

Health and Wellness Fair



Saturday, May 15, 2010

9 a.m.-12 noon (rain or shine)

Opening Ceremony – 8:45 a.m. (at the stadium)

Severna Park High School (60 Robinson Road, Severna Park, MD)

5K Run – Adult & High School: 8:00 a.m. • Elementary & Middle School: 9:00 a.m.

To register, please go to: www.aacps.org/5k or register on-site

Fitness Walk

pedometers,
T-shirts & frisbees –
while supplies last

Free Health Screenings

Goodies & Giveaways

Wellness Information & Literature

Free Refreshments

Exhibitors include

American Red Cross – Blood Drive
Anne Arundel County Dept. of Aging
Anne Arundel County Dept. of Health
National Kidney Foundation of Maryland
SPCA

Buster the School Bus
McGruff the Crime Dog
Acupressure
Massage
Aetna

CareFirst BlueCross BlueShield
CIGNA Mobile Learning Lab
CVS Caremark
Area fitness centers
Free Zumba class
...and many more!

Hosted by...



For more information, check out the Anne Arundel County Public Schools website at www.aacps.org/healthfair or call the Human Resources/Benefits Office at 410-222-5221.

Live commentary and music by: **1430 WNAV**