with the exception of lengthy assignments such as projects and extended writing assignments, will be entered into Parent Connect within one week of assignment submission. Parents can check Parent Connect regularly to monitor student grades.

Academic Dishonesty:

A student who exhibits academic dishonesty as determined by the teacher and administrator shall receive a zero on the particular assignment in question. Violations of the Academic Integrity Policy and Regulation may result in disciplinary action. Consequences for violations may vary according to the severity of the violation and shall follow the progressive interventions and discipline as outlined in the Student Code of Conduct.

Student name (print) _____

Student's signature _____

Parent's name (print) _____

Parent's signature _____

Parent's e-mail _____

Parent's Phone _____