

POLICY

BOARD OF EDUCATION OF ANNE ARUNDEL COUNTY

Related Entries: Policy 104

**Responsible Offices: INSTRUCTION, BUSINESS & MANAGEMENT SERVICES, SCHOOL
ADMINISTRATION**

WELLNESS

A. PURPOSE

To ensure that Anne Arundel County Public Schools (AACPS) promotes a Coordinated School Health Program that includes health education, physical education, health services, nutrition services, mental health, healthy school environment, employee wellness, and community and family involvement.

B. ISSUE

AACPS recognizes that good health, sound nutrition, regular physical activity, and a healthy school environment foster staff and student attendance, education, achievement, and a healthy lifestyle. It further recognizes the fact that student and staff health and wellness is an important component of a high achieving learning environment.

C. POSITION

1. The Board of Education supports the engagement of parents, students, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, compiling baseline data, and reviewing county-wide health, nutrition and physical education/activity policies, regulations, programs, and plans.
2. The Board directs the Superintendent to implement nutrition education, physical education, health education, and mental health programs, service, and activities in the public schools that will foster lifelong habits of healthy eating and physical activity among students and staff, and will also establish linkages between health education, physical education, school nutrition programs, the Department of Health, and related community partners and services.
3. The Board supports the development of curriculum, programs and activities by the Superintendent that afford all students and staff the opportunities, support and encouragement to lead a healthy lifestyle.

4. The Board directs the Superintendent to employ qualified professionals to promote student health and assist in reducing childhood obesity through coordinated physical education, health education, and nutrition education programs.
5. The Board directs the Superintendent to adhere to requirements set forth by local, State, and federal agencies.
6. The School Principal, or designee, shall ensure compliance, at the school level, for all eight components of Coordinated School Health Program.

D. DESIRED OUTCOME

The eight components of the Coordinated School Health Program exist at an appropriate level to ensure that the wellness policy is being met.

E. IMPLEMENTATION STRATEGIES

The Superintendent will publish regulations and supporting documents to implement this policy.

F. REVIEW AND REPORTING

Adequate funding will be provided for representatives from county health agencies and county schools, under the leadership of the Health Council Co-Chairs, to conduct a review of the Coordinated School Health Program and present a report to the Superintendent and Board of Education every three years.

*Policy History: Developed by Superintendent 2/8/06
 Reviewed by Board of Education 7/12/06
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